# Eastern Illinois University Communication Disorders and Sciences & East Central Illinois Speech–Language-Hearing Association 2019 Fall Autism Conference

# Interventions for Improving Executive Function Skills in Students with ASD



Sarah Ward, M.S., CCC-SLP

**Where:** Eastern Illinois University

**Grand Ballroom** 

When: Friday, September 20, 2019

8:30 a.m. – 3:00 p.m.

**Fee:** Professionals -\$60.00

Students - \$10.00

Registration: https://www.eiu.edu/autismcenter/events.php

or contact Felicia Magee at

fymagee@eiu.edu or (217) 581-2712

Registration opens Aug.1 and closes Sept. 13

or when seats are full.

# **Description**

This is a practical strategies seminar! You will learn how to clearly define what the executive function skills are for the purpose of determining the most effective treatment interventions; understand the development of the executive function skills and what is meant by the term executive dysfunction; and learn dozens of functional, ready-to-use strategies for teaching students with ASD how to develop the executive function skills.

### Agenda

8:30-9:30 Executive function (EF) skills defined, executive dysfunction and the development of executive function skills 9:30-10:45 Treatment interventions to improve forethought and self-talk

10:45-11:30 Task initiation, self-regulation, making timely transitions and following routines

11:30-12:30 Lunch

12:30 -1:30 Treatment strategies to increase time management

1:30-2:50 Teaching and planning skills; the Get Ready \* DO \* Done model for classroom, homework and therapeutic interventions

2:50-3:00 Question and answer/wrap up

## **Learning Outcomes**

After attending this conference, participants will be able to:

- State the functional working definition of what is meant by the term "executive function skills" as it pertains to therapeutic interventions
- Define how situational awareness, self-talk, forethought and episodic memory are the foundational skills for successful task execution
- Develop an intervention program for students with ASD to foster the ability to form more independent executive function skills (e.g., situational awareness, self-talk, following routines, task planning, task initiating, self-management of time, etc.)

<u>Disclosure:</u> Financial: Sarah Ward is the Co-Director of Cognitive Connections, LLP, and has ownership interest, intellectual property rights and hold patent on equipment. Additionally, she will receive an honorarium for her presentation.

Nonfinancial: Sarah Ward does not have any relevant non-financial relationship to disclose.



The Illinois Speech-Language-Hearing Association is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language

pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

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