



Professional Development Training Calendar

Training may meet the requirements of other credentials
January-June 2019

<u>January 7</u>	Autism	6:00 pm-8:00 pm
<i>Location: Casey Senior Center, 2 SW 2nd St, Casey</i>		
2 hour autism training for child care providers that touches upon the basics of autism, how it effects children, and how to best support them while in your care. Basics of communication, sensory and behavioral supports will be discussed.		
Presenter: Raegan Carey, The Autism Program		
In-Service Hours: 2	CDA: 8	Cost: FREE
		RSVP: 1/2
<u>January 17</u>	Looking Through a Trauma Lens: Trauma Informed Care	6:00 pm-8:00 pm
<i>Location: Charleston Carnegie Public Library, 712 Sixth St, Rotary Room, Charleston</i>		
Participants will learn about how trauma affects the developing brain. The way the brain is affected often reveals how and why a child may react or interact in a particular way after experiencing trauma. Caregivers are involved in a discussion about their knowledge of trauma and how to best support children in their program who may have endured traumatic experiences.		
Presenter: Angela Catalano, Early Childhood Mental Health Consultant		
In-Service Hours: 2	CDA: 3	Cost: FREE
		RSVP: 1/10
<u>January 22</u>	Child Development, Health, and Safety Basics	6:00 pm-10:00 pm
<i>Location: Windsor Storm Memorial Library, 102 S Maple St, Windsor</i>		
This training will provide participants an overview of child development, health, and safety issues for children birth through early school-age. Emphasis will be on understanding patterns of development, developmental domains, and the role of nutrition in development. In addition, health and safety issues will address supporting the growth of healthy children - from the basics such as handwashing to more in-depth practices surrounding healthy procedures and disease prevention. Participants will learn more about emergency planning/preparedness and first aid as well as identify tips for maintaining safe indoor/outdoor environments.		
Presenter: Vicky Foster, Child Care Resource and Referral		
In-Service Hours: 4	CDA: 1	Cost: FREE
		RSVP: 1/15
<u>January 29</u>	Infant Toddler Learning Chat	6:00 pm-8:00 pm
<i>Location: Lumpkin Family Center for Health Education at SBLHC, Lincoln Room, 1000 Health Center Dr, Mattoon</i>		
Center Staff and FCC Home Providers will have an opportunity to join Cathy and meet your colleagues to discuss issues relating to the care of infants and toddlers. You will have the opportunity to network, gain insight into the field, problem solve, brainstorm ideas to enhance the quality of care in your program, ideas to create hands-on projects to take back to your center or home, and earn training hours. Each meeting features curriculum ideas as well as focusing on sections of the Infant Toddler Environment Rating Scale.		
<i>This group is designed for professionals working with infants, toddlers, and two's.</i>		
Presenter: Cathy Welsh, Infant Toddler Child Care Specialist		
In-Service Hours: 2	CDA: 8	Cost: FREE
		RSVP: 1/22
<u>February 4</u>	Challenging Behavior	6:00 pm-8:00 pm
<i>Location: Casey Senior Center, 2 SW 2nd St, Casey</i>		
We will discuss three sections of the brain and the role they play in challenging behaviors and also identify ways to help children calm themselves and discuss the needs of all children. We will look at the importance of having realistic expectations of children's behaviors and how infants are cared for can affect their behaviors as they grow. We will discuss the importance of recognizing a child's strengths and the reasons why children may have challenging behaviors. We will also look at how challenging behaviors affect us and strategies to help reduce behaviors.		
Presenter: Angela Catalano, Early Childhood Mental Health Consultant		
In-Service Hours: 2	CDA: 3	Cost: FREE
		RSVP: 1/28





February 9 & March 2 The Redleaf Family Child Care Curriculum



8:30 am-4:30 pm

Location: Lumpkin Family Center for Health Education at SBLHC, Lincoln Room, 1000 Health Center Dr, Mattoon

Family child care providers will explore key elements of curriculum that support children’s development through all domains during the early years, infancy through kindergarten age. Five domains of development will be explored: physical, cognitive, communication and language, social and emotional, and approaches to learning. Necessary elements to support high quality family child care programs will be explored, including establishing a safe and supportive family child care program, partnering with families, and establishing program policies and practices. **FREE CURRICULUM and Lunch Included** *Limited to 20 participants*

Presenter: Vicky Foster, Illinois Trainers Network

In-Service Hours: 15

CDA: 5

Cost: FREE

RSVP: 2/1

February 19

**Identifying and Recognizing Red Flags of Sexual Abuse
Explaining Healthy Relationships to Children**

6:00 pm-7:30 pm

Location: Coles County Health Department, Conference Room 4, 825 18th St, Charleston

Director of Prevention Education, Amanda Feder, will be discussing how to chat about safe and unsafe touches with kids, appropriate play, and modeling safe interactive behaviors with children when we are caring for them. Additionally, she will share some red flags of sexual abuse and SACIS' resources if a referral is made.

Presenter: Amanda Feder, Sexual Assault Counseling and Information Service (SACIS)

In-Service Hours: 1.5

CDA: 1

Cost: FREE

RSVP: 2/12



February 23

Sudden Infant Death Syndrome (SIDS)

8:00 am-10:00 am

Location: Lumpkin Family Center for Health Education at SBLHC, Adams Room, 1000 Health Center Dr, Mattoon

Understanding of the risk factors related to SIDS and creating a preventative child care environment. An increased understanding of the safety issues that need to be considered when caring for an infant.

Presenter: Cathy Welsh, Infant Toddler Child Care Specialist

In-Service Hours: 2

CDA: 1

Cost: FREE

RSVP: 2/14



February 23

Shaken Baby Syndrome

10:00 am-12:00 pm

Location: Lumpkin Family Center for Health Education at SBLHC, Adams Room, 1000 Health Center Dr, Mattoon

Taking care of babies can be difficult and frustrating. Learn ways to help calm a crying baby. Learn ways to keep yourself calm. Learn why you should NEVER shake a baby and what Shaken Baby Syndrome is. Learn that crying doesn't hurt a baby-shaking does.

Presenter: Cathy Welsh, Infant Toddler Child Care Specialist

In-Service Hours: 2

CDA: 1

Cost: FREE

RSVP: 2/14



February 23

IL Early Learning and Development Standards Preschool



8:00am-2:30 pm

Location: Neoga, TBD

This training series will provide you with an overview of the framework and program standards for children ages three to five developed by the Illinois State Board for Education (ISBE). Through discussion and small group activities participants will discover methods to connect the standards to everyday curriculum. **Lunch Included**

Presenter: Paula Schnicker-Johnson, Illinois Trainers Network

In-Service Hours: 6

CDA: 5,7

Cost: FREE

RSVP: 2/15

March 4 **Developing Empathy-The Essential Ingredient** 6:00 pm-8:00 pm
Location: Casey Senior Center, 2 SW 2nd St, Casey
 Developing Empathy is a workshop to assist providers in teaching empathetic skills to young children. Although the best training begins in infancy, it is never too late to teach young children empathetic skills and to build their empathetic capacity. Participants will understand how to teach true empathy and to explore ways to encourage the development of empathy within the daily activities.
 Presenter: Angela Catalano, Early Childhood Mental Health Consultant
 In-Service Hours: 2 CDA: 3 Cost: FREE RSVP: 2/25



March 5 **An Introduction to Transitions** 6:00 pm-9:00 pm
Location: Lumpkin Family Center for Health Education at SBLHC, Performance Excellence Room, 1000 Health Center Dr, Mattoon
 Participants will recognize the effects of various types of transitions-including activity, classroom, program, family and community-on families and a child's learning and development. Participants will be provided with strategies to assist families in times of transition, as well as identify specific types of transitions that impact children and families.
 Presenter: Vicky Foster, Child Care Resource and Referral
 In-Service Hours: 3 CDA: 3,4,5 Cost: \$10 Check made out to EIU RSVP: 2/26



March 9 **The Pyramid Model: Module 1: Creating a Win-Win: A Team Approach to Strengthening Young Children's Social and Emotional** 8:00 am-12:30 pm
Location: Eastern Illinois University, 2010 7th St, 2431 Klehm Hall, Charleston
 Interested in a calmer learning environment filled with supported, engaged children? Learn more about the relationship between challenging behavior and social emotional development in young children and the role of your own attitude about challenging behavior. Gather tips and tricks on building important relationships with children, families and coworkers as well as designing an effective preschool environment. Need help with transitions? Learn more about developing consistent schedules and routines to assist in structuring transitions. Finally, guidance is provided for use of ongoing monitoring and positive attention to support children's social/emotional behavior. Fill your toolbox today! A team of teacher(s) and administrator welcome.
 Presenter: Cathy Welsh, Infant Toddler Child Care Specialist
 In-Service Hours: 5.5 CDA: 2 Cost: FREE RSVP: 3/1



March 9 **Early Childhood Developmental Screening** 8:00 am-4:00 pm
Location: Lumpkin Family Center for Health Education at SBLHC, Lincoln Room, 1000 Health Center Dr, Mattoon
 This training reviews child growth and development in early childhood environments. A review of several commercial screening tools is discussed to allow child care practitioners more options on monitoring a child's typical development. Case studies provide hands-on learning for the participant on use of a developmental screening tool and guidelines for referral to an early intervention program.
Lunch Included
 Presenter: Paula Schnicker-Johnson, Illinois Trainers Network
 In-Service Hours: 7.5 CDA: 7 Cost: \$15.00 Check made out to EIU RSVP: 3/1



March 12 **Creating Individual Professional Development Plans** 6:00 pm-9:00 pm
Location: Windsor Storm Memorial Library, 102 S Maple St, Windsor
 Participants will define and explain the value of professional development. This training in recognizing the relationship of staff development to Continuous Quality Improvement. Participants will also be able to identify the components of an effective professional development plan.
 Presenter: Melissa Coleman, Child Care Resource and Referral
 In-Service Hours: 3 CDA: 6 Cost: \$10 Check made out to EIU RSVP: 3/5

March 14

**ExceleRate™ Illinois Orientation
for Licensed Family Child Care Providers**



6:00 pm-8:00 pm

Location: Lumpkin Family Center for Health Education at SBLHC, Lincoln Room, 1000 Health Center Dr, Mattoon

Make quality an everyday priority with our state's new quality rating and improvement system – **ExceleRate™ Illinois**. Come to this free Orientation to learn about the standards, objectives, requirements, and rewards associated with ExceleRate Illinois. Attendees will learn the answers to common questions, including: What are the program standards? What are the requirements? What does each level of ExceleRate Illinois achievement mean? How do I apply? There will also be time designated for your questions. For more information:

<http://www.exceleRateillinoisproviders.com/>

Presenter: Lori Rothrock, Quality Specialist

In-Service Hours: 2

CDA: 5

Cost: FREE

RSVP: 3/7



March 16

Child Development, Health, and Safety Basics



9:00 am-1:30 pm

Location: Windsor Storm Memorial Library, 102 S Maple St, Windsor

This training will provide participants an overview of child development, health, and safety issues for children birth through early school-age. Emphasis will be on understanding patterns of development, developmental domains, and the role of nutrition in development. In addition, health and safety issues will address supporting the growth of healthy children - from the basics such as handwashing to more in-depth practices surrounding healthy procedures and disease prevention. Participants will learn more about emergency planning/preparedness and first aid as well as identify tips for maintaining safe indoor/outdoor environments.

30 minute lunch break included.

Presenter: Melissa Coleman, Child Care Resource and Referral

In-Service Hours: 4

CDA: 1

Cost: FREE

RSVP: 3/8



March 16

**Recognizing and Reporting Child Abuse:
Training for Mandated Reporters**



2:00 pm-4:00 pm

Location: Windsor Storm Memorial Library, 102 S Maple St, Windsor

The purpose of this in-person training is to help all Illinois Mandated Reporters understand their critical role in protecting children by recognizing and reporting child abuse. Everyone who suspects child abuse or neglect should call the Illinois Department of Children and Family Services Child Abuse Hotline to make a report, but Mandated Reporters are required by law to do so.

Presenter: Melissa Coleman, Child Care Resource and Referral

In-Service Hours: 2

CDA: 1

Cost: FREE

RSVP: 3/8

March 19

**What is CCAP?
Understanding the Illinois Child Care Assistance Program**



6:00 pm – 8:00 pm

Location: Windsor Storm Memorial Library, 102 S Maple St, Windsor

Join this informative session to become more familiar with the Illinois Child Care Assistance Program's (CCAP) policies and procedures, including the application process, provider qualifications, payment process, and parent co-payments. The CCAP is funded by the IL Department of Human Services.

Presenter: Lindsay Howell, Child Care Assistance Program

In-Service Hours: 2

CDA: 5

Cost: FREE

RSVP: 3/12

March 26

Infant Toddler Learning Chat

6:00 pm-8:00 pm

Location: Lumpkin Family Center for Health Education at SBLHC, Performance Excellence Room, 1000 Health Center Dr, Mattoon

Center Staff and FCC Home Providers will have an opportunity to join Cathy and meet your colleagues to discuss issues relating to the care of infants and toddlers. You will have the opportunity to network, gain insight into the field, problem solve, brainstorm ideas to enhance the quality of care in your program, ideas to create hands-on projects to take back to your center or home, and earn training hours. Each meeting features curriculum ideas as well as focusing on sections of the Infant Toddler Environment Rating Scale.

This group is designed for professionals working with infants, toddlers, and two's.

Presenter: Cathy Welsh, Infant Toddler Child Care Specialist

In-Service Hours: 2

CDA: 8

Cost: FREE

RSVP: 3/19

March 28 **Conflict Resolution: We Can Work it Out...Right??** 6:00 pm-8:00 pm

Location: Elizabeth Titus Memorial Library, 2 W Water St, Sullivan

Stress, conflict and tension in the work place can make your daily grind difficult to enjoy. The good thing is, many conflicts in the workplace can be figured out without resulting in tension and stress. Here you will learn how your own personality and the personality of others may influence conflicts that arise. Suggestions for appropriately solving future conflicts will also be explored.

Presenter: Angela Catalano, Early Childhood Mental Health Consultant

In-Service Hours: 2 CDA: 5 Cost: FREE RSVP: 3/21



March 28 **Introduction to Developmental Screening Tools**



6:00 pm-9:00 pm

Location: Windsor Storm Memorial Library, 102 S Maple St, Windsor

The training introduces the process of developmental screening in the early childhood setting for practitioners and parents. Observation of a young child's growth and development provides evidence of age appropriate skill level, continued monitoring of milestones, or the need for referral to an early intervention program. A review of several commercial screening tools is discussed to allow child care practitioners more options on monitoring a child's typical development.

Presenter: Paula Schnicker-Johnson, Illinois Trainers Network

In-Service Hours: 3 CDA: 7 Cost: \$10 Check made out to EIU RSVP: 3/21



March 30 & April 6 **Program for Infant Toddler Care (PITC)**



8:00 am-12:00 pm

Module 1: Social-Emotional Growth and Socialization

Location: Eastern Illinois University, 2010 7th St, 2431 Klehm Hall, Charleston

Program for Infant Toddler Care (PITC) is designed to help child care directors, infant/toddler care teachers and family child care providers become sensitive to infants' cues, connect with their family and culture, and develop responsive, relationship-based care. This training takes an in-depth look at cognitive and social-emotional development, encouraging growth within daily routines and tips on setting up appropriate environments for experienced infant and toddler professionals.

Presenter: Cathy Welsh, Infant Toddler Child Care Specialist

In-Service Hours: 8 CDA: 3, 8 Cost: FREE RSVP: 3/22

April 1 **Identifying and Recognizing Red Flags of Sexual Abuse** 6:00pm-7:30 pm
Explaining Healthy Relationships to Young Children

Location: Casey Senior Center, 2 SW 2nd St, Casey

Director of Prevention Education, Amanda Feder, will be discussing how to chat about safe and unsafe touches with kids, appropriate play, and modeling safe interactive behaviors with children when we are caring for them. Additionally, she will share some red flags of sexual abuse and SACIS' resources if a referral is made.

Presenter: Amanda Feder, Sexual Assault Counseling and Information Service (SACIS)

In-Service Hours: 1.5 CDA: 1 Cost: FREE RSVP: 3/25



April 4 & April 11 **The Pyramid Model: Module 2: Social Emotional Teaching Strategies:** 6:30 pm -9:30 pm
Teach Children How to Resolve Conflict

Location: Eastern Illinois University, 2010 7th St, 2431 Klehm Hall, Charleston

How can we be more intentional about teaching social emotional skills at the preschool level? How can we identify strategies for supporting development of friendship skills in preschool? Workshop content will include the importance of emotional literacy and identifying strategies that build "feeling vocabularies." Participants will deepen their understanding about the importance of providing children opportunities to begin to understand their own and others' emotions.

Presenter: Cathy Welsh, Infant Toddler Child Care Specialist

In-Service Hours: 6 CDA: 2 Cost: FREE RSVP: 3/28

April 9 **Team Building in the Workplace** 6:00 pm-8:00 pm

Location: Windsor Storm Memorial Library, 102 S Maple St, Windsor

Team building rarely happens by itself. You need to generate ideas for team building that focus on efforts to bring different personalities together to complement and balance each other and work as a team. The workshop focuses on ideas for team building while practicing effective team building exercises in a fun and interactive way throughout the workshop.

Presenter: Angela Catalano, Early Childhood Mental Health Consultant

In-Service Hours: 2 CDA: 5 Cost: FREE RSVP: 4/2



April 13

Welcoming Each & Every Child



8:00am-4:00pm

Location: Lumpkin Family Center for Health Education at SBLHC, Lincoln Room, 1000 Health Center Dr, Mattoon

This course provides information on caring for children with special needs in a typical child care setting. The training helps increase the knowledge and comfort level of participants to enhance their ability to care for young children with disabilities in early childhood environments. The trainer will discuss adaptations and modifications that will assist all children to participate in activities. This meets the DCFS requirement for early childhood providers for special care inclusion training. **Lunch Included**

Presenter: Vicky Foster, Illinois Trainers Network

In-Service Hours: 7.5

CDA: 3,4,6,8

Cost: \$15.00 Check made out to EIU

RSVP: 4/5

April 17

**ExceleRate™ Illinois Orientation
for Licensed Child Care Center Program Administrators**



6:00 pm-8:00 pm

Location: Lumpkin Family Center for Health Education at SBLHC, Lincoln Room, 1000 Health Center Dr, Mattoon

Make quality an everyday priority with our state's new quality rating and improvement system – **ExceleRate™ Illinois**. Come to this free Orientation to learn about the standards, objectives, requirements, and rewards associated with ExceleRate Illinois. Attendees will learn the answers to common questions, including: What are the program standards? What are the requirements? What does each level of ExceleRate Illinois achievement mean? How do I apply? There will also be time designated for your questions. Come and meet your consultants! For more information: <http://www.exceleRateillinoisproviders.com/>

Presenter: Lori Rothrock, Quality Specialist

In-Service Hours: 2

CDA: 5

Cost: FREE

RSVP: 4/10



April 18 & April 25

**The Pyramid Model: Modules 3a and 3b: Individualized Intensive Interventions: 6:30 pm-9:30 pm
Determining the Meaning of Challenging Behavior and Developing a Behavior Support Plan**

Location: Eastern Illinois University, 2010 7th St, 2431 Klehm Hall, Charleston

Why do children need to learn to control anger and handle disappointment? How can we identify strategies to teach anger management skills? Join us to understand the importance of the following: 1) Teaching children problem solving; 2) ability to identify problem-solving steps; 3) recognizing the importance and identification of strategies for individualizing instruction; 4) discussing strategies for partnering with families.

Presenter: Cathy Welsh, Infant Toddler Child Care Specialist

In-Service Hours: 6

CDA: 2

Cost: FREE

RSVP: 4/11

April 27

An Introduction to the Environment Rating Scales



8:00 am-12:00 pm

Location: Lumpkin Family Center for Health Education at SBLHC, Lincoln Room, 1000 Health Center Dr, Mattoon

This training is for family child care and center providers. After completion of this training, child care practitioners will have knowledge of the ERS; be able to use tool(s) for self-assessment of their program and/or hire a consultant to use tool(s) for assessment; be able to use ERS results to plan program improvements; and be aware of ERS linkages to the IL Department of Human Services Quality Rating Improvement System, IL State Board of Education Preschool for All and national accreditation processes.

Presenter: Lori Rothrock and Cathy Welsh, Quality Specialists

In-Service Hours: 4

CDA: 5 & 7

Cost: \$10 Check made out to EIU

RSVP: 4/19



May 1

Child Development, Health, and Safety Basics



6:00 pm-10:00 pm

Location: Paris Community Hospital, Conference Room B, 721 East Court St, Paris (use west side entrance)

This training will provide participants an overview of child development, health, and safety issues for children birth through early school-age. Emphasis will be on understanding patterns of development, developmental domains, and the role of nutrition in development. In addition, health and safety issues will address supporting the growth of healthy children - from the basics such as handwashing to more in-depth practices surrounding healthy procedures and disease prevention. Participants will learn more about emergency planning/preparedness and first aid as well as identify tips for maintaining safe indoor/outdoor environments.

Presenter: Vicky Foster, Child Care Resource and Referral

In-Service Hours: 4

CDA: 1

Cost: FREE


RSVP: 4/24

May 2 **Better Brains for Babies: Brain Anatomy and Development** 6:00 pm-8:00 pm
Location: Elizabeth Tutus Memorial Library, 2 W Water St, Sullivan
 Adults can make a difference in supporting early brain development, which is crucial in the first years of life. Discover ways to improve the outcomes for children you work with and care for. A significant amount of brain development occurs in the first few years of life. This first session will introduce the basic organization of the brain – from cells to lobes – and what tasks each are responsible for. Participants will also learn the basic processes and timeline of brain development and the concept that experience influences the brain’s wiring.
 Presenter: Cheri Burcham, U of I Extension, Family Educator
 In-Service Hours: 2 CDA: 8 Cost: FREE RSVP: 4/25

May 7 **What is CCAP?** 6:00 pm – 8:00 pm
Understanding the Illinois Child Care Assistance Program 


Location: Paris Public Library, Meeting Room, 207 S Main St, Paris
 Join this informative session to become more familiar with the Illinois Child Care Assistance Program’s (CCAP) policies and procedures, including the application process, provider qualifications, payment process, and parent co-payments. The CCAP is funded by the IL Department of Human Services.
 Presenter: Lindsay Howell, Child Care Assistance Program
 In-Service Hours: 2 CDA: 5 Cost: FREE RSVP: 4/30



May 14 **Recognizing and Reporting Child Abuse:** 
Training for Mandated Reporters 6:00 pm-8:00 pm

Location: Paris Public Library, Meeting Room, 207 S Main St, Paris
 The purpose of this in-person training is to help all Illinois Mandated Reporters understand their critical role in protecting children by recognizing and reporting child abuse. Everyone who suspects child abuse or neglect should call the Illinois Department of Children and Family Services Child Abuse Hotline to make a report, but Mandated Reporters are required by law to do so.
 Presenter: Tyra Walls, Child Care Resource and Referral
 In-Service Hours: 2 CDA: 1 Cost: FREE RSVP: 5/7



May 25 & June 1 **Program for Infant Toddler Care (PITC)** 
Module 2: Group Care 8:00 am-12:00 pm

Location: Eastern Illinois University, 2010 7th St, 2431 Klehm, Charleston
 Program for Infant Toddler Care (PITC) is designed to help child care directors, infant/toddler care teachers and family child care providers become sensitive to infants’ cues, connect with their family and culture, and develop responsive, relationship-based care. This training takes an in-depth look at cognitive and social-emotional development, encouraging growth within daily routines and tips on setting up appropriate environments for experienced infant and toddler professionals.
 Presenter: Cathy Welsh, Infant Toddler Child Care Specialist
 In-Service Hours: 8 CDA: 1(1) 2(2) 4(1) 5(2) 8(2) Cost: FREE RSVP: 5/17

May 28 **Infant Toddler Learning Chat** 6:00 pm-8:00 pm

Location: Lumpkin Family Center for Health Education at SBLHC, Adams Room, 1000 Health Center Dr, Mattoon
 Center Staff and FCC Home Providers will have an opportunity to join Cathy and meet your colleagues to discuss issues relating to the care of infants and toddlers. You will have the opportunity to network, gain insight into the field, problem solve, brainstorm ideas to enhance the quality of care in your program, ideas to create hands-on projects to take back to your center or home, and earn training hours. Each meeting features curriculum ideas as well as focusing on sections of the Infant Toddler Environment Rating Scale.
This group is designed for professionals working with infants, toddlers, and two’s.
 Presenter: Cathy Welsh, Infant Toddler Child Care Specialist
 In-Service Hours: 2 CDA: 8 Cost: FREE RSVP: 5/21

May 30 **Four Elements of Success** 6:00 pm-8:00 pm
Location: Lumpkin Family Center for Health Education at SBLHC, Madison Room, 1000 Health Center Dr, Mattoon
Participants will learn the traits of each of the 4 personality types. They will identify their personality type. Finally, participants will process strengths and challenges of each personality type.
In-Service Hours: 2 CDA: 5 Cost: FREE RSVP: 5/23

June 4 **Better Brains for Babies: Experience and Learning** 6:00 pm-8:00 pm
Location: Elizabeth Titus Memorial Library, 2 W Water St, Sullivan
Better Brains for Babies: Experience and Learning: Adults can make a difference in supporting early brain development, which is crucial in the first years of life. Discover ways to improve the outcomes for children you work with and care for. This second session will have participants playing the "Brain Architecture Game" and will help them learn the roles of genetics and environment in brain development. Real life applicable examples of how experience affects brain development will be shared and discussed.
Presenter: Cheri Burcham, U of I Extension, Family Educator
In-Service Hours: 2 CDA: 8 Cost: FREE RSVP: 5/28

June 13 **Sensory Training, "Sometimes I need to..."** 6:00 pm-8:00 pm
Location: Neoga, TBD
We will define "Sensory Processing" and "Sensory Issues". We will look at assessments for sensory issues. We will also discuss sensory diets and other strategies to deal with sensory issues.
Presenter: Angela Catalano, Early Childhood Mental Health Consultant
In-Service Hours: 2 CDA: 2 Cost: FREE RSVP: 6/6



ExceleRate Illinois Trainings (*Bronze, Silver, or Gold*)



Child Care Assistance Program Trainings

Register Today!

Contact Melissa at 217-581-6991 or mdcoleman@eiu.edu or online through your Gateways Registry...www.ilgateways.org for FREE trainings...or mail in the registration form with payment for fee required trainings.



As an early learning and development program, you appreciate the importance of making quality a priority. Research has confirmed that the way we engage with children from birth through kindergarten significantly impacts school readiness and success throughout their lives. But everyday challenges and work stresses my push quality issues off your daily "to do" list. How can you continue making quality a priority?

ExceleRate Illinois gives you the framework you need to make continuous quality improvements in your operations-and to be recognized for your quality achievements. Visit the ExceleRate Illinois Providers website at

<http://www.excelebrateillinoisproviders.com/>



Child Care Resource & Referral



EASTERN ILLINOIS UNIVERSITY™

EIU CCR&R Training Registration Form

Complete Both Sides! -- One form per person (make copies if needed)

Participant Name _____

Program/Center _____

Home _____

Address _____

City _____ State _____

Zip _____

County _____

Phone _____

Email _____

Would you like to receive text reminders for trainings you register for? Yes No

If yes, what is the name of your cell phone carrier:

Verizon

US cellular

Virgin mobile

Nextel

T-Mobile

Cellular one

Sprint

Tracfone

Cell Phone Number _____

Please check one:

Center Director

Center Teacher

Center Staff

Family Child Care Owner

Family Child Care Staff

Other _____

Time in position: _____

Does your program accept Child Care Assistance Program children (subsidy)? Yes No

Do you work in a DCFS licensed program? Yes No

Primary age you serve:

Infants

Toddlers

Twos

Pre-school

School-age

Please send this form with check made out to EIU...we cannot accept cash for training registrations!

January-June 2019 Training Calendar

	January 7	FREE	Autism
	January 17	FREE	Looking Through a Trauma Lens
	January 22	FREE	Child Development, Health, and Safety Basics
	January 29	FREE	Infant Toddler Learning Chat
	February 4	FREE	Child Behavior
	February 9 & March 2	FREE	The Redleaf FCC Curriculum
	February 19	FREE	Identifying and Recognizing Red Flags of Sexual Abuse
	February 23	FREE	SIDS
	February 23	FREE	Shaken Baby Syndrome
	February 23	FREE	IL Early Learning and Development Standards Preschool
	March 4	FREE	Developing Empathy
	March 5	\$10	An Intro to Transitions
	March 9	FREE	Pyramid Model: Module 1
	March 9	\$15	EC Developmental Screening
	March 12	FREE	Creating Individual Professional Development Plans
	March 14	FREE	ExceleRate IL Orientation for FCC
	March 16	FREE	Child Development, Health, and Safety Basics
	March 16	FREE	Recognizing and Reporting Child Abuse (Mandated Reporters)
	March 19	FREE	What is CCAP?
	March 26	FREE	Infant Toddler Learning Chat
	March 28	FREE	Four Elements of Success
	March 28	\$10	Intro to Developmental Screening Tools
	March 30 & April 6	FREE	PITC: Module 1
	April 1	FREE	Identifying and Recognizing Red Flags of Sexual Abuse
	April 4 & April 11	FREE	The Pyramid Model: Module 2
	April 9	FREE	Team Building in the Workplace
	April 13	\$15	Welcoming Each & Every Child
	April 17	FREE	ExceleRate IL Orientation: Center Administrators
	April 18 & April 25	FREE	The Pyramid Model: Modules 3a and 3B
	April 27	\$10	An Intro to the Environment Rating Scales
	May 1	FREE	Child Development, Health, and Safety Basics
	May 2	FREE	Better Brains for Babies: Brain Anatomy and Development
	May 7	FREE	What is CCAP?
	May 14	FREE	Recognizing and Reporting Child Abuse (Mandated Reporters)
	May 25 & June 1	FREE	PITC: Module 2
	May 28	FREE	Infant Toddler Learning Chat
	May 30	FREE	Conflict Resolution in the Workplace
	June 4	FREE	Better Brains for Babies: Experience and Learning
	June 13	FREE	Sensory Training

Total Due _____