



To register for trainings contact:

Shelli Blair

srblair@eiu.edu

217 581-5790



September

DESSERTS WITH DIRECTORS

September 2, 2026

No RSVP needed

1:30-3pm

Lincoln Garden

703 W Lincoln, Charleston

Treat yourself! These gatherings offer a fantastic opportunity to connect with other providers, dive into meaningful discussions, and ask questions to fellow professionals and resource specialists who can shed light on the challenges you face in early childhood. Our team at EIU Child Care Resource and Referral is here to share resources, updates, important dates, chances for professional growth, funding, grant info, and so much more. We invite everyone to come ready with ideas and resources to make our networking experience even better. Remember, these meetings happen every month!

Trainer: Shelli Blair, Provider Services

1.5 hours/CDA:6

NAP CHAT

September 8, 2026

RSVP by September 1

Zoom

1-2pm

Nap Chat is a special gathering just for our family child care providers! While the kiddos are winding down in the afternoon, come hang out with Bea Sawyer, our mental health consultant, for some networking with your fellow home providers. We'll dive into new topics every month. These chats will be happening on the second Tuesday of each month at 1pm via Zoom. See the attached flyer for more information!

Trainer: Bea Sawyer. Mental Health Consultant

1 hour/ CDA 6

PYRAMID MODEL PRESCHOOL MODULE 2**

September 19, 2026
RSVP by September 11

8am-2:30pm
Ninth St Hall
2201 9th St, Charleston

PS Module 2: High-Quality, Supportive Environments

This module focuses on the practices for establishing high-quality supportive classroom environments that promote social-emotional skill development and prevent challenging behavior. Practices related to schedules, routines, transitions, promoting engagement, expectations, and rules are addressed in the workshop.

Trainer: Lori Rothrock, Quality Specialist

6 Hours/CDA: 1

EXCELERATE ILLINOIS ORIENTATION FOR CHILD CARE CENTERS ***

September 22, 2026
RSVP by September 15

6-8 pm
Ninth Street Hall
2201 9th St. Charleston

Excelsior Illinois is the quality rating improvement system for licensed Child Care Centers, Head Start, and Preschool for All programs. This orientation provides child care centers an overview of the goals, quality indicators, benefits of participation, application process and the system supports available for success at reaching each Circle of Quality.

Trainer: Lori Rothrock, Quality Specialist

2 hours/CDA: 6

EXCELERATE ILLINOIS ORIENTATION FOR FAMILY CHILD CARE***

September 29, 2026
RSVP by September 22

6-8 pm
Ninth Street Hall
2201 9th St. Charleston

Excelsior Illinois is the quality rating improvement system for licensed Family Child Care, Head Start, and Preschool for All programs. This orientation provides family child care providers an overview of the goals, quality indicators, benefits of participation, application process and the system supports available for success at reaching each Circle of Quality.

Trainer: Lori Rothrock, Quality Specialist

2 hours/CDA: 6

****Future dates for Pyramid Model Modules:**

Module 3: Oct. 10th 8am-3pm

Module 4: Oct. 20th 6:30-8:30pm

Module 5: Nov. 21st 8am-3pm

Module 6: Dec. 8th 6-7:30pm

****** Please note that if you have not taken an Excelerate Illinois Orientation and plan to apply for the Quality Improvement Funds, you will need to do so to be found eligible.***

Register Today!

Contact:

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217 581-5790



Family Child Care Providers Join us for Nap Chats!

Every second Tuesday of the month 1:00pm-2:00pm

Next Chat will be September 8th

We will discuss the agenda, and inquire about topics that interest you for the months ahead.



The agenda will include introductions/updates, a topic of interest, those who feel comfortable sharing with one another a positive for the month. We will conclude each Zoom meeting with a resource or idea you have to share, as well a local resource, event, or networking opportunity. We want this to be a space to share, reflect, encourage, and provide some new tools for FCC providers.

One hour Gateways Training Credit will be given each month for your participation.

"A hundred years from now, it will not matter what my bank account was, the sort of house I lived in, or the kind of car I drove...but the world maybe different because I was important in the life of a child." Forest E. Witcraft

CPR AND FIRST AID COURSES

*EIU CCR&R Reimbursement Procedure (based on available funding)



- Schedule training
- Keep your payment receipt
- Attend the training
- Receive your CPR/First Aid certificate/card
- Complete our reimbursement application. The application can be found on our website at www.eiu.edu/ccrr under the provider resources tab

Sarah Bush Lincoln Health Center :

CPR: \$50

August 4; October 6; December 1, 2026

CPR/FIRST AID COMBO \$100

September 1; November 3, 2026

All classes begin at 5:30 pm at 104 Professional Plaza Mattoon, IL

To register call 217 258-2403 or emsgroup@sblhs.org

Online Course Option:

American Heart Association: elearning.heart.org

- Complete the Heartsaver Pediatric First Aid/CPR/AED online \$24.50
- Contact SBLHC EMS office at 217 258-2403 to request a test out
- \$100 test out fee

YMCA, Mattoon and Toledo :

FIRST AID/CPR: \$75

Toledo:

August 3; October 6, 2026

Mattoon:

September 16; November 12; December 14, 2026

Classes begin at 5:30 in Mattoon and 5:45 in Toledo

To register call 217 234-9494 or mattoonymca.org

**Please note that we are unable to reimburse for any trainings taken in the month of June*