

FALL PROGRAM GUIDE 2019

Academy of
Lifelong Learning 
EASTERN ILLINOIS UNIVERSITY™

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SUPPORTING STAFF

Employees of the School of Extended Learning who are lifelong learners and work diligently for the benefit of the Academy:

Dr. Doug Bower, Dean

Marita Metzke, Director

Debbie Meadows, Registration Coordinator

Peggy Hickox, Office Manager

Stevie Roberson, Graphic Designer

**“SOMETIMES LATER BECOMES NEVER.
DO IT NOW.”**

ANONYMOUS

PURPOSE OF THE ACADEMY

As an outreach of Eastern Illinois University, the Academy of Lifelong Learning exists to promote self-directed learning for adults in east central Illinois. We actively seek participant input to provide quality educational events that are engaging, relaxed and relevant.

Most events are free and open to the public. The \$45 annual membership fee funds the creation of new programming and provides printed Program Guides, as this is a self-supporting program.

WHY DO I NEED TO REGISTER IF EVENTS ARE FREE?

Registrations are a courtesy to presenters, as seating and handouts are planned in advance. This also allows us to track the number of people attending each event, so we can plan forward in accordance with learner's preferences.

REGISTRATION & REFUND POLICY

Registrations and payments are confirmed by email. Payment is required at the time of registration by credit or debit card, cash, or check. In the event a course is cancelled due to low enrollment or circumstance beyond the Academy's control, members will be notified by email or by phone (if same day as event). Refunds will be automatically issued. Refunds are not issued for non-attendance.

ACADEMY ADVISORY COUNCIL

The Council is composed of community members who volunteer to offer advice and diverse perspectives to the Academy on strategic direction, quality improvement, and assessment of program effectiveness. We are grateful for their impact and service:

Kathy Black
Bonnie Buckley
Chair
Dan Cougill
Lois Dickenson
Diana Glosser

Chris Houchens
Jana Johnson
Al Joyner
Janet Messenger
Past Chair
Michael Murphy

Deanna Smith
Terry Smith
Carolyn Stephens
Andrew White
Luz Whittenbarger

VOLUNTEER OPPORTUNITIES

CARE CHOIR

The Care Choir provides a soothing presence and comfort to Hospice patients and families with short, peaceful serenades of a cappella songs. Care Choir is dispatched to care facilities in the Charleston-Mattoon area at the request of patients or family members. Lincolnland Hospice of Sarah Bush Lincoln coordinates the visits. If you would like to participate in Care Choir, please contact the Academy of Lifelong Learning at Eastern Illinois University, 217-581-5114 or academy@eiu.edu.

THE DOUGLAS-HART NATURE CENTER

2204 Dewitt Avenue East, Mattoon – The Nature Center is home to over 70 acres of restored Illinois habitats, about 2 miles of hiking trails, and a visitor center housing live animals, toys, books, and displays. Our vital team of Weekend Host Volunteers staff the visitor center for three hours at-a-time on Saturdays and Sundays. Volunteers enjoy greeting visitors, answering the phone, and watching the birds & wildlife during their shift. If you are interested in becoming a Weekend Host, or would like to do a one-time trial shift to see what it is like, please contact the Nature Center at 217-235-4644.

WHITESIDE GARDEN

In 1963, Dr. Wesley (Wes) Whiteside of the EIU Botany Department, began transforming 5 acres of former farmland into a diverse botanical garden. Wes nurtured and developed this garden, drawing many visitors to view his collections, which are unmatched in the region. His property has become a true treasure for east-central Illinois. Upon his passing, Dr. Whiteside's will was to make a gift of his garden as an educational resource and place of beauty for the community. The garden relies on the support of volunteers to care for the amazing plant collections. Come and lend a hand to help with mulching, weeding, trimming, and more. Please wear close toed shoes and long pants. Contact: Marissa Grant at whiteside.garden@gmail.com

THE HABITAT FOR HUMANITY RESTORE

520 W. Lincoln Avenue, Charleston – The ReStore sells donated items to support the mission of providing decent, affordable housing to qualified residents of Coles County. Volunteer help is needed for sorting, organizing, and cleaning. Academy members and friends are encouraged to help any time that suits your schedule. Contact the store at 217-348-7066 for additional information.

STANDING STONE COMMUNITY CENTER

375 N. 14th Street, Charleston – This non-profit resale ministry features food, clothing, books, toys, and furniture to fulfill unmet needs through their multi-faceted, Christ-centered outreach. Help is needed to sort donations, distribute food pantry items, organize inventory, and serve customers. The School of Extended Learning collects new hotel size soaps, shampoos, toothpaste, etc., throughout the year to offer Standing Stone beneficiaries because these items are not available through SNAP. Call 217-549-3378 for details.

TARBLE ARTS CENTER DOCENTS

Join our docent core as we explore techniques for facilitating art-based conversations. This workshop will meet once a month as a group to explore ways to talk about art through an inquiry-based format where questions lead the conversation and create room for authentic discoveries. We will also have monthly opportunities to facilitate conversations in the galleries throughout the semester. No experience with art is needed; background or experience talking in groups is helpful. We will practice and learn ways to foster welcoming spaces for conversations. Once-a-month meetings & ONE gallery experience (minimum), per semester commitment.

Contact Tim Abel: tarble@eiu.edu or 217-581-2787.

EIU ACADEMY PASS

The Academy of Lifelong Learning offers members the opportunity to take a traditional undergraduate course at EIU without tuition through EIU Academy Pass.

This is your opportunity to study most any subject you choose over a semester. Academy members may register for one audited college course per semester without tuition or campus fees. Our ability to place members in each course depends upon open seats, and EIU degree seeking students naturally come first.

Key Points:

- Registration is managed by Academy staff during the two weeks prior to each new semester and is based on seat availability.
- Individual instructors determine the level of involvement expected from students who are auditing a course.
- Your insights and observations are generally welcome, understanding there is a diverse group of students in each course.
- As an Academy Pass student, you will have the benefit of an EIU email account.
- Complimentary access to www.Lynda.com, an online learning resource that offers business, software, technology and creative skills classes is included. \$300 value.
- Your requests for specific courses will be accepted throughout the year by emailing us at: academy@eiu.edu and we will make every effort to accommodate your wishes.



DOUDNA FINE ARTS CENTER

COCKTAIL HOUR: THE SHOW

Thursday, Friday
September 19-20, 2019
7:30 PM

Location:
Doudna Fine Arts Center
1860 South Ninth Street
Charleston, IL

Member: **\$25**
Non-Member: **\$25**
Register by: **9/5/19**

Cocktail Hour harks back to a time when entertainment was an engaging, vibrant social experience. Inspired by the likes of Busby Berkeley and Lucille Ball and infused with the exotic flavor of legendary Hollywood haunts Trader Vic's and Coconut Grove, this pop-infused production brings timeless American spirits to life, launching the Mai Tai, Martini, Manhattan and more off the menu and onto the stage. You've never seen cocktails like these!

IRIS DEMENT

Friday October 18, 2019
7:30 PM

Location:

Doudna Fine Arts Center
1860 South Ninth Street
Charleston, IL

Member: **\$12**
Non-Member: **\$20**
Register by: **10/4/19**

Grammy nominated Iris DeMent exemplifies what it means to forge your own path in the music industry. Her independently released debut album *Infamous Angel* landed her a deal with Warner Bros. Over the past two decades, DeMent never shied away from using her ethereal voice and songwriting to address social and political issues throughout her work. In 2017 Iris DeMent was honored with the Americana Trailblazer Award.

CHURCHILL: A ONE MAN PLAY

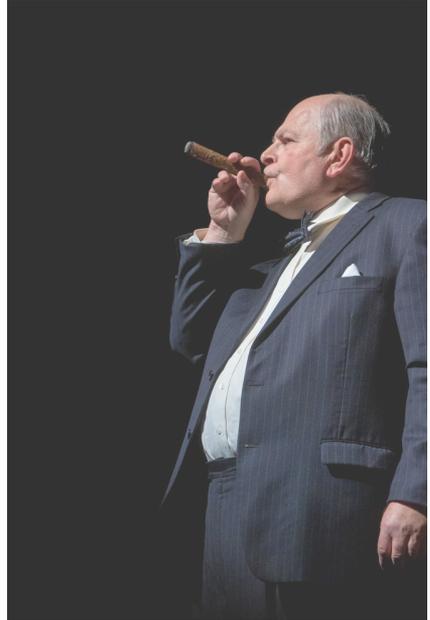
Saturday November 9, 2019
7:30 PM

Location:

Doudna Fine Arts Center
1860 South Ninth Street
Charleston, IL

Member: **\$12**
Non-Member: **\$20**
Register by: **10/25/19**

Andrew Edlin's remarkable performance as Sir Winston Churchill, at age 80, and pondering in his bunker 'to go or not to go' as Prime Minister of Great Britain. Churchill wryly and wittily reviews his life from birth, looking for evidence of what to do. He segues from wise observation, to funny story, to iconic speech to pithy analysis of colleague and enemy alike. Audiences should be prepared to be inspired by the words of the legendary statesman recreated by a gifted actor.





THE VIENNA BOYS' CHOIR

Thursday November 14, 2019
7:30 PM

Location:

Doudna Fine Arts Center
1860 South Ninth Street
Charleston, IL

Member: **\$12**
Non-Member: **\$20**
Register by: **10/31/19**

The Vienna Boys Choir consists of 100 boys between the ages of ten and fourteen, from dozens of nations, divided into four touring groups. Each group spends nine to eleven weeks of the school year on tour. They are accompanied by their choirmaster, their tutor, and a nurse. They visit virtually all European countries, and are frequent guests in Asia, Australia, and the Americas. You will not want to miss this amazing choir when they perform in the Dvorak Concert Hall this fall.

THE SECRET GARDEN

Friday November 15, 2019
7:30 PM

Sunday November 17, 2019
2:00 PM

Location:

Doudna Fine Arts Center
1860 South Ninth Street
Charleston, IL

Member: **\$12**
Non-Member: **\$20**
Register by: **11/1/19**

The Theatre Arts Department is excited to announce the official unveiling of their new performance track in musical theatre beginning Fall 2019! Larry Cox, Jr. is the new musical theatre specialist and will direct the fall musical, *The Secret Garden*, the winner of the 1991 Tony Award for Best Book of a Musical. Frances Hodgson Burnett's beloved Victorian classic, *The Secret Garden*, blossoms anew in this enchanting musical by Pulitzer Prize-winner Marsha Norman and Lucy Simon.

LEARNING OPPORTUNITIES

AUGUST



LITERARY DIVAS

Tuesday August 20, 2019
4:00 - 5:30 PM

Location:
County Market Study Room
551 W Lincoln Ave
Charleston, IL

Instructor:
Marita Metzke

Event is **FREE** and **OPEN** to the public!

Are you a librocubicularist? or an omnilegent? or a logophile? Or do you simply love to read and talk about characters, themes, plot and settings? The Literary Divas limit the group to 12, with members providing book recommendations for the next semester. We meet alternate Tuesdays, 8/20/2019 through 12/17/2019. Our first book for discussion will be Eleanor Roosevelt Vol. 2 : 1933-1938. Please call for availability anytime throughout the semester.

KANKAKEE SANDS

Thursday August 22, 2019
10:00 - 11:30 AM

Location:

Brookstone
300 Lincoln Hwy Rd
Charleston, IL

Instructor:

Kristen Anchor

Event is **FREE** and **OPEN** to the public!
Register by **8/21/19**

Less than .1% of Indiana's and Illinois' original prairies and wetlands remain today. We'll learn about conservation efforts at The Nature Conservancy's Kankakee Sands which has preserved or restored over 7,300 acres of natural area and connects 22,000 acres of habitat in Northwest Indiana. Kankakee Sands is home to over 100 rare, threatened or endangered species and supports the endangered Regal Fritillary butterfly, red-headed woodpeckers, plains pocket gophers, short-eared owls, ornate box turtles, glass lizards and over 700 native plant species, filling the land with song and sights to behold. In 2016, 23 Bison were brought to the site as part of the restoration process. The herd has grown to over 50, and amazing changes are taking place on the prairie. Feel a Bison hide and learn about these amazing animals!

GALLERY CONVERSATIONS: FALL SEMESTER EXHIBITION PREVIEW

Monday August 26, 2019
4:30 - 6:00 PM

Location:

Tarble Arts Center
2010 9th St.
Charleston, IL

Event is **FREE** and **OPEN** to the public!

If you get excited about the conversations that are sparked from art, join us for a night of art and ideas. Come to get a taste of the exhibitions coming to the Tarble Arts Center this fall and celebrate what is new. Stick around to learn how you can help facilitate conversations throughout the semester through our Gallery Conversations Program. No experience with art is needed; background or experience talking in groups is helpful. During the program, we will meet monthly over the course of the semester to practice and learn ways to foster welcoming spaces for conversations related to the art on view.

Registration handled through Tarble @ 217-581-2787 or tarble@eiu.edu.

TARBLE ATRIUM CINEMA

Thursday August 29, 2019
Tuesday October 29, 2019
Tuesday November 19, 2019
5:30 PM

Location:

Tarble Arts Center Atrium
2010 9th St.
Charleston, IL

AUGUST:

Spider-Man: Enter the Spideverse (PG)
Free for Tarble Members & Students
\$3 suggested donation

OCTOBER:

Get Out (R)
Free for Tarble Members & Students
\$3 suggested donation

NOVEMBER:

The Central Park Five (NR)
Free & Open to the Public



UGLY ART: UN-PORTRAIT PARTY

Thursday September 5, 2019
6:00 - 8:00 PM

Location:

Tarble Arts Center Galleries & Classroom
2010 9th St.
Charleston, IL

Tarble Members: **\$16**
Tarble Non-Members: **\$20**

Sometimes art isn't beautiful. Sometimes art tackles some pretty ugly topics. Talking about art can be messy, making art can be messy. We will have a pointed and engaging talk about some of the work on view and end the night with a handmade print project. This will be a 21+ event.

Registration handled through Tarble @ 217-581-2787 or tarble@eiu.edu.

OWL BE SEEING YOU

Friday September 6, 2019

1:00 - 3:00 PM

Location:

Douglas Hart Nature Center
2204 Dewitt Ave E
Mattoon, IL

Instructor:

Jennifer Tariq

Members: \$12

Non-Members: \$13

Register by: 9/3/19

Owls are sometimes referred to as wise old owls or birds of mystery and folklore, but what's the real story behind these birds of prey? In this fall themed class, participants will learn about owls of Illinois through hands-on material followed by a nature inspired owl craft using natural and up-cycled materials.



INVISIBLY PRESENT: AGING & ADVOCACY

Friday September 13, 2019

2:00 - 3:30 PM

Location:

Lifespan Center
11021 E. Co. Rd. 800N
Charleston, IL

Instructor:

Jim Howley

Event is **FREE** and **OPEN** to the public!
Register by **9/10/19**

Subconsciously, do we all view older people in a certain way? Why are people treated as if they're invisible as they age? In this session, participants will learn key terms and concepts related to the erasure of older people's lives as well as strategies for serving as allies to and advocates for individuals as they age.

<https://www.psychologytoday.com/us/blog/21st-century-aging/200908/the-invisible-years>

GRAND PRAIRIE FRIENDS & WARBLER RIDGE

Wednesday September 18, 2019
3:30 - 5:00 PM

Location:

Charleston Public Library
712 Sixth Street
Charleston, IL

Instructor:

Dr. Fred Delcomyn and
Sarah Livesay

Event is **FREE** and **OPEN** to the public!
Register by **9/16/19**

Enjoy a photographic journey on Wednesday (followed by an on-site guided walk on Thursday), of Coles County's newest natural area. Join photographer and GPF Board Member, Fred Delcomyn, as he uses his photography to highlight the unique land forms, plants and animals of Warbler Ridge. Warbler Ridge Conservation area, located between Lake Charleston and Fox Ridge State Park, began when a private non-profit conservation organization, Grand Prairie Friends (GPF), purchased a 141-acre site in 2012. Seven years later, the site has grown to 1,000 acres and now includes nine acres of restored wetland, thousands of new trees and ten miles of trails for the public to enjoy along the meandering Embarras River.



GRAND PRAIRIE FRIENDS

GRAND PRAIRIE HIKE

Thursday September 19, 2019
10:00 - 11:30 AM

Location:

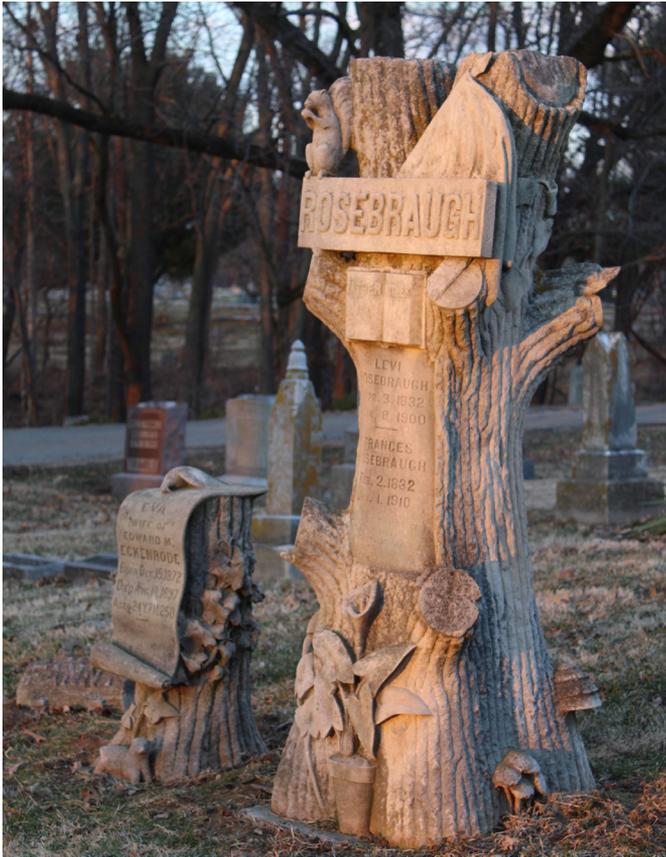
Warbler Ridge Conservation Area
17161 Daileyville Rd
Charleston, IL

Instructor:

Dr. Fred Delcomyn and
Sarah Livesay

Event is **FREE** and **OPEN** to the public!
Register by **9/18/19**

GPF Executive Director and Certified Interpretive Guide, Sarah Livesay, will lead a guided walk at the Warbler Ridge site. Fred Delcomyn will join the group on the walk ready to give photographic tips to those who want them. Participants should wear appropriate outdoor shoes and clothing and be prepared for one hour of moderate walking.



ARTS IN THE CEMETERY

Saturday September 28, 2019
10:30 AM - 5:00 PM

Location:
Charleston Public Library
712 Sixth Street
Charleston, IL

Instructor:
Paul and Kevin Baumann

Members: \$10
Non-Members: \$10
Register by **9/23/19**

Kevin and Paul Baumann, brothers, are very knowledgeable about local cemeteries and have visited other cemeteries in their travels internationally. They will start the day with a PowerPoint presentation on Tombstone Art. In the afternoon, Roselawn-Mound Cemetery and Old City Cemetery will be toured, with Paul and Kevin as guides. One just might hear bagpipes in the background and see re-enactments of moments in the life of pioneers who lived long ago. In case of rain, we will meet back in the library (after lunch on your own) for afternoon stories of art in the lives of those who lived here in Coles County long ago.



THE ROAD THAT BUILT THE NATION

Wednesday October 2, 2019
Noon - 1:30 PM

Location:
Charleston Public Library
712 Sixth Street
Charleston, IL

Instructor:
Molly Bellamey

Event is **FREE** and **OPEN** to the public!
Register by **10/1/2019**

Molly Bellamey, formerly on the National Road Association of Illinois Board of Directors, will educate on the purpose and funding of the road that began in 1811 in Cumberland, MD and ended in Vandalia, IL in 1837. She will describe pioneers who moved west, and how they managed the work and hardships of travel in the early 1800s. The National Scenic Byways Program will be examined along with things to see and do today along the Road in Illinois. Not to be missed, Molly's delightful children's book, Patch on the National Road, will be shared. Lucky attendees will go home with a copy!

**“LIVE YOUR BELIEFS AND YOU CAN
TURN THE WORLD AROUND.”**

HENRY DAVID THOREAU

BACKSTAGE WORLD OF COSTUME DESIGN

Friday October 4, 2019

1:30 - 3:00 PM

Location:

Doudna Fine Arts Center
Room 1020 (SE Corner)
1860 South Ninth Street
Charleston, IL

Instructor:

Karen Eisenhour

FREE and **OPEN** to the public!

Register by **10/1/19**

The glamour! The thrill of creating and selecting costumes to turn people into legends! You do their laundry, too ????. Take a tour of EIU Theatre's Costume Shop and explore how communication works with the design team to bring a production to life. See how every day items can be reimagined and gain a new life in the theatre as a mask, costumes and much more. You will never look at a live performance the same way again!



STRING QUILTS PAST TO PRESENT

Saturday October 5, 2019

9:00 AM - 3:00 PM

Location:

Mattoon Train Station
Lone Elm Room
1718 Broadway Ave
Mattoon, IL

Instructor:

Jamie Willis

Members: \$25

Non-members: \$29

Register by **9/25/19**

Join us for a lecture and workshop on the history and techniques of the humble String Quilt. Strips of scrap fabric, clothing, and anything cloth related were sewn together and referred to as 'strings'. Common amongst the thrifty quilter, these were useful and much loved for their warmth and artistry. We will follow the evolution of these String Quilts into the modern quilt movement today. Begin a small project with some basic sewing supplies as you design your own project with the basic string block. Listen, learn, and love to stitch? Bring a dish or snack to share at lunchtime and your drink, as we share stories of the quilts and quilters in our lives. Supply list will be sent to each registrant.



WHICH CAME FIRST?

Wednesday October 9, 2019

Noon - 1:30 PM

Location:

Charleston Public Library
712 Sixth Street
Charleston, IL

Instructor:

Terry Davis

Event is **FREE** and **OPEN** to the public!

Register by **10/8/2019**

Ever considered raising your own chickens for farm-fresh eggs and meat, or even to save money? Terry Davis will talk through the pros and cons that he's learned through his rather humorous experiences with this endeavor. He will discuss set up, types of coops, care and feeding requirements, and some of the ups & downs he has experienced. You may wonder if we've added stand up comedy to our educational events!

WOODS MANAGEMENT FOR THE PROPERTY OWNER

Saturday October 12, 2019

10:00 AM - Noon

Location:

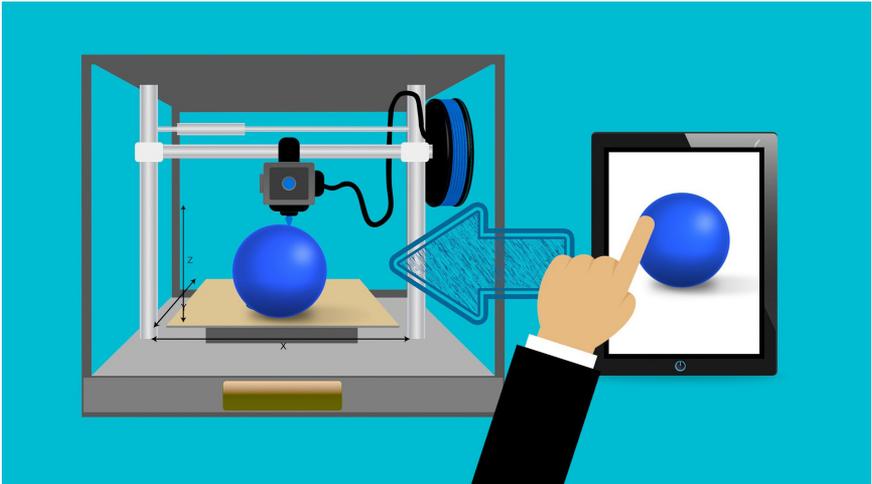
Douglas Hart Nature Center
2204 Dewitt Ave E
Mattoon, IL

Instructor:

Ian Pendergast-White

Register by **10/10/2019**

Join us again at Douglas Hart Nature Center for a session on how to manage your own property. Our guest presenter, Ian Pendergast-White, holds a master's degree in forestry and is an ISA certified arborist. Topics will include but are not limited to: invasive species management, timber stand improvement, water shed management, managing your property for wildlife, tools of the trade, and hazardous tree assessment. From half an acre to one thousand acres, no property or concern is too big or too small. Wear appropriate attire, as we plan to be outside for part of this educational session.



3D PRINTING, VIRTUAL REALITY & INNOVATION AT LAKE LAND COLLEGE

Friday October 18, 2019
1:30 - 3:00 PM

Location:
114-116 Webb Hall
Lake Land College
Mattoon, IL

Instructor:
Scott Rhine

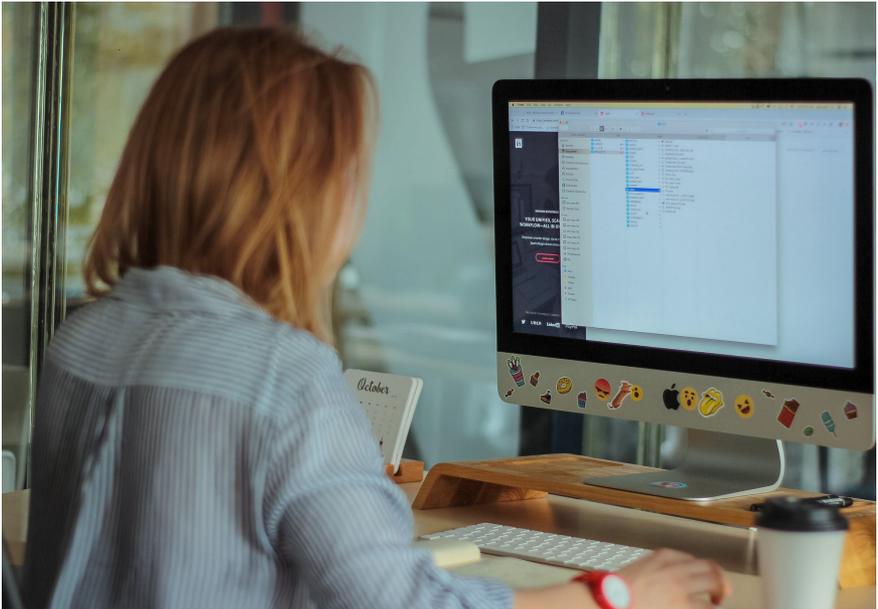
Event is **FREE** and **OPEN** to the public!
Register by **10/15/2019**

Come see and experience for yourself the cutting edge technology in both the Innovation and Virtual Reality Labs at Lake Land. The tours include 3D printing and the 'Fab Lab' prosthetics area in the Innovation Lab, home automation and IoT (Internet of Things) demos, a hands-on (or rather visor on) experience in the VR Lab and much more. Technology changes quickly so the tours may include even more awesome technology than is listed here. A very fun opportunity!

For questions or more information contact :
Scott Rhine - Lake Land College
srhine@lakelandcollege.edu

“DO SOMETHING TODAY YOUR FUTURE SELF WILL THANK YOU FOR”

SEAN PATRICK FLANERY



DIGITAL PHOTO STORAGE

Thursday October 24, 2019
10:00 AM - Noon

Location:

Gregg Technology Center
Eastern Illinois University
Charleston, IL

Instructor:

Jeff Cranstoun

Event is **FREE** and **OPEN** to the public!
Register by **10/17/2019**

Just in time for your holiday photos! This course introduces learners to purpose and methodologies of digital photography storage and management. Learners will have the opportunity to engage hands-on with a digital photo storage solution and explore its features and benefits. A Google account will be required to fully participate in the course, and it is preferred that learners arrive to the session with one created ahead of time. Assistance in creating a Google account prior to the start of the course can be found at the Academy office by appointment.

MYSTERY LOVERS ONE-TIME "BOOK CLUB"

Thursday October 24, 2019
2:00 - 4:00 PM

Location:

Charleston Public Library
Genealogy Conference Room
712 Sixth Street
Charleston, IL

Instructor:

Audrey Edwards

Event is **FREE** and **OPEN** to the public!
Register by **10/22/2019**

If you love to read mysteries and want to try some new authors, come trade recommendations at this one-time "book club." Tell the group about your favorite type of mystery--cosy, police procedural, period piece, suspense, foreign intrigue--and within that type, your favorite author and title. Or just listen if you prefer. Take home a list of authors and titles to try! Bring a snack to share (optional).

LAMOTTE & RIVERTON WABASH RIVER CULTURES

Wednesday October 30, 2019
Noon - 1:30 PM

Location:

Charleston Public Library
712 Sixth Street
Charleston, IL

Instructors:

Lynn Stephens, Stanley Stephens
Barb Ross

Event is **FREE** and **OPEN** to the public!
Register by **10/28/2019**

The Central Wabash Archaeological Society will educate us about the Lamotte Culture that inhabited the Wabash River valley during the middle Woodland period, and the Riverton Culture from the late Archaic period. The most cited technological distinction of this period was the widespread use of pottery, and the diversification of pottery forms, decorations, and manufacturing practices. A brief history of the CWAS chapter and museum in Robinson, IL will also be provided.



THE CULTURE OF TEA

Friday November 1, 2019

1:30 - 3:00 PM

Location:

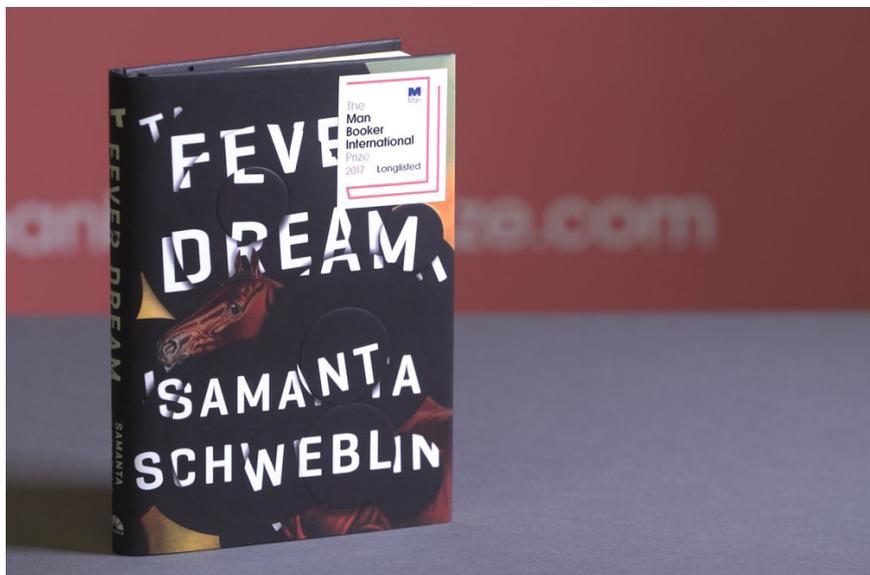
Café in 1414 Klehm Hall
Eastern Illinois University
Charleston, IL

Instructor:

Zhiwei Liu

Event is **FREE** and **OPEN** to the public!
Register by **10/28/2019**

Dr. Liu will briefly introduce the biological background of teas and the tea plant, the classification of teas and how they are made, and how to properly brew different kinds of teas. You will be then taken on a journey back into the Chinese history to find out how this little plant has become integrated in the Chinese culture, from poetry, to daily life of the average folks, and finally to become a government-controlled merchandise, and how these little leaves led the Middle Kingdom into a position to defend itself against invading western powers and eventually opened itself to the rest of the world, although reluctantly. While you immerse yourself in the fascinating stories of tea, you will be invited to taste several of Dr. Liu's favorite teas directly from China.



TARBLE READS

Tuesday November 5, 2019
5:00 - 6:00 PM

Location:
Tarble Arts Center
2010 9th St.
Charleston, IL

Event is **FREE** and **OPEN** to the public!
No registration!

Join us as we discuss Samanta Schweblin's *Fever Dream* (translated by Megan McDowell). This short novel is a surreal and haunting tale that explores the relationship between mother and child, blindspots in that relationship and how they are navigated. The backdrop that sets this narrative in motion is a small town that stands at odds with the large farming companies that dominate the landscape.

***“IF OPPORTUNITY DOESN'T KNOCK,
BUILD A DOOR.”***

MILTON BERLE



SUGAR: CAN'T LIVE WITH IT, CAN'T LIVE WITHOUT IT

Friday November 8, 2019
3:00 - 4:30 PM

Location:
3108 Blair Hall
Eastern Illinois University
Charleston, IL

Instructor:
Karen Reed

Event is **FREE** and **OPEN** to the public!
Register by **11/6/2019**

Why has sugar become such a hot topic of conversation recently? Is sugar really that bad for us? What do we really know about sugar, or need to know, if we are concerned about our health or want to live a healthier lifestyle? With so much information available from so many sources, it can get confusing. This candid talk about sugar will attempt to answer these common questions, sort out some of the confusion, and investigate where sugar might be hiding in foods you think, or the industry leads you to believe, are good for you.

THE JOY OF MEMOIR

Sunday November 10, 2019
1:30 - 3:30 PM

Location:
Charleston Public Library
712 Sixth Street
Charleston, IL

Event is **FREE** and **OPEN** to the public!
Register by **11/7/2019**

Before the hustle and bustle of the coming holiday season arrives plan to spend a relaxing Sunday afternoon with us, the Past~Forward Memoir Writers. Our members, all local writers, will entertain you with a full line up of stories that are funny, exciting, thought provoking, seasonal, or just quirky.

Not only is memoir a joy to write and read, but also hear, especially when presented by the author. Let us entertain you. Don't miss it!





UNIVERSITY ARCHIVES, SPECIAL COLLECTIONS & IRAD: AN INTRODUCTION

Tuesday November 12, 2019
10:00 - 11:30 AM

Location:

Booth Library
Room 1700 (south entrance)
Charleston, IL

Instructor:

Bill Schultz

Event is **FREE** and **OPEN** to the public!
Register by **11/11/2019**

Booth Library's University Archives & Special Collections and the Illinois Regional Archives Depository (IRAD) housed within it are unique resources on the EIU campus. The University Archives houses the 1895 Old Main time capsule, Garner Sheet Music Collection, and an oral history interview collection. The Archives serve to preserve University history through photographs, documents, faculty manuscript collections, and other diverse ephemera. Special Collections represent a broader range of resources, including postcard collections, regional history related resources, and rare bound volumes from as far back as the 17th century.

Bill Schultz, Jr., Cataloging Librarian who also serves as the Interim Head of the University Archives & Special Collections will provide an overview of the University Archives, Special Collections and IRAD. He will show examples of the types of records and documents that can be found in each area, discuss archival practices to organize and preserve such materials, and also present an orientation to this department's online archival resources. He will also touch on how individuals can take steps to preserve their own physical and digital collections. The session will include a tour of the University Archives.



EIU: THEN AND NOW - A PHOTOGRAPHIC TREASURY

Thursday November 14, 2019
6:00 - 7:30 PM

Location:

Booth Library
West Reading Room
Eastern Illinois University
Charleston, IL

Instructors:

Mac Corley, David Maurer,
and Terry Weidner

Event is **FREE** and **OPEN** to the public!
Register by **11/12/2019**

Join us for a ride in Eastern's "Wayback" machine. Fifty years ago, Professor of Botany Dr. Hiram Thut gave an illustrated talk entitled "EIU; Then and Now" to students in Pemberton Hall. The archived slides (now digitized) and an audio recording of a 1973 version of that lecture are the basis of this look back at Eastern from its 1899 campus plans through 1969 and today. Retired EIU faculty members Mac Corley, David Maurer, and Terry Weidner will offer commentary during the presentation.

***"PERFECTION IS NOT ATTAINABLE BUT
IF WE CHASE PERFECTION, WE CAN
CATCH EXCELLENCE."***

VINCE LOMBARDI

DEATH DOULAS: END OF LIFE ROLE

Thursday November 21, 2019
10:00 - 11:30 AM

Location:

2116 Blair Hall
Eastern Illinois University
Charleston, IL

Instructor:

Sheila Greuel

Event is **FREE** and **OPEN** to the public!
Register by **11/20/2019**

Now here is a new spin on an old practice. Come to this session to learn about the role of a doula for you and your family at the end of your life. Learn how they are trained, how they can be of assistance and how to obtain one. This is another way to inform yourself as to the options available to you for peace and comfort at the end of life.



LIFE IN VIETNAM - A PHOTOGRAPHIC EXPLORATION: 1965-66

Wednesday December 4, 2019
Noon - 1:30 PM

Location:

Charleston Public Library
712 Sixth Street
Charleston, IL

Instructor:

Michael Murphy

Event is **FREE** and **OPEN** to the public!
Register by **12/3/2019**

Michael Murphy will share photos he took during his tour of duty in the Marines. These photos show life in the country that includes landscapes, people, families moving through villages, soldiers and vehicles, and the ravages of war. You've not seen an inside look of Vietnam in the mid-60s like this, unless you lived there. Join us for a unique excursion through this beautiful and misunderstood country.

BECOME A MEMBER

The Academy is a learning community sponsored by the School of Extended Learning at Eastern Illinois University.

Learning with The Academy is open to any adult learner.

ACADEMY MEMBERSHIP PRICES

| | |
|--|-------|
| 1 YEAR MEMBERSHIP | \$45 |
| 2 YEAR MEMBERSHIP | \$80 |
| 3 YEAR MEMBERSHIP <small>BEST VALUE!</small> | \$105 |

COMPLIMENTARY BENEFITS

- Academy Pass
- Parking pass (on request) for on-campus Academy events
- Doudna Fine Arts Center discount for many music and theatre events
- EIU Bookstore discount of 10% on non-technology purchases

GIFT MEMBERSHIPS

A one-year membership for \$45 includes these benefits:

- Numerous free educational events
- Discounted pricing for Doudna Fine Arts Center performances
- Reduced registration price for events with a fee
- 10% discount at the EIU University Bookstore (excluding technology purchases)
- Complimentary tuition to audit one EIU credit course per semester

For more information, visit us online at www.eiu.edu/adulted/all.php

Contact the School of Extended Learning at 217-581-5114 or email us at academy@eiu.edu



DONATIONS

CONSIDER A DONATION In Support Of The Academy

**"WE MAKE A LIVING BY WHAT
WE GET, BUT WE MAKE A LIFE
BY WHAT WE GIVE."**

-Winston Churchill

The Academy of Lifelong Learning functions for the provision of non-credit learning and growth for adults who wish to remain active in a wide range of brain healthy ways. The EIU Foundation exists, in part, to enhance the educational activities of Eastern Illinois University students and employees by participating in and supporting academic and artistic programming through scholarships and grants.

Your tax-deductible donation, large or small, will help us continue to offer this programming. One of the best reasons to give is knowing that your gift will impact the local community.



Academy of Lifelong Learning - EIU Foundation Donation Form

I wish to make a donation in support of the EIU Academy of Lifelong Learning.

Name _____

Home Mailing Address _____

City _____

State _____

ZIP _____

Home Phone _____

E-mail Address _____

I wish to make a donation in the amount of:

\$25

\$50

\$100

Other \$ _____

Please apply my donation toward:

Designated purpose _____

General fund in support of Academy programming

My payment is enclosed:

Check (payable to EIU Foundation)

ck# _____

M/C

Discover

Card # _____

Visa

AMEX

Exp. Date _____

Total Charges _____

I authorize Eastern
Illinois University

to charge my credit card:

Cardholder Signature

MEMBERSHIP/COURSE REGISTRATION

Please complete both sides of this form if printed.

Name _____

Home Mailing Address _____

City _____ State _____ ZIP _____

Home Phone _____ E-mail Address _____

Emergency Contact Name _____ Phone _____

MEMBERSHIP DUES (non-refundable) Memberships run from Sept. 1 through Aug. 31.

- 1 Year - \$45 2 Year - \$80 3 Year - \$105

Please make your workshop selections using the checklist on the reverse of this form. When registering multiple persons, add the number of attendees for each event you've selected and list their names below:

ADDITIONAL ATTENDEES:

Guest #1 Name: _____

Guest #2 Name: _____

Guest #3 Name: _____

CANCELLATION POLICY, see p. 1

PAYMENT INFORMATION: Total Cost for My Workshop Choices:

- Cash M/C Visa Discover

Check (payable to EIU) Card # _____

Exp. Date _____ Total Charges _____

I authorize Eastern Illinois University to charge my credit card:

Cardholder Signature

Please mail your completed registration form with payment to the return address on the back cover.



FALL 2019 LEARNING OPPORTUNITIES

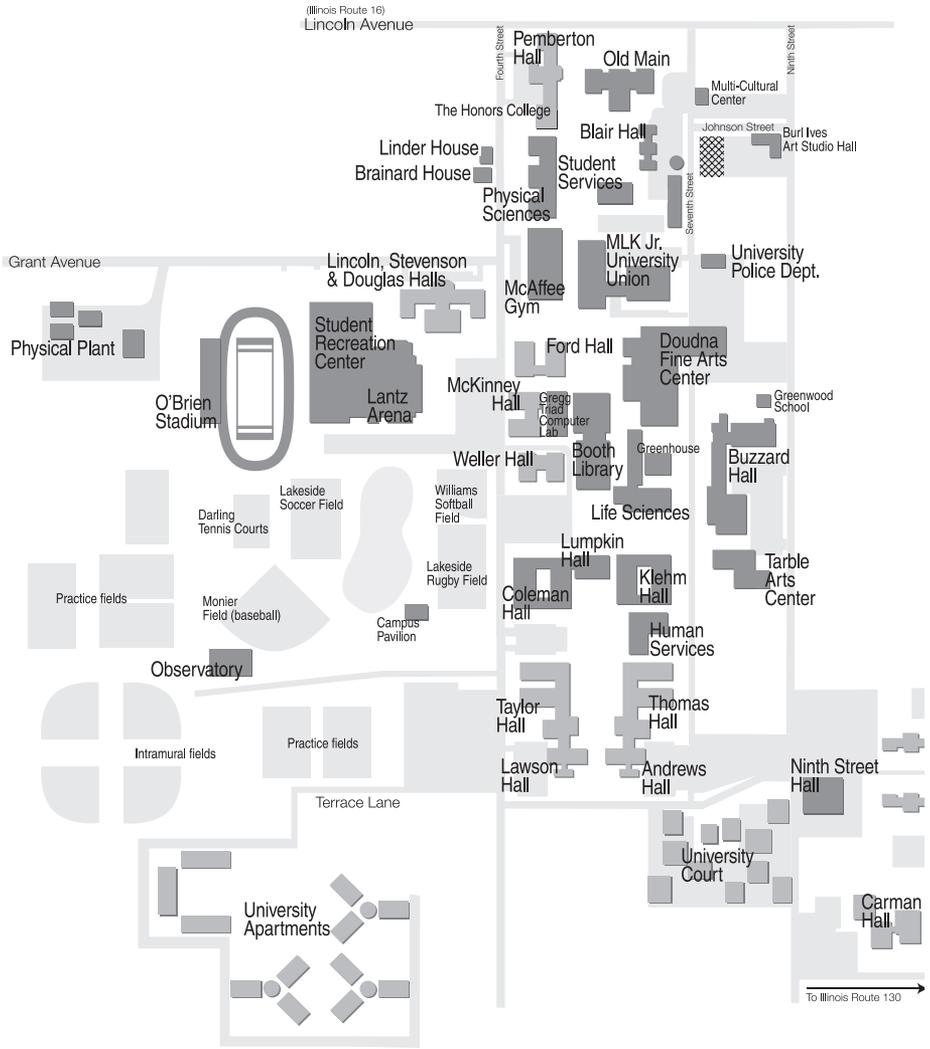
| Category | (X) attending | Date | Event Name | Member | Non-Member |
|--------------------------------|-------------------------------|---|---|--------|------------|
| DOUDNA FINE ARTS CENTER | <input type="checkbox"/> ____ | 9/19/19 (R) | Cocktail Hour: The Show | \$25 | \$25 |
| | <input type="checkbox"/> ____ | 9/20/19 (F) | Cocktail Hour: The Show | \$25 | \$25 |
| | <input type="checkbox"/> ____ | 10/18/19 (F) | Iris DeMent | \$12 | \$20 |
| | <input type="checkbox"/> ____ | 11/9/19 (S) | Churchill: A One Man Play | \$12 | \$20 |
| | <input type="checkbox"/> ____ | 11/14/19 (R) | The Vienna Boys' Choir | \$12 | \$20 |
| | <input type="checkbox"/> ____ | 11/15/19 (F) | The Secret Garden | \$12 | \$20 |
| | <input type="checkbox"/> ____ | 11/17/19 (Su) | The Secret Garden | \$12 | \$20 |
| LEARNING OPPORTUNITIES | <input type="checkbox"/> ____ | 8/20/19 (T) | Literary Divas | | |
| | <input type="checkbox"/> ____ | 8/22/19 (R) | Kankakee Sands | | |
| | <input type="checkbox"/> ____ | 8/26/19 (M) | Gallery Conversations: Fall Semester Exhibition Preview | | |
| | <input type="checkbox"/> ____ | 9/6/19 (F) | Owl Be Seeing You | \$12 | \$13 |
| | <input type="checkbox"/> ____ | 9/13/19 (F) | Invisibly Present: Aging and Advocacy | | |
| | <input type="checkbox"/> ____ | 9/18/19 (W) | Grand Prairie Friends and Warbler Ridge | | |
| | <input type="checkbox"/> ____ | 9/19/19 (R) | Grand Prairie Hike | | |
| | <input type="checkbox"/> ____ | 9/28/19 (Sa) | Art in the Cemeteries | \$10 | \$10 |
| | <input type="checkbox"/> ____ | 10/2/19 (W) | The Road That Built the Nation | | |
| | <input type="checkbox"/> ____ | 10/4/19 (F) | Backstage: World of Costume Design | | |
| | <input type="checkbox"/> ____ | 10/5/19 (S) | String Quilts: Past to Present | \$25 | \$29 |
| | <input type="checkbox"/> ____ | 10/9/19 (W) | Which Came First? | | |
| | <input type="checkbox"/> ____ | 10/12/19 (Sa) | Woods Management for the Property Owner | | |
| | <input type="checkbox"/> ____ | 10/18/19 (F) | 3D Printing, Virtual Reality and Innovation at Lakeland College | | |
| | <input type="checkbox"/> ____ | 10/24/19 (R) | Digital Photo Storage | | |
| | <input type="checkbox"/> ____ | 10/24/19 (R) | Mystery Lovers One-Time "Book Club" | | |
| | <input type="checkbox"/> ____ | 10/30/19 (W) | Lamotte & Riverton Wabash River Cultures | | |
| | <input type="checkbox"/> ____ | 11/1/19 (F) | The Culture of Tea | | |
| | <input type="checkbox"/> ____ | 11/8/19 (F) | Sugar: Can't Live With it, Can't Live Without It | | |
| | <input type="checkbox"/> ____ | 11/10/19 (Su) | The Joy of Memoir | | |
| <input type="checkbox"/> ____ | 11/12/19 (T) | University Archives, Special Collections, and IRAD: An Introduction | | | |
| <input type="checkbox"/> ____ | 11/14/19 (R) | EIU: Then and Now - A Photographic Treasury | | | |
| <input type="checkbox"/> ____ | 11/21/19 (R) | Death Doulas: End of Life Role | | | |
| <input type="checkbox"/> ____ | 12/4/19 (W) | Life in Vietnam - A Photographic Exploration: 1965-66 | | | |

TOTAL COST FOR MY WORKSHOP CHOICES: \$ _____

TAX DEDUCTIBLE DONATION: \$ _____

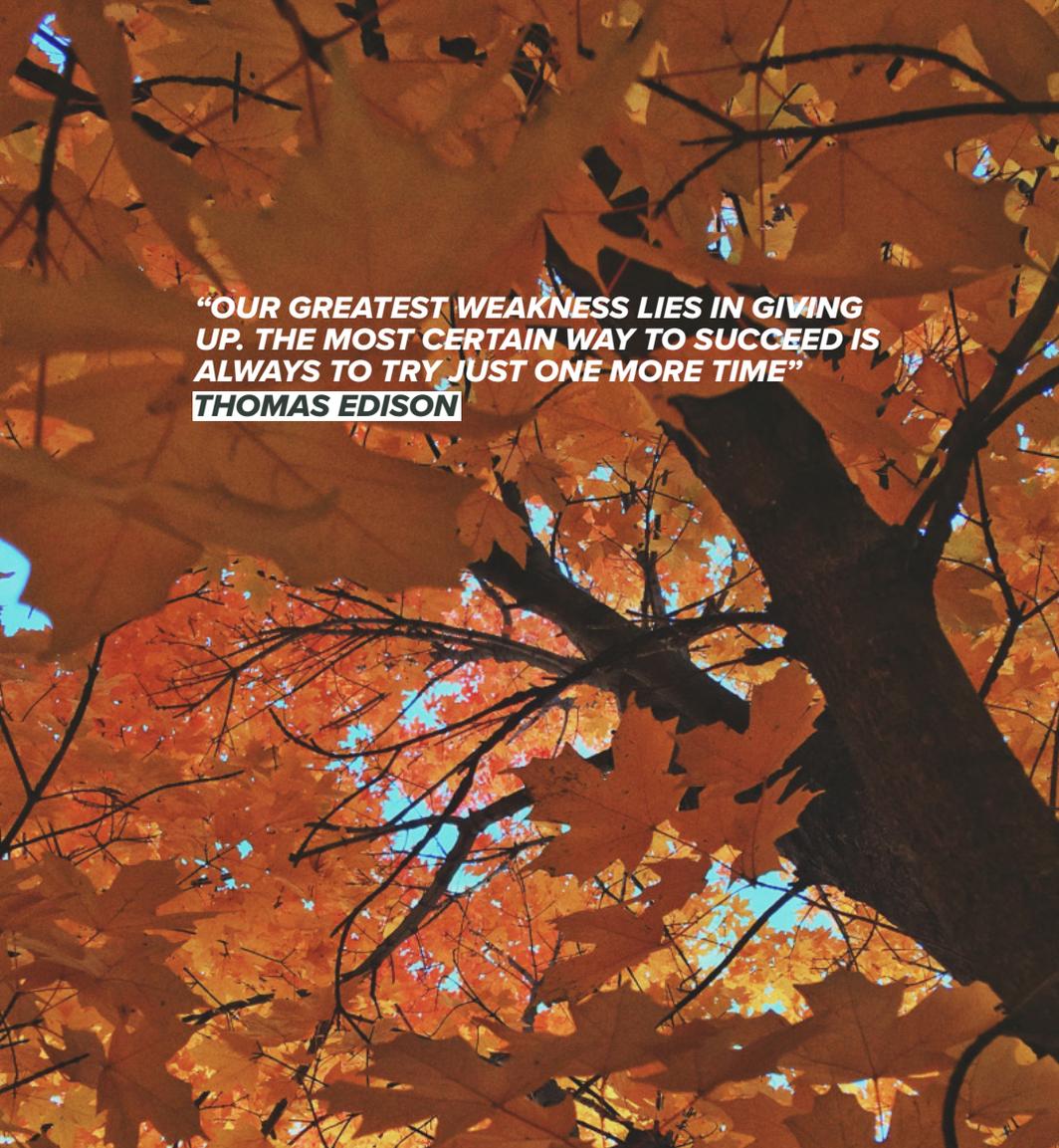
GRAND TOTAL \$ _____

EIU CAMPUS MAP



- Residential
- Academic/Instructional

Detailed campus maps are available for print or web viewing at www.eiu.edu/map



**“OUR GREATEST WEAKNESS LIES IN GIVING
UP. THE MOST CERTAIN WAY TO SUCCEED IS
ALWAYS TO TRY JUST ONE MORE TIME”**

THOMAS EDISON

Program Director
Marita Metzke

Phone
217-581-5114

Email
academy@eiu.edu

Academy of Lifelong Learning
Eastern Illinois University
600 Lincoln Avenue
Charleston, IL 61920