

SOCCER RULES

- Teams are responsible for all information given at the team manager's meeting and in the Intramural Handbook.
- Intramural Soccer is governed by NIRSA rules except for adjustments as noted below.

RULES:

1. Two teams of 7 players each shall play the game. A team may play with 5 players.
2. Each game will consist of two 20-minute halves with running clock except for the last two minutes of regulation unless the opposing team is winning by four goals or more.
3. If the score of one-team reaches 6 goals over the opponent, the game is over at that point.
4. Unlimited substitutions during dead ball situations.
5. 1 time-out per half; 1 minute in duration. Unused timeout will not carry over to the next half.
6. No overtime during regular season matches. Playoffs will consist of one 5-minute sudden death overtime, if score remains tied, 5 alternating free kicks from the penalty kick line until winner is declared.
7. **There are no offsides.**
8. Goalkeeper can only handle ball in goal area for 7 seconds. Goalkeeper can handle the ball anytime but can only pick-up the ball with his hands when kicked by opposing team. Goalkeeper cannot possess/pick up a ball passed by teammate, nor kick a ball back into the box and then pick it up. Failure to comply will result in a direct kick for the opposing team.
9. No goalie may slide tackle.
10. A direct kick is taken when there is an excessive foul. Excessive fouls are holding, pushing, striking, kicking, tripping, kneeing, charging, lunging or **slide tackling** (automatic yellow card). All other fouls result in an indirect free, unless in goalie box then resulting in penalty kick.
11. 2 yellow cards or a red card result in ejection, that player's team must play the rest of the game one player short.
12. No metal cleats.
13. Both feet must be planted on the ground during throw-in and both arms must go directly over the head.
14. NO SLIDE TACKLING; Sliding in general (not aggressive or around another player) will result in a yellow card.
15. NO JEWELRY! Medical alert bracelets and religious jewelry must also be taped to the skin. (NO tape provided by SRC)
16. "NO MOUTH" Rule
17. Unsportsmanlike conduct will not be tolerated.

ELIGIBILITY:

Individuals may play on only one men's team or one women's team.

LOCATION:

All Intramural Soccer games are played on the IM fields unless noted otherwise.

EQUIPMENT:

Teams are required to wear the same color jerseys or wear IM jerseys provided.