

## **CO-REC BASKETBALL RULES**

- Teams are responsible for all information given at the team manager's meeting and in the Intramural Handbook.
- Intramural Co-Rec Basketball is governed by IHSA and NIRSA rules except for adjustments as noted below.

### **RULES:**

1. Two teams of 5 players each shall play the game. (3 males and 2 females or 3 females and 2 males) A team may play with 4 players. If a team falls below 4 players during a game, they may continue to play unless ejection is the case for the decreased number.
2. Each game will consist of two 20-minute halves with running clock except for the last two minutes of regulation.
3. More than 7 fouls per half results in a 1+1 free throw opportunity.
4. No player shall swing his/her arms or elbows excessively, even if no contact is made.
5. 5-second violation will apply when defensive player is within 3 feet of ball handler.
6. Mercy rule is 16 points with 2 minutes left during **regular season & playoffs**, 25 points with 8 minutes left or 35 points at any point during the game.
7. Substitutes must report to score table and wait to be waived in by an official or a technical foul is issued.
8. 3 time-outs per game; 1 minute in duration can only use a maximum of 2 in one half.
9. 2-minute overtime for tied games, with clock stopping for every whistle, all common fouls are 1 + 1, one time-out for each overtime period. 1 overtime period for regular season. Playoffs will be played until a winner is declared.
10. 3 technical fouls (per team) of any kind will result in forfeit of contest.
11. Players on scorecard are required to use team boxes provided. Only players on scorecard are permitted in box. Disqualified players may remain in box, but ejected players must leave the building.
12. Male points are normal scores; Female scores are 2pt=3pt & 3pt = 4pt
13. Females get same number of free throws as point attempted shot unless shot is made then only 1 free throw shot.
14. **NO DUNKING OR SLAPPING BACKBOARD!** Performing either of these will result in a technical foul and possible ejection.
15. **NO JEWELRY!** Medical alert bracelets and religious jewelry must also be taped to the skin. (No tape provided by SRC)
16. "NO MOUTH" Rule
17. Unsportsmanlike conduct will not be tolerated.

### **ELIGIBILITY:**

Individuals may play on only one team in all leagues combined.

### **LOCATION:**

All Intramural Basketball games are played on the SRC courts unless noted otherwise.

### **EQUIPMENT:**

Teams are required to wear the same color jerseys with numbers (NO TAPE) or wear IM jerseys provided.