CHILD CARE RESOURCE & REFERRAL
EASTERN ILLINOIS UNIVERSITY

Training Calendar
December, 2026

To register for trainings contact:
Shelli Blair
srblair@eiu.edu
217 581-5790



December

CAREER PATHWAYS

Dec. 1, 20026 ***Zoom***
RSVP by Nov. 24 ***6-7pm***

This training introduces the field of early childhood education and care as a career. It focuses on the personal and professional development necessary to impact the lives of young children and families. Identifying effective resources, finding pathways for learning and financial support are included. Learners will be able to describe career opportunities available in the field of early childhood in Illinois and ways a Higher Education and Workforce Development Navigator can support them from the start of their journey.

Trainer: Melissa Coleman, Child Care Resource Specialist ***1 Hour/CDA: 5***

DESSERTS WITH DIRECTORS

Dec. 2, 2026 ***1:30-3pm***
No RSVP needed ***Honey Bee Cafe***
319 N Logan St, Mattoon

Treat yourself! These gatherings offer a fantastic opportunity to connect with other providers, dive into meaningful discussions, and ask questions to fellow professionals and resource specialists who can shed light on the challenges you face in early childhood. Our team at EIU Child Care Resource and Referral is here to share resources, updates, important dates, chances for professional growth, funding, grant info, and so much more. We invite everyone to come ready with ideas and resources to make our networking experience even better. Remember, these meetings happen every month!

Trainer: Shelli Blair, Provider Services ***1.5 hours/CDA:6***

NAP CHAT

Dec. 8, 20026 ***Zoom***
RSVP by Dec. 1 ***1-2pm***

Nap Chat is a special gathering just for our family child care providers! While the kiddos are winding down in the afternoon, come hang out with Bea Sawyer, our mental health consultant, for some networking with your fellow home providers. We'll dive into new topics every month. These chats will be happening on the second Tuesday of each month at 1pm via Zoom. See the attached flyer for more information!

Trainer: Bea Sawyer. Mental Health Consultant ***1 hour/ CDA 6***

PYRAMID MODEL PRESCHOOL MODULE 6: Prevent-Teach- Reinforce for Young children

Dec. 8, 2026 ***6-7:30pm***
RSVP by Dec. 1 ***Ninth Street Hall***
2201 9th St. Charleston

In this module, practitioners learn about the steps of Prevent-Teach-Reinforce for Young Children (PTRYC) and how PTR-YC is used as a manualized process for conducting a functional behavioral assessmentand developing a behavior support plan.

Trainer: Lori Rothrock, Quality Specialist ***1.5 hours/CDA: 7***

SELF-CARE, COCOA & CANVAS

Dec. 11, 2026 ***6-9 pm***
RSVP by Dec. 4 ***Ninth Street Hall***
Fee: $25 ***2201 9th St. Charleston***

Indulge in your self-care and let it Glow!
Create a snowman clutching a twinkling string of lights. Enjoy a sip and paint session while treating yourself to cocoa at the cozy cocoa bar!
Limited seating, sign up early!

Trainers: Bea Sawyer, Caregiver Connections
Tanille Yow Ulm, Lake Land College and Escape Artists ***3 hours***

Self-care, Cocoa and Canvas

Dec. 11th from 6-9 pm
Ninth Street Hall
2201 9th Street, Charleston



Let it Glow!

Create a snowman clutching a twinkling string of lights. Enjoy a Sip and Paint session while treating yourself to cocoa at the cozy cocoa bar.

Hosted by Bea Sawyer of Caregiver Connections and Tanille Yow Ulm of Escape Artists

$25 fee

3 Credit Hours

to register: srblair@eiu.edu or 217 581-5790



CHILD CARE RESOURCE & REFERRAL
EASTERN ILLINOIS UNIVERSITY

Caregiver Connections
Early Childhood Mental Health Consultation
Support for Childcare Providers

Family Child Care Providers
Join us for Nap Chats!

Every second Tuesday of the month 1:00pm-2:00pm Zoom

Next Chat will be December 8

We will discuss the agenda, and inquire about topics that interest you for the months ahead.



The agenda will include introductions/updates, a topic of interest, those who feel comfortable sharing with one another a positive for the month. We will conclude each Zoom meeting with a resource or idea you have to share, as well a local resource, event, or networking opportunity. We want this to be a space to share, reflect, encourage, and provide some new tools for FCC providers.

One hour Gateways Training Credit will be given each month for your participation.

"A hundred years from now, it will not matter what my bank account was, the sort of house I lived in, or the kind of car I drove...but the world maybe different because I was important in the life of a child." Forest E. Witcraft

CPR AND FIRST AID COURSES

EIU CCR&R Reimbursement Procedure (based on available funding)



- Schedule training
- Keep your payment receipt
- Attend the training
- Receive your CPR/First Aid certificate/card
- Complete our reimbursement application. The application can be found on our website at www.eiu.edu/ccrr under the provider resources tab

Sarah Bush Lincoln Health Center :

CPR: $50
December 1, 2026 February 2, 2027

CPR/FIRST AID COMBO $100
January 5, March 2, 2027

All classes begin at 5:30 pm at 700 W Lincoln Ave, Charleston, IL
To register call 217 258-2403 or emsgroup@sblhs.org

Online Course Option:
American Heart Association: elearning.heart.org
- Complete the Heartsaver Pediatric First Aid/CPR/AED online $24.50
- Contact SBLHC EMS office at 217 258-2403 to request a test out
- $100 test out fee

YMCA, Mattoon and Toledo :

FIRST AID/CPR: $75

Toledo:

Mattoon:
November 12, 2026
December 14, 2026

Classes begin at 5:30 in Mattoon and 5:45 in Toledo
To register call 217 234-9494 or mattoonymca.org

Please note that we are unable to reimburse for any trainings taken in the month of June