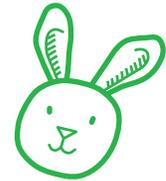




To register for trainings contact:

**Shelli Blair**  
**srblair@eiu.edu**  
**217 581-5790**



# April

## COMMUNITY CHAT, (AKA: Provider Networking Meeting)

**April 1, 2026**  
**No RSVP needed**

**1-2:30 pm**  
**Zoom**

Community Chats are all about you, the provider! These chats offer a fantastic opportunity to connect with other providers, dive into meaningful discussions, and ask questions to fellow professionals and resource specialists who can shed light on the challenges you face in early childhood. Our team at EIU Child Care Resource and Referral is here to share resources, updates, important dates, chances for professional growth, funding, grant info, and so much more. We invite everyone to come ready with ideas and resources to make our networking experience even better. Remember, these meetings happen every month!

**Trainer: Shelli Blair, Provider Services**

**1.5 hours/CDA:6**

## BIG BEHAVIORS, BIG EMOTIONS! Safety Before Skills

**April 15, 2026: Safety Before Skills**  
**May 20, 2026: Filling Your Cups**

**6-8pm**  
**Mattoon Public Library**

BIG behaviors come from BIG emotions! Join this free hands on workshop series for parents, educators and caregivers to better understand the "explosive" child, so you can respond calmly and with confidence.

**Session three: Safety Before Skills**

**Supporting children through meltdowns and what happens after.**

All Sessions are not required to earn credits. These Sessions are also aligned to Second Step and Leader in Me Curriculums. Light refreshments will be provided, but you are welcome to bring your own food and drink.

**Trainer: Bea Sawyer, Mental Health Consultant**

**2 hours/CDA 3**

**Register  
Today!  
Contact:  
Shelli Blair  
srblair@eiu.edu  
217 581-5790**



# CPR AND FIRST AID COURSES

## EIU CCR&R Reimbursement Procedure:



- Schedule training
- Keep your payment receipt
- Attend the training
- Receive your CPR/First Aid certificate/card
- Complete our reimbursement application. The application can be found on our website at [www.eiu.edu/ccrr](http://www.eiu.edu/ccrr)
- Return completed application and documents to 600 W Lincoln Ave Charleston, IL 61920 or [srblair@eiu.edu](mailto:srblair@eiu.edu)

## Sarah Bush Lincoln Health Center :

**CPR: \$50**

April 7, 2026

**CPR/FIRST AID COMBO \$100**

May 5, 2026

**All classes begin at 5:30 pm at 104 Professional Plaza Mattoon, IL  
To register call 217 258-2403 or [emsgroup@sblhs.org](mailto:emsgroup@sblhs.org)**

## Online Course Option:

American Heart Association: <https://www.onlineaha.org/courses>

- Complete the Heartsaver Pediatric First Aid/CPR/AED \$23.00
- Contact SBLHC EMS office at 217 258-2403 to request a test out
- 50 for CPR Test Out  
\$90 for CPR/First Aid Combo Test Out

## YMCA, Mattoon and Toledo :

**FIRST AID/CPR: \$75**

April 23, 2026

**Classes begin at 5:30 in Mattoon and 5:45 in Toledo  
To register call 217 234-9494 or [mattoonymca.org](http://mattoonymca.org)**

*\*Please note that we are unable to reimburse for any trainings taken in the month of June*