



To register for trainings contact:

Shelli Blair

srblair@eiu.edu

217 581-5790

August



DESSERTS WITH DIRECTORS

August 5, 2026
No RSVP needed

1:30-3pm
Benny's Grill,
61 Dewitt Ave, Mattoon

Treat yourself! These gatherings offer a fantastic opportunity to connect with other providers, dive into meaningful discussions, and ask questions to fellow professionals and resource specialists who can shed light on the challenges you face in early childhood. Our team at EIU Child Care Resource and Referral is here to share resources, updates, important dates, chances for professional growth, funding, grant info, and so much more. We invite everyone to come ready with ideas and resources to make our networking experience even better. Remember, these meetings happen every month!

Trainer: Shelli Blair, Provider Services

1.5 hours/CDA:6

NAP CHAT

August 11, 2026
RSVP by August 4

Zoom
1-2pm

Nap Chat is a special gathering just for our family child care providers! While the kiddos are winding down in the afternoon, come hang out with Bea Sawyer, our mental health consultant, for some networking with your fellow home providers. We'll dive into new topics every month. These chats will be happening on the second Tuesday of each month at 1pm via Zoom. See the attached flyer for more information!

Trainer: Bea Sawyer. Mental Health Consultant

1 hour/ CDA 6

CAREER PATHWAYS IN EARLY CHILDHOOD EDUCATION AND CARE

August 18, 2026

6-7pm Zoom

RSVP by August 11

This training introduces the field of early childhood education and care as a career. It focuses on the personal and professional development necessary to impact the lives of young children and families. Identifying effective resources, finding pathways for learning and financial support are included. Learners will be able to describe career opportunities available in the field of early childhood in Illinois and ways a Higher Education and Workforce Development Navigator can support them from the start of their journey.

Trainer: Melissa Coleman, Child Care Resource Specialist

1 Hour/CDA: 5

PYRAMID MODEL PRESCHOOL MODULE 1: NURTURING AND RESPONSIVE RELATIONSHIPS

August 22, 2026

8-3 (lunch break included)

Ninth Street Hall

2201 9th St. Charleston

RSVP by August 14

Establishing nurturing and responsive relationships within a caring community is the foundation of the Pyramid Model. This training focuses on practices for building relationships with children, promoting relationships between children, relationships with families that affirm family culture and identity, and relationships with team members.

Trainer: Lori Rothrock, Quality Specialist

6.5 hours/CDA: 3

Register Today!

Contact:

Shellie Blair

srblair@eiu.edu

217 581-5790



Coming Soon...

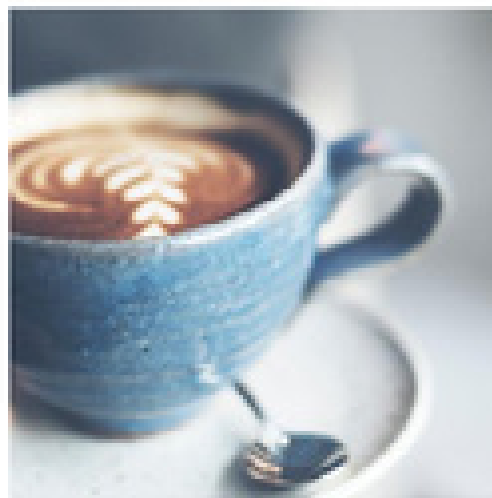
For FCC Providers

Join us on Zoom for Nap Chats

Every second Tuesday of the month 1:00pm-2:00pm

Beginning August 11th, 2026

On our first meeting we will discuss the agenda, and inquire about topics that interest you for the months ahead.



The agenda will include introductions/updates, a topic of interest, those who feel comfortable sharing with one another a positive for the month. We will conclude each Zoom meeting with a resource or idea you have to share, as well a local resource, event, or networking opportunity. We want this to be a space to share, reflect, encourage, and provide some new tools for FCC providers.

One hour Gateways Training Credit will be given each month for your participation.

"A hundred years from now, it will not matter what my bank account was, the sort of house I lived in, or the kind of car I drove...but the world maybe different because I was important in the life of a child." Forest E. Witcraft

CPR AND FIRST AID COURSES

*EIU CCR&R Reimbursement Procedure (based on available funding)



- Schedule training
- Keep your payment receipt
- Attend the training
- Receive your CPR/First Aid certificate/card
- Complete our reimbursement application. The application can be found on our website at www.eiu.edu/ccrr under the provider resources tab

Sarah Bush Lincoln Health Center :

CPR: \$50

August 4; October 6; December 1, 2026

CPR/FIRST AID COMBO \$100

September 1; November 3, 2026

All classes begin at 5:30 pm at 104 Professional Plaza Mattoon, IL

To register call 217 258-2403 or emsgroup@sblhs.org

Online Course Option:

American Heart Association: elearning.heart.org

- Complete the Heartsaver Pediatric First Aid/CPR/AED online \$24.50
- Contact SBLHC EMS office at 217 258-2403 to request a test out
- \$100 test out fee

YMCA, Mattoon and Toledo :

FIRST AID/CPR: \$75

Toledo:

August 3; October 6, 2026

Mattoon:

September 16; November 12; December 14, 2026

Classes begin at 5:30 in Mattoon and 5:45 in Toledo

To register call 217 234-9494 or mattoonymca.org

**Please note that we are unable to reimburse for any trainings taken in the month of June*