



Academy of Lifelong Learning



EASTERN ILLINOIS UNIVERSITY

WWW.EIU.EDU/ADULTED/ALL

Fall PROGRAM GUIDE 2018

Enjoyable, affordable
educational experiences
for people of all ages

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Visit us on the Web
www.eiu.edu/adulted/all.php

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SUPPORTING STAFF

Employees of the School of Extended Learning who work diligently for the benefit of the Academy:

Dr. Doug Bower, Dean	Peggy Hickox, Office Manager
Marita Metzke, Director	Bart Rettberg, Graphic Designer
Debbie Meadows, Registration Coordinator	

BIG NEWS

The biggest news for the Academy of Lifelong Learning is that we, along with the former School of Continuing Education, are now part of the College of Education. What it means is shared resources and better opportunities to partner for the benefit of learners of all ages.



PURPOSE OF THE ACADEMY

The Academy promotes the voluntary pursuit of knowledge to enhance our capacity to navigate the changing world. Established in 2007 to provide quality learning opportunities for area adults, we've changed many practices, including providing most events and classes free and open to the public.

The \$45 annual membership fee supports the creation of new programming each semester. Members may take a full-semester audit class each semester at EIU without tuition or fees! What are you waiting for?

WHY DO I NEED TO REGISTER IF EVENTS ARE FREE?

Registrations are a courtesy to presenters, as seating and handouts are planned in advance. This also allows us to track the number of people attending each event, so we can plan forward in accordance with learner's preferences.

REGISTRATION & REFUND POLICY

Registrations and payments are confirmed by email. Payment is required at the time of registration by credit or debit card, cash, or check. In the event a course is cancelled due to low enrollment or circumstance beyond the Academy's control, members will be notified by email or by phone (if same day as event). Refunds will be automatically issued. Refunds are not issued for non-attendance.

ACADEMY ADVISORY COUNCIL

The Council is composed of community members who volunteer to offer advice and diverse perspectives to the Academy on strategic direction, quality improvement, and assessment of program effectiveness. We are grateful for their impact and service:

Kathy Black	Jana Johnson	Carolyn Stephens
Bonnie Buckley	Janet Messenger	Dr. Andrew White
Lois Dickenson	<i>Chair</i>	Cindy White
Diana Glosser	Michael Murphy	Luz Whittenbarger
<i>Past Chair</i>	Deanna Smith	
Kathy Hummel	Terry Smith	

VOLUNTEER OPPORTUNITIES

Care Choir

The Care Choir provides a soothing presence and comfort to Hospice patients and families with short, peaceful serenades of a cappella songs. Care Choir is dispatched to care facilities in the Charleston-Mattoon area at the request of patients or family members. Lincolnland Hospice of Sarah Bush Lincoln coordinates the visits. If you would like to participate in Care Choir, please contact the Academy of Lifelong Learning at Eastern Illinois University, 217-581-5114 or academy@eiu.edu.

The Douglas-Hart Nature Center

2204 Dewitt Avenue East, Mattoon – The Nature Center is home to over 70 acres of restored Illinois habitats, about 2 miles of hiking trails, and a visitor center housing live animals, toys, books, and displays. Our vital team of Weekend Host Volunteers staff the visitor center for three hours at-a-time on Saturdays and Sundays. Volunteers enjoy greeting visitors, answering the phone, and watching the birds & wildlife during their shift. If you are interested in becoming a Weekend Host, or would like to do a one-time trial shift to see what it is like, please contact the Nature Center at 217-235-4644.

Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in.

- Author Unknown

The Habitat for Humanity ReStore

520 W. Lincoln Avenue, Charleston — The ReStore sells donated items to support the mission of providing decent, affordable housing to qualified residents of Coles County. Volunteer help is needed for sorting, organizing, and cleaning. Academy members and friends are encouraged to help any time that suits your schedule. Contact the store at 217-348-7066 for additional information.

Standing Stone Community Center

375 N. 14th Street, Charleston – This non-profit resale ministry features food, clothing, books, toys, and furniture to fulfill unmet needs through their multi-faceted, Christ-centered outreach. Help is needed to sort donations, distribute food pantry items, organize inventory, and serve customers. The School of Extended Learning collects new hotel size soaps, shampoos, toothpaste, etc., throughout the year to offer Standing Stone beneficiaries because these items are not available through SNAP. Call 217-549-3378 for details.

Tarble Arts Center Docents

2010 9th St., Charleston – The Tarble Arts Center is a major cultural arts resource serving east central Illinois. Currently, the Tarble is seeking docents, who are trained volunteers to lead tours and other activities for school and community groups. Serving as a docent can open up many opportunities for those who are interested in art. For more information, please contact the Tarble Arts Center at 217-581-2787 or email tarble@eiu.edu.

**"Where words fail,
music speaks."**

— Hans Christian Andersen

Care
choir

**Provide a
peaceful respite for
local hospice patients
and their families.**

The objective of Care Choir is to provide a soothing presence and comfort to Hospice patients and families during a difficult time with short, peaceful serenades of familiar a cappella songs. Lincolnland Hospice of Sarah Bush Lincoln provides copies of music and coordinates the list of patients.

In addition, other residents of the long-term care facilities in Charleston and Mattoon gather in the common room to hear us sing hymns and golden oldies to them. We alternate between the two cities, singing twice per month. Attendance in the Choir is on a "come when you are able" basis.

If you find joy in music and/or feel called to provide comfort to hospice patients, please consider lending your voice to Care Choir.

Volunteers agree to:

- Half-day training required for working with Hospice;
- Provide email address for communications regarding Care Choir events;
- Healthcare Worker Fingerprint/Background Check, TB test, Hepatitis B and MMR vaccinations (all provided *at no cost* by Sarah Bush Lincoln Health Services)

If you would like to participate in Care Choir, please contact the **Academy of Lifelong Learning** at Eastern Illinois University, **217-581-5114** or by email at academy@eiu.edu

Inspired by Threshold Choir thresholdsingers.org, a non-profit group.

ACADEMY PROVIDES MEMBERS THE OPPORTUNITY TO ENROLL IN EIU CLASSES THROUGH THE ACADEMY PASS



CAROLYN STEPHENS

“

Have you ever told a friend that you “wanted to do something?” Then that friend called you on it?

When Marita Metzke, Program Director of Academy of Lifelong Learning, learned that I had retired she called me and reminded me that I had told her that I wanted to audit a class at Eastern when I had the time. Caught off guard, my thoughts wandered off to all the things I wanted to learn.

One of my failures in life was that I could not play the piano like I wanted to. I have had over 30 years of piano lessons with wonderful teachers, yet never felt like I could play acceptably. I love Classical music and struggled every time I sat down at a piano to play Beethoven, Bach, Schubert, or any of the wonderful classical composers.

I asked Marita if it would be possible to take classical piano at EIU. She said she would check it out for me. When she got back to me, she had all the approvals needed, enrolled me with Dr. Jonathan Bowman in the Music Department, had dates, parking passes, and much encouragement for me to achieve my goal.

Whew, I thought. Now how am I going to handle this?

When I met with Dr. Bowman the first time I told him right up front that I had had years and years of piano yet could not play. He informed me, “You will.”

After a semester of taking Dr. Bowman's Classical Music Class I no longer can say, “I can't play.” No excuses with this Professor and no manipulation. I learned about ergonomics of sitting at a piano, finger exercises, counting, techniques, and how to just take “one page at a time” and even breaking that page down to right hand first, left hand, then together, one measure at a time.

I, fortunately, could read notes pretty well, so this helped a lot. Concentration on rhythm was something that I wanted to learn, and we also focused on that. I was a percussionist in high school band and was good at rhythm way back then. Somewhere along life's path, I lost this skill. Today, I can count again.

I am now very comfortable sitting at the piano and I feel very successful in what I have accomplished. I can even play the piano standing or sitting on the floor. Amazing! More amazing is that I am working on learning theory and adding contemporary classical music to my repertoire.

Thank you, Marita and Academy of Lifelong Learning, for giving me an opportunity to succeed in something I had felt such a failure at.

- Carolyn Stephens

”

EIU ACADEMY PASS

The Academy for Lifelong Learning offers members the opportunity to take a traditional undergraduate course at EIU without tuition or tests through EIU Academy Pass.

This is your perfect opportunity to study most any subject you choose over a full semester. Academy members may register for one audited college course per semester without tuition or fees. Our ability to place members in each course depends upon open seats, and EIU degree seeking students naturally come first.

Key Points:

- Registration is managed by Academy staff during the two weeks prior to each new semester and is based on seat availability.
- Individual instructors determine the level of involvement expected from students who are auditing a course.
- Your insights and observations are generally welcome, understanding there is a diverse group of students in each course.
- As an Academy Pass student, you will have the benefit of an EIU email account.
- Complimentary access to www.Lynda.com, an online learning resource that offers business, software, technology and creative skills classes is included. \$360 value.
- Your requests for specific courses will be accepted throughout the year by emailing us at: academy@eiu.edu and we will make every effort to accommodate your wishes.

For additional information or help with the Academy Pass, please contact our staff at 217-581-5114.

*You suddenly understand something you
understood all your life, but in a new way.
That's what learning is.*

- Doris Lessing

CALENDAR OF EVENTS

AUGUST - DECEMBER

THE MAFIA AND THE OVAL OFFICE

AUGUST / SEPTEMBER

☐ THE MAFIA AND THE OVAL OFFICE PG. 27

Thursdays - August 23, August 30, and September 6, 2018
Noon - 1:00 pm
EIU Campus
2116 Blair Hall
Charleston, IL 61920

☐ PAST-FORWARD MEMOIR WRITING PG. 18

Day Group: Fridays - August 31, September 28, October 26, November 30, and December (Date TBA), 2018
1:00 - 3:00 pm
Charleston Carnegie Public Library
712 6th Street
Charleston, IL 61920

Evening Group: Tuesdays - August 14, September 11, October 9, November 13, and December 11, 2018
6:00 - 8:00 pm
Wesley United Methodist Church Parlor
2206 4th Street
Charleston, IL 61920

☐ LITERARY DIVAS PG. 19

Tuesday - September 4, 2018
4:00 - 5:30 pm
County Market
551 West Lincoln Avenue
Charleston, IL 61920

☐ RESPECTING CHOICES - FIRST STEPS PG. 24

Friday - September 7, 2018
10:00 - 11:00 am
Wesley United Methodist Church
2206 4th Street
Charleston, IL 61920

☐ INCENDIO PG. 14

Saturday - September 8, 2018
7:30 pm
Doudna Fine Arts Center
Dvorak Concert Hall
1860 7th Street
Charleston, IL 61920

WALKING TOUR OF HISTORIC CHARLESTON

SEPTEMBER

☐ THE FLU THEN AND NOW: 1918 - 2018 PG. 27

Thursday - September 13, 2018
7:00 pm
EIU Booth Library
West Reading Room
Charleston, IL 61920

☐ M-PACT PG. 15

Saturday - September 15, 2018
7:30 pm
Doudna Fine Arts Center
Dvorak Concert Hall
1860 7th Street
Charleston, IL 61920

☐ WALKING TOUR OF HISTORIC CHARLESTON PG. 28

Saturday - September 22, 2018
10:30 am - Noon
Ambero Antiques
514 6th Street
Charleston, IL 61920

☐ BIRDING IN THE AGE OF ECONOMIC ORNITHOLOGY PG. 21

Tuesday - September 25, 2018
6:00 pm
Douglas-Hart Nature Center
2204 DeWitt Avenue East
Mattoon, IL 61938

☐ ADVANCED DIRECTIVE? POWER OF ATTORNEY? FAQs PG. 25

Wednesday - September 26, 2018
Noon - 1:30 pm
Charleston Public Library
712 6th Street
Charleston, IL 61920

☐ LYNCH FARM PG. 28

Saturday - September 29, 2018
9:30 - 11:00 am
6200 North County Road 1550 East (south University Drive)
Charleston, IL 61920



PAVLO

OCTOBER / NOVEMBER

☐ **CARTWRIGHT & MONROE** PG. 28

Wednesday - October 3, 2018
Noon - 1:30 pm
Charleston Public Library
712 Sixth Street
Charleston, IL 61920

☐ **MEDITATION** PG. 25

Thursdays - October 4, October 11,
and October 18, 2018
4:00 - 5:30 pm
DAATA Center
1113 Lincoln Avenue
Charleston, IL 61920

☐ **FALL FESTIVAL** PG. 29

Sunday - October 7, 2018
1:00 - 4:00 pm
Five Mile House
4810 Illinois Route 130
Charleston, IL 61920

☐ **DRONES** PG. 22

Tuesday - October 9, 2018
3:30 - 5:00 pm
1125 Klehm Hall - EIU Campus
Charleston, IL 61920

☐ **PAVLO** PG. 15

Wednesday - October 10, 2018
7:30 pm
Doudna Fine Arts Center
Dvorak Concert Hall
1860 7th Street
Charleston, IL 61920

☐ **LANDSCAPE OF GUITAR** PG. 16

Thursday - October 15, 2018
7:30 pm
Doudna Fine Arts Center
Dvorak Concert Hall
1860 7th Street
Charleston, IL 61920

☐ **PUBLISHING:
A WORKSHOP** PG. 19

Wednesday - October 17, 2018
1:00 - 3:00 pm
Lifespan Center Auditorium
11021 East County Road 800 North
Charleston, IL 61920



WINE & WINDS

OCTOBER / NOVEMBER

☐ **THE ANTIQUE MYSTIQUE** PG. 29

Tuesday - October 23, 2018
10:30 - 11:30 am
Copper Eagle
222 Madison Avenue
Charleston, IL 61920

☐ **THE CULTURE OF COFFEE** PG. 20

Friday - October 26, 2018
10:00 - 11:30 am
The Cafe'
1414 Klehm Hall - EIU Campus
Charleston, IL 61920

☐ **GRANDMA TOLD ME...** PG. 29

Mondays - October 29, November 5,
and November 12, 2018
4:00 - 6:00 pm
4450 Booth Library - EIU Campus
Charleston, IL 61920

☐ **BLIND AS A BAT?** PG. 23

Wednesday - October 31, 2018
3:00 - 4:30 pm
MLK Jr. University Union
Martinsville Room (3rd Floor)
1720 7th Street
Charleston, IL 61920

☐ **WINE & WINDS** PG. 30

Thursday - November 1, 2018
6:00 - 8:00 pm
Charleston Country Club
8355 Country Club Road
Charleston, IL 61920

☐ **PEPITA'S POINSETTIA:
ACRYLIC PAINTING** PG. 17

Saturday - November 3, 2018
9:00 am - Noon
Douglas-Hart Nature Center
2204 DeWitt Avenue East
Mattoon, IL 61938



EIU RECYCLES

NOVEMBER

□ YESTERYEAR, YESTERDAY, OR JUST A MINUTE AGO: A READING BY PAST FORWARD MEMOIR WRITERS PG. 20

Sunday - November 4, 2018
1:30 - 3:00 pm
Charleston Public Library
712 Sixth Street
Charleston, IL 61920

□ EIU RECYCLES PG. 23

Wednesday - November 7, 2018
9:00 - 10:00 am
CCAR Industries
1530 Lincoln Avenue
Charleston, IL 61920

□ 9 TO 5: THE MUSICAL PG. 17

Thursday-Sunday - November 8, November 9, November 10 and November 11, 2018
7:30 pm (Sunday 2 pm matinee)
Doudna Fine Arts Center
The Theatre
1860 7th Street
Charleston, IL 61920

□ IS "ENTITLEMENT" A FOUR-LETTER WORD? PG. 26

Thursdays - November 8 and November 15, 2018
3:30 - 5:00 pm
MLK Jr. University Union
The Loft (Lower Level)
1720 7th Street
Charleston, IL 61920

□ INTERNATIONAL EDUCATION WEEK PG. 31

November 9-15, 2018

□ PATIENT ADVOCACY PG. 26

Wednesday - November 14, 2018
1:00 - 2:30 pm
Lifespan Center Auditorium
11021 East County Road 800 North
Charleston, IL 61920

NOVEMBER / DECEMBER

□ BURL IVES AND THE STUDIO PG. 30

Wednesday - November 28, 2018
10:00 - 11:30 am
Burl Ives Art Studio
1602 9th Street
Charleston, IL 61920

□ ST. LOUIS BALLET PG. 17

Saturday - December 1, 2018
7:30 pm
Doudna Fine Arts Center
The Theatre
1860 7th Street
Charleston, IL 61920

There is no end to education. It is not that you read a book, pass an examination, and finish with education. The whole of life, from the moment you are born to the moment you die, is a process of learning.

- Jiddu Krishnamurti

EIU RESOURCES FOR FUN AND LEARNING

EIU Booth Library

Become a library patron! EIU Booth Library offers Community Borrower cards to Illinois residents over age 18. For more information, contact Circulation at 217-581-6071 or visit www.library.eiu.edu/circ/communityborrowers.html

Eastern Illinois University Calendar

The EIU calendar documents events that are of interest to the community, as well as students and faculty. <https://www.eiu.edu/calendar/>

Doudna Fine Arts Center

World-renowned musical acts are a staple of Doudna Fine Arts Center's performance schedule; incredible talents representing a number of genres grace the stages of the Doudna every year. Contact the Academy (academy@eiu.edu) or 581-5114 for member pricing on any event

Tarble Arts Center

The Tarble Arts Center (TAC) is a major arts resource for the people of Central Illinois and Eastern Illinois University that primarily focuses on the visual arts. TAC is dedicated to taking the arts to the people of Central Illinois and beyond in new and exciting ways.



M-PACT

THE ARTS

INCENDIO

Saturday - September 8, 2018
7:30 pm

Location:
 Doudna Fine Arts Center
 Dvorak Concert Hall
 1860 7th Street
 Charleston, IL 61920

Academy Member: \$9
Non-Member: \$16

Register by **8/24/18**

Incendio, (which means "fire" in Italian, Portuguese, and Spanish) is instrumental world music. The primary "voice" of the band is the guitar, but to say the music of Incendio is solely guitar music would be an oversimplification. The guitar is certainly present, but other instruments such as the mandolin, bouzouki, violin, Celtic harp, piano, bass, synthesizer and various ethnic percussion instruments play a huge role in the ensemble's sound.

M-PACT

Saturday - September 15, 2018
7:30 pm

Location:
 Doudna Fine Arts Center
 Dvorak Concert Hall
 1860 7th Street
 Charleston, IL 61920

Academy Member: \$9
Non-Member: \$16

Register by **8/31/18**

From the beginning, the "pact" of these well-studied masters has been to stay true to music, regardless of style or genre. Their sophisticated sound and accessible appeal have garnered vast accolades. Around the globe, audiences are mesmerized by the thrill of **m-pact's** vocal acrobatics, innovative orchestrations, and commanding yet authentic stage presence. Unknowing ears of all ages come expecting entertainment, but leave enriched from an indescribable experience: the musical journey across Technicolor soundscapes produced by this "Cirque du Soleil of song".

PAVLO

Wednesday - October 10, 2018
7:30 pm

Location:
 Doudna Fine Arts Center
 Dvorak Concert Hall
 1860 7th Street
 Charleston, IL 61920

Academy Member: \$9
Non-Member: \$16

Register by **9/25/18**

Born in Toronto to Greek parents, **Pavlo** has made a name for himself by offering a musical amalgam he calls "Mediterranean music" – a blend of Greek, flamenco, Latin, and even Balkan flavors, wrapped in contemporary pop. Over the span of his 20-year career, Pavlo, the internationally renowned, award-winning recording artist, performer and songwriter, has released 11 albums of his own music.



INCENDIO

LANDSCAPE OF GUITAR

Thursday - October 25, 2018
7:30 pm

Location:

Doudna Fine Arts Center
Dvorak Concert Hall
1860 7th Street
Charleston, IL 61920

Academy Member: \$9
Non-Member: \$16

Register by **10/10/18**

The **Landscape of Guitar** is a groundbreaking art & music production. Animated paintings are sung to life as guitar birds fly over rolling guitar rivers and vivid guitar worlds in stunning HD. Award winning singer-songwriters Patchouli & Terra Guitarra "one of the top nuevo-flamenco groups in the world" ZMR, create a live symphony of color & sound to "inspire the human spirit" Chicago Tribune. Experience the harmonies of Simon & Garfunkel, the guitars of the Gipsy Kings and the colors of Van Gogh.



PEPITA'S POINSETTIA

PEPITA'S POINSETTIA: ACRYLIC PAINTING

Saturday - November 3, 2018
9:00 am - Noon

Location:

Douglas-Hart Nature Center
2204 DeWitt Avenue East
Mattoon, IL 61938

Instructor:

Jessica Mertz

Academy Member: \$29
Non-Member: \$34

Register by **10/26/18**

According to Mexican legend, a poor young girl named Pepita brought a bouquet of weeds to gift the baby Jesus. As she knelt by His manger the weeds suddenly burst into bright red flowers, thereafter known as "Flores de Noche Buena," or Flowers of the Holy Night. We know them as the poinsettia and will be using acrylic paints to create our own 11 x 14 masterpiece. Join us as we learn about the relationship of complementary colors in this fun and educational painting class.

9 TO 5: THE MUSICAL

**Thursday - Sunday - November 8,
November 9, November 10, and
November 11**
7:30 pm (Sunday 2 pm matinee)

Location:

Doudna Fine Arts Center
The Theatre
1860 7th Street
Charleston, IL 61920

Academy Member: \$9
Non-Member: \$16

Register by **10/25/18**

ST. LOUIS BALLET

Saturday - December 1, 2018
7:30 pm

Location:

Doudna Fine Arts Center
The Theatre
1860 7th Street
Charleston, IL 61920

Academy Member: \$25
Non-Member: \$30

Register by **11/15/18**



ENRICHMENT

PAST-FORWARD MEMOIR WRITING GROUP

Day Group:

**Fridays - August 31, September 28,
October 26, November 30, and
December (Date TBD), 2018**
1:00 - 3:00 pm

Day Group Location:

Charleston Carnegie
Public Library
712 6th Street
Charleston, IL 61920

Evening Group:


**Tuesdays - August 14, September 11,
October 9, November 13, and
December 11, 2018**
6:00 - 8:00 pm

Evening Group Location:

Wesley United Methodist Church Parlor
2206 4th Street
Charleston, IL 61920

Memoirs are memories written in story form. They may be events from childhood, things you learned from a job or a mentor, or an experience that strikes you as thought provoking. Both groups welcome new members who have an interest in writing and developing their skill levels.

- **Day Group Instructor:** Janet
jmess1@consolidated.net
- **Evening Group Instructor:** Daiva
dmmarkelis@eiu.edu

 *Past~Forward*
MEMOIR WRITING GROUP

Events **FREE** and **OPEN** to the public!
No registration required

LITERARY DIVAS

Tuesday - September 4, 2018
4:00 - 5:30 pm

Location:

County Market
551 West Lincoln Avenue
Charleston, IL 61920

Instructor: Marita Metzke

Event **FREE** and **OPEN** to the public!
Register by **8/31/18**

A variety of book genres are selected by the group, discussing themes, protagonists, and lessons learned. We will start the semester on September 4th, with *The Great Alone* by Kristin Hannah. Meetings are alternate Tuesdays through December 11, 2018. Seating is limited to a maximum of 12. Call for availability.

PUBLISHING: A WORKSHOP

Wednesday - October 17, 2018
1:00 - 3:00 pm

Location:

Lifespan Center Auditorium
11021 East County Road 800 North
Charleston, IL 61920

Instructors: Daiva Markelis, Mary Maddox,
and Michael Murphy

Event **FREE** and **OPEN** to the public!
Register by **10/15/18**

A panel of three writers who have published their work will share their wisdom and experiences. This discussion is essential for anyone who writes, wants to publish or is interested in the publishing process and how to make it work.

- **Daiva Markelis** ... Publishing vs. self-publishing
- **Mary Maddox** ... Physical book production —cover, interior and ebook conversion
- **Michael Murphy** ... Self-publishing with CreateSpace, professional editing, and other benefits



THE CULTURE OF COFFEE

Friday - October 26, 2018
10:00 - 11:30 am

Location:

The Cafe' on EIU's Campus
 1414 Klehm Hall
 Charleston, IL 61920

Instructor: Rick Wilkinson

Event **FREE** and **OPEN** to the public!
 Register by **10/16/18**

Do you enjoy a hot cup of coffee or tea? Most of us do! Are you curious about the coffee culture that has developed in the last twenty years? And are you familiar with the history of these two beverages? Join us for a presentation of these topics and more! A beverage and light snack will be offered to each attendee, at no charge. Seating is limited to 20, so register early! Academy members should use their Academy parking passes; non-members may obtain a parking pass through the EIU Police Department (7th and Grant).



YESTERYEAR, YESTERDAY, OR JUST A MINUTE AGO ...

Sunday - November 4, 2018
1:30 - 3:00 pm

Location:

Charleston Public Library
 712 Sixth Street
 Charleston, IL 61920

Event **FREE** and **OPEN** to the public!
No registration required

You don't have to travel far to take a trip down memory lane. The members of Coles County's **Past Forward Memoir Group** will be celebrating their tenth anniversary with a reading of stories and reflections about life's unforgettable moments. Join us to hear selections as diverse as the authors who penned them — serious, humorous, quirky, and the unexpected will all be on the menu. We'd love to share an afternoon of memories with you — and cookies will be served!

ENVIRONMENT & SCIENCE

BIRDING

BIRDING IN THE AGE OF ECONOMIC ORNITHOLOGY

Tuesday - September 25, 2018
6:00 pm

Location:

Douglas-Hart Nature Center
 2204 DeWitt Avenue East
 Mattoon, IL 61938

Instructor: Kristin Hoganson, University of Illinois Professor of History & Author

Event **FREE** and **OPEN** to the public!
 Register by **9/20/18**

Even before the rise of commercial air travel and ballistic missiles, air brought to mind direct connections with distant parts of the world more readily than land and water did. This presentation will explore several interrelated aspects of the influences of birds and bird migrations upon Illinoisans' geographic and environmental perceptions during the first century of Illinois's statehood.

First, rural Illinoisans paid considerable attention to wild birds, both as sources of food and as allies in the war against insect pests before effective synthetic pesticides. Second, a sense that bird populations were declining due to habitat loss and hunting led to increased efforts to figure out bird migrations. Third, those who worked to understand migration did so through vast collaborative webs. Fourth, ornithological studies drew attention to connections to distant places. Finally, understandings of bird migrations were influenced by politics insofar as birders tended to consider North America north of Mexico as a main unit of study (thereby distorting the ranges of many birds) and tended to displace blame for declining bird populations.

DRONES

Tuesday - October 9, 2018
3:30 - 5:00 pm

Location:

The Cafe'
1125 Klehm Hall - EIU Campus
Charleston, IL 61920

Instructor: Dr. Gabe Grant

Register by **10/8/18**



The topic of UAV's is quite popular in society today with both hobbyists and organizations. 700,000 consumer UAV's were sold in 2015. Just over \$2 billion was spent on UAV's in 2016, with the economic impact reaching over \$4 billion. With their popularity, practical purposes are still being deciphered by these multiple entities.

Examples of applications in construction, agriculture, distribution, law enforcement, and energy industries are plentiful. Major points:

- Description of UAV types
- Regulatory boundaries and licensing
- Technological limitations of various UAV's and image capture
- Current and future applications of UAV's

This presentation identifies techniques and applications being utilized by photographers, videographers, advertising, media, and marketing specialists in operation of UAV's. Additionally, those that educate in the field of graphics will be able to ascertain differences between the respective technology providers, examine boundaries set forth by regulatory agencies and image capture.

*Don't gain the world and lose your soul;
wisdom is better than silver or gold..*

- Bob Marley

BLIND AS A BAT?

Wednesday - October 31, 2018
3:00 - 4:30 pm

Location:

MLK Jr. University Union
Martinsville Room (3rd Floor)
1720 7th Street
Charleston, IL 61920

Instructor: Ashleigh Cable

Event **FREE** and **OPEN** to the public!
Register by **10/29/18**

As Halloween approaches, bats are common images that may evoke feelings of fear and curiosity. They aren't blind, dirty or pests. They are, however, critical to many ecosystems and the only true flying mammal. They pollinate plants, distribute seeds, can eat thousands of insects daily, and serve as prey to other animals. Their unique features continue to inspire scientific discoveries, like their membrane wings and echolocation have inspired technological advances in engineering. Learn more about Illinois bats, current research and Citizen Science opportunities.



EIU RECYCLES

Wednesday - November 7, 2018
9:00 - 10:00 am

Location:

CCAR Industries
1530 Lincoln Avenue
Charleston, IL 61920

Instructor: Heidi Logue

Event **FREE** and **OPEN** to the public!
Register by **11/5/18**

The Lincoln Avenue Recycling Program processes Eastern's recycling with 50+ other customers in our area. Initially, Eastern Illinois University was the program's primary source of recycling materials. Over the years, the program has had an increasing number of area businesses and private residents contribute materials to the effort. The Lincoln Avenue Center focuses on enhancing basic work skills and adult daily living skills for citizens with developmental disabilities and/or other functional limitations in a structured environment. Come to learn about the operation & benefits to the community and see pride in action.

ADVANCED DIRECTIVE? POWER OF ATTORNEY? FAQs

HEALTH & WELLBEING

RESPECTING CHOICES - FIRST STEPS

Friday - September 7, 2018
10:00 - 11:00 am

Location:
 Wesley Methodist Church
 2206 4th Street
 Charleston, IL 61920

Instructor: Sheila Greuel

Event **FREE** and **OPEN** to the public!
 Register by **9/6/18**

This 45 min. presentation will provide information about the evidence-based Respecting Choices, First Steps Advanced Care Planning Program. When done well, advance care planning conversations have the power to promote quality care and individual/patient and family satisfaction with their care. Learning about this program will help the learner to know where to find the support needed to have open communication regarding their illness progression and participation in shared decision making. It helps the individual to take and maintain control over the health care decisions that influence their goals, values and beliefs.

ADVANCED DIRECTIVE? POWER OF ATTORNEY? FAQs

Wednesday - September 26, 2018
Noon - 1:30 pm

Location:
 Charleston Public Library
 712 Sixth Street
 Charleston, IL 61920

Instructor: Chuck LeFebvre

Event **FREE** and **OPEN** to the public!
 Register by **9/25/18**

If I sign a power of attorney, will I be surrendering all control over my affairs? What is a living will? How does it differ from a power of attorney for healthcare? Join Chuck LeFebvre, attorney from Champaign, to learn the answers to these questions and many more. Chuck will address the features and benefits of several legal instruments that will give you control over who assists you with your finances, property, or healthcare in the event that you become too ill or impaired to express your wishes. Bring your list of questions!

MEDITATION

Thursdays - October 4,
October 11, and October 18, 2018
4:00 - 5:30 pm

Location:
 DAATA Center
 1113 Lincoln Avenue
 Charleston, IL 61920

Instructor: Jay Shinde

Academy Member: \$39
Non-Member: \$49

Register by **10/1/18**

Scientific study continues to provide evidence that meditation is good for mental clarity and a calm state. Consistent meditative practice decreases stress and improves well being, while boosting the size of your brain in several regions. These three sessions will provide the foundation for your practice in your journey to peace and contentment. Teacher Jay Shinde provides exceptional guidance.

MEDITATION

IS "ENTITLEMENT" A FOUR-LETTER WORD?

**Thursdays - November 8 and
November 15, 2018**
3:30 - 5:00 pm

Location:

MLK Jr. University Union
The Loft (*Lower Level*)
1720 7th Street
Charleston, IL 61920

Instructor: Rich Wandling

Event **FREE** and **OPEN** to the public!
Register by **11/7/18**

Is "Entitlements" actually a misnomer? What are your greatest concerns for our financial future? Tax cuts, increasing spending, inflexible politicians or the lack of funding? Reports published as news add to the drama. Learn the realities about Medicare and pensions from Rich Wandling, Political Science Professor, in our free 2-session series. Your input and questions will add to the discussion.

PATIENT ADVOCACY

Wednesday - November 14, 2018
1:00 - 2:30 pm

Location:

Lifespan Center Auditorium
11021 East County Road 800 North
Charleston, IL 61920

Instructor: Courtney Ingram

Event **FREE** and **OPEN** to the public!
Register by **11/12/18**

What is a patient advocate and when would I need one? Advocates can be found everywhere and are able to assist patients and families with various resources. Join us in identifying different types of advocates in the Coles County area, learn how to access them, and discuss the barriers and challenges to this role.



LOCAL INTEREST, HISTORY, & CULTURE

THE MAFIA AND THE OVAL OFFICE

**Thursdays - August 23, August 30,
and September 6, 2018**
Noon to 1:00 pm

Location:

EIU Campus
2116 Blair Hall
Charleston, IL 61920

Instructor: Roger Whitlow

Event **FREE** and **OPEN** to the public!
Register by **8/21/18**

The Underworld has had much more influence in American life than is widely known. The Mafia itself had varying ties to the Presidencies of FDR, Truman, Kennedy, Nixon, and Reagan—while regional Underworld Texas and Arkansas organizations influenced LBJ and Clinton. We will discuss the specifics of all these connections. You will never forget this verified, obscure information. Seating is limited to a maximum of 12.

THE FLU THEN AND NOW: 1918 TO 2018

Thursday - September 13, 2018
7:00 pm

Location:

EIU Booth Library
West Reading Room
Charleston, IL 61920

Instructor: Dr. Sheila Simons

Event **FREE** and **OPEN** to the public!
No registration required

The 1918 Influenza: Impact, Implications and Uncertainty," will be presented by Dr. Sheila Simons, professor, Department of Health Promotion. This exhibit and program series provides historical information on the 1918 influenza pandemic as well as providing a current public health perspective on influenza. Topics of contagion, vaccination and infection will be covered from a historical, medical and social perspective. The effect of the 1918 flu on EIU and Charleston will be highlighted. Coverage of the epidemic in the press will be explored. Local public health experts will cover measures taken to control future epidemics.

WALKING TOUR OF HISTORIC CHARLESTON

Saturday - September 22, 2018
10:30 am - Noon

Location:

Ambero Antiques
 514 6th Street
 Charleston, IL 61920

Instructor: Kit Morice and
 Charleston HPC commissioners

Event **FREE** and **OPEN** to the public!
 Register by **9/20/18**

Join us for a walking tour highlighting Charleston's Courthouse Square and neighboring 6th & 7th Streets Historic District. The Charleston Historic Preservation Commission and Coles County Genealogical Society are partnering to provide the tour featuring architectural details and family histories connected to a collection of 19th and 20th century structures ranging from Italianate and Queen Anne to Craftsman bungalows and period revival styles. The tour will convene at 10:30 a.m. at Ambero Antiques, 514 6th Street, and is free of charge.

LYNCH FARM

Saturday - September 29, 2018
9:30 - 11:00 am

Location:

6200 North County Road 1550 East
 (south University Drive)
 Charleston, IL 61920

Instructors: Mike and Amina Lynch

Event **FREE** and **OPEN** to the public!
 Register by **9/28/18**

Come visit a fourth generation family farm and woodland just one mile southwest of EIU campus. Robert and Virginia Lynch purchased Farm 12 of Coles County in 1948. This 40 acre homestead is located on what was then known as Hog Farm Road, our present day University Drive. Hear the expansive history of the farm as it was originally a livestock and produce operation and featured a roadside stand that many of Charleston's most seasoned residents can still remember. Tour the grounds and view the current activities including organically grown tomatoes, pick-your-own sweet corn, a hopyard and pumpkin patch. Learn about the ongoing forest management practices and discuss future plans for the property such as native prairie grass stands and botanical display gardens. As stewards of the land for successive generations, the Lynch Family wishes to create a sustainable, family friendly environment for Charlestonians to enjoy.

CARTWRIGHT & MONROE

Wednesday - October 3, 2018
Noon to 1:30 pm

Location:

Charleston Public Library
 712 Sixth Street
 Charleston, IL 61920

Instructor: Dick Hummel

Event **FREE** and **OPEN** to the public!
 Register by **10/2/18**

Two early prominent citizens of this area, Levin Cartwright and Byrd Monroe, contributed to Coles County during the 1830-1850s time period in distinctly different ways. One embraced the hunting and gathering lifestyle, while the other brought an entrepreneurial spirit to us - pursuing many opportunities to establish businesses for profit. You will learn about personalities, history, and intriguing local lore.

FALL FESTIVAL

Sunday - October 7, 2018
1:00 - 4:00 pm

Location:

Five Mile House
 4810 Illinois Route 130
 Charleston, IL 61920

Event **FREE** and **OPEN** to the public!
No registration required

You will find live music, open hearth and stove cooking, food preservation, blacksmithing, farm animal petting, corn husk doll making, cider pressing, white coopering, chair caning, Scherenschnitte, candle dipping, and more fun for the whole family.

THE ANTIQUE MYSTIQUE

Tuesday - October 23, 2018
10:30 - 11:30 am

Location:

Copper Eagle
 222 Madison Avenue
 Charleston, IL 61920

Instructor: Connie Spaniol

Event **FREE** and **OPEN** to the public!
 Register by **10/22/18**

What do you call "antique"? The public infatuation with heirlooms and obsolete items of days gone by has created a market that defies logic...

unless you consider what some items mean to Boomers, collectors, and curiosity junkies. Join us at Copper Eagle to learn what's popular now, how pricing works, and what makes antiquing a 'thing'.



GRANDMA TOLD ME ...

**Mondays - October 29, November 5,
 and November 12, 2018**
4:00 - 6:00 pm

Location:

4450 Booth Library - EIU Campus
 Charleston, IL 61920

Instructor: Lois Dickenson

Event **FREE** and **OPEN** to the public!
 Register by **10/25/18**

Every family has its stories, some are true, some are not. Using free internet sources, learn to find and read the records of your ancestors' lives, following them as they followed their dreams. See how your ancestors fit into the American experience, whether they were new immigrants, westward pioneers, or old settled colonists. This is an easy entry into the world of genealogy for the interested beginner.

WINE & WINDS

Thursday - November 1, 2018
6:00 - 8:00 pm

Location:

Charleston Country Club
8355 Country Club Road
Charleston, IL 61920

Instructor: Blair Lord

Event **FREE** and **OPEN** to the public!
Register by **10/29/18**

Extending the popular "Brass and Brew" event from last spring, "Wine and Winds" will feature a wine tasting, conversation and music. Former EIU Provost, Blair Lord, will give a program that features two tasting rounds of side by side wine pairings with a discussion of the different styles, growing regions and vinification techniques together with musical interludes featuring an EIU wind ensemble. The musical selections will be chosen to harmonize with the wines selected for the tasting. Come for the enjoyable educational experience and entertaining music, and stay for the dinner special at the Country Club. No charge to attend, beverages and food are available for purchase.

BURL IVES AND THE STUDIO

Wednesday - November 28, 2018
10:00 - 11:30 am

Location:

Burl Ives Art Studio
1602 9th Street
Charleston, IL 61920

Instructor: Vaughn & Ruth Jaenike
& Jim Johnson

Event **FREE** and **OPEN** to the public!
Register by **11/27/18**

We all know of Burl Ives, the famed singer and actor born just south of Charleston in Jasper County, IL. Join us to hear stories from friends that knew him and his wife, Dorothy, and worked to get the Burl Ives Studio at EIU built. Why was it built by the Physical Plant staff? Why was the studio for visual artists named for a musical artist? Learn another side of this amazing personality who began his life in central Illinois. Parking available around studio with parking pass, or get visitor pass from the EIU Police Department (*7th and Grant*).



INTERNATIONAL EDUCATION WEEK



November 9 – 15, 2018

Friday, November 9 – Thursday, November 15, 2018

International Education Week (IEW), is an opportunity to celebrate the benefits of international education and exchange worldwide. This joint initiative of the U.S. Department of State and the U.S. Department of Education is part of the efforts to promote programs that prepare Americans for a global environment and attract future leaders from abroad to study, learn, and exchange experiences.

Eastern Illinois University's Association of International Students, the Office of International Students and Scholars, the Academy of Lifelong Learning and the Office of Study Abroad invite the community to join us in celebrating and supporting international exchange and education.

Check this site for updates as planning continues:
<https://www.eiu.edu/international/InternationalEducationWeek.php>

TENTATIVE ACTIVITIES

**Global Culture
Night
Friday,
November 9**

**International
Poetry Readings
Monday,
November 12**

**Foreign Film
Screening
Tuesday,
November 13**

**Foreign
Language
Roundtables
Wednesday,
November 14**

**Immigration
Panel Discussion
Thursday,
November 15**

EASTERN ILLINOIS
UNIVERSITY
Charleston, IL 61920
eiu.edu/international

GIFT MEMBERSHIPS

The gift of learning has the potential to markedly improve an individual's quality of life.

- Em Spangler

A one-year membership for \$45 includes these benefits:

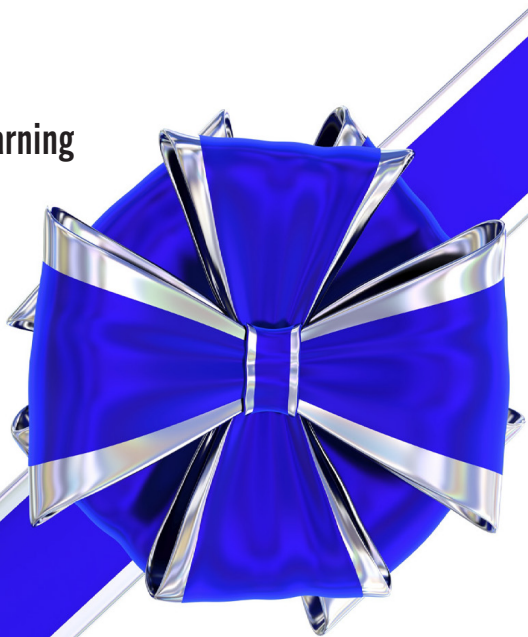
- Lunchtime lectures
- Discounted pricing for Academy members at the EIU Doudna Fine Arts Center
- Reduced registration fees for workshops and courses
- 10% discount at the EIU University Bookstore (excluding technology purchases) and a gift for new members!
- Complimentary tuition to audit one EIU credit course per semester
- Discounts and perks at supporting area businesses



School of
Extended Learning

For more information, visit us online at www.eiu.edu/adulted/all.php

Contact the **School of Extended Learning** at 217-581-5114 or email us at academy@eiu.edu



BECOME A MEMBER

The Academy is a learning community sponsored by the School of Extended Learning at Eastern Illinois University.

The Academy is open to any adult learner.

2018-2019 ACADEMY MEMBERSHIP PRICES

1 YEAR MEMBERSHIP	\$45
2 YEAR MEMBERSHIP	\$80
3 YEAR MEMBERSHIP <small>BEST VALUE!</small>	\$105

COMPLIMENTARY BENEFITS

- Academy Pass (see pg. 4)
- Doudna Fine Arts Center discount for many music and theatre events
- Parking pass (on request) for on-campus Academy events
- EIU Bookstore discount of 10% on non-technology purchases

We are grateful to these area businesses that support the Academy by offering a discount with your Academy membership card:

- Ambero Antiques & Decorative Arts on the Square: 10% discount to academy members

- Bike & Hike of Charleston: 10% discount to Academy members

www.bikeandhikeweb.com/

- Charleston Alley Theatre: \$2 off ticket price (718 Monroe Ave, Charleston, IL)

www.charlestonalleytheatre.com

- Pensee's Bookshop on the Square: 10% discount to Academy members

<http://penseesbookshop.blogspot.com>

DONATIONS

"We make a living by what we get, but we make a life by what we give."

-Winston Churchill

Consider A Donation

In Support of the Academy

The Academy of Lifelong Learning functions for the provision of non-credit learning and growth for adults who wish to remain active in a wide range of brain healthy ways. The EIU Foundation exists, in part, to enhance the educational activities of Eastern Illinois University students and employees by participating in and supporting academic and artistic programming through scholarships and grants.

Your **tax-deductible donation**, large or small, will help us continue to offer this programming. One of the best reasons to give is knowing that your gift will impact the local community.



Academy of Lifelong Learning · EIU Foundation Donation Form

I wish to make a donation in support of the EIU Academy of Lifelong Learning.

Name

Home Mailing Address

City

State

ZIP

Home Phone

E-mail Address

I wish to make a donation in the amount of:

☐ \$25

☐ \$50

☐ \$100

☐ Other \$

Please apply my donation toward:

☐ Designated purpose

☐ General fund in support of Academy programming

My payment is enclosed:

☐ Check (payable to EIU Foundation)

ck#

☐ M/C

☐ Discover

Card #

☐ Visa

☐ AMEX

Exp. Date

Total Charges

I authorize Eastern Illinois University to charge my credit card:

Cardholder Signature

MEMBERSHIP/COURSE REGISTRATION FORM

Please complete both sides of this form if printed.

Name

Home Mailing Address

City

State

ZIP

Home Phone

E-mail Address

Emergency Contact Name

Phone

Membership Dues (non-refundable)

Memberships run from Sept. 1 through Aug. 31.

☐ 1 Year - \$45

☐ 2 Year - \$80

☐ 3 Year - \$105

Please make your workshop selections using the checklist on the reverse of this form. **When registering multiple persons**, add the number of attendees for each event you've selected and list their names below:

Additional attendees

Guest #1 Name:

Guest #2 Name:

CANCELLATION POLICY, see p. 1

Payment Information: Total Cost for My Workshop Choices:

☐ Cash

☐ M/C

☐ Visa

☐ Discover

☐ Check (payable to EIU)

Card #

Exp. Date

Total Charges

I authorize Eastern Illinois University to charge my credit card:

Cardholder Signature



Please mail your completed registration form with payment to the return address on the back cover.

FALL 2018 LEARNING OPPORTUNITIES

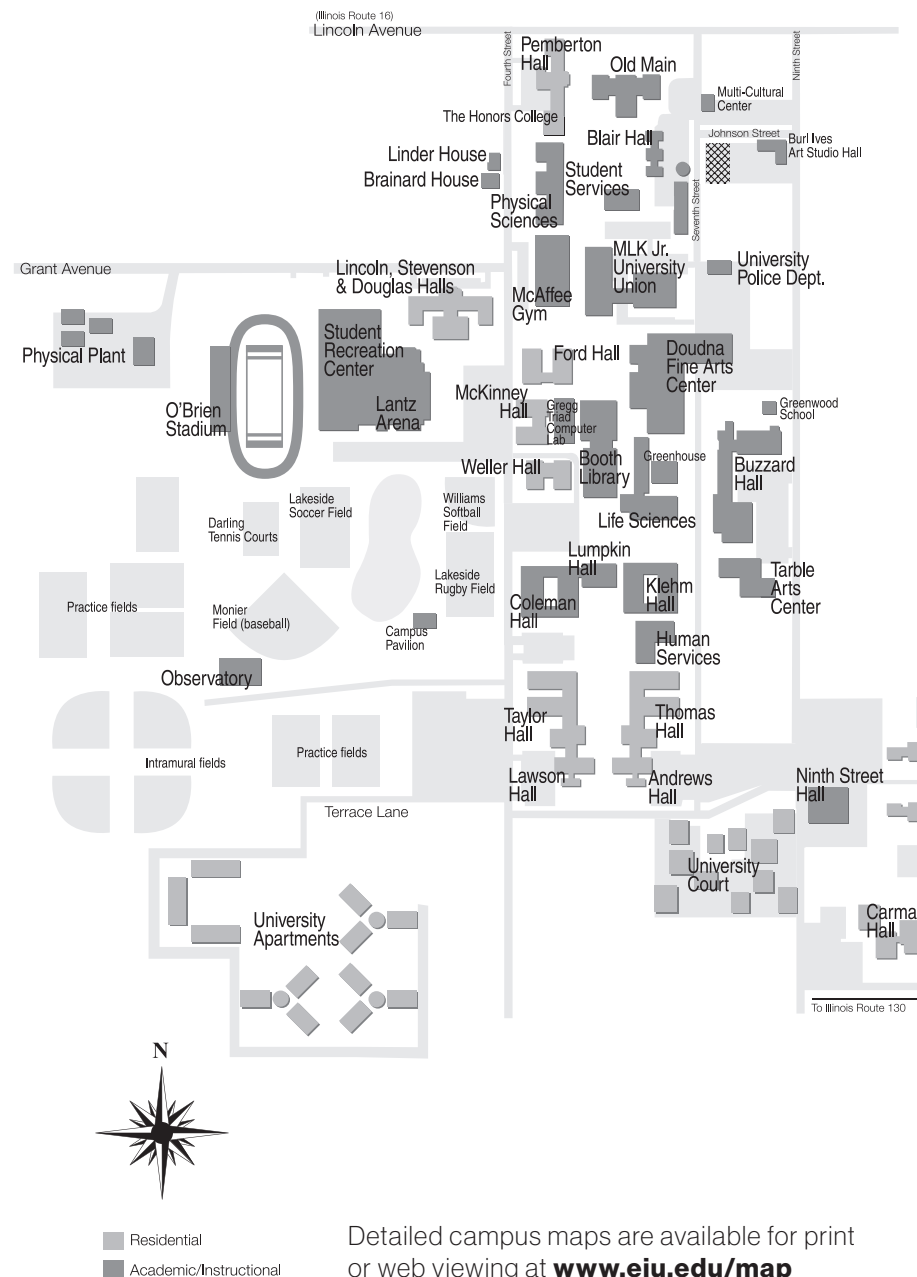
Category	(X) Number attending	Event Name	Member	Non-Member
THE ARTS	<input type="checkbox"/> ____	Incendio	\$9	\$16
	<input type="checkbox"/> ____	M-Pact	\$9	\$16
	<input type="checkbox"/> ____	Pavlo	\$9	\$16
	<input type="checkbox"/> ____	Landscape of Guitar	\$9	\$16
	<input type="checkbox"/> ____	Pepita's Poinsettia	\$29	\$34
	<input type="checkbox"/> ____	9 to 5: The Musical	\$9	\$16
	<input type="checkbox"/> ____	St. Louis Ballet	\$25	\$30
ENRICHMENT	<input type="checkbox"/> ____	Literary Divas	Free!	Free!
	<input type="checkbox"/> ____	Publishing: a Workshop	Free!	Free!
	<input type="checkbox"/> ____	The Culture of Coffee	Free!	Free!
	<input type="checkbox"/> ____	Yesteryear, Yesterday or Just a Minute Ago...	Free!	Free!
ENVIRONMENT & SCIENCE	<input type="checkbox"/> ____	Birding in the Age of Economic Ornithology	Free!	Free!
	<input type="checkbox"/> ____	Drones	Free!	Free!
	<input type="checkbox"/> ____	Blind as a Bat?	Free!	Free!
	<input type="checkbox"/> ____	EIU Recycles	Free!	Free!
HEALTH & WELLBEING	<input type="checkbox"/> ____	Respecting Choices - First Steps	Free!	Free!
	<input type="checkbox"/> ____	Advanced Directive? Power of Attorney? FAQs	Free!	Free!
	<input type="checkbox"/> ____	Meditation	\$39	\$49
	<input type="checkbox"/> ____	Is "Entitlement" a Four-Letter Word?	Free!	Free!
	<input type="checkbox"/> ____	Patient Advocacy	Free!	Free!
LOCAL INTEREST, HISTORY, & CULTURE	<input type="checkbox"/> ____	The Mafia and the Oval Office	Free!	Free!
	<input type="checkbox"/> ____	Walking Tour of Historic Charleston	Free!	Free!
	<input type="checkbox"/> ____	Lynch Farm	Free!	Free!
	<input type="checkbox"/> ____	Cartwright & Monroe	Free!	Free!
	<input type="checkbox"/> ____	The Antique Mystique	Free!	Free!
	<input type="checkbox"/> ____	Grandma Told Me...	Free!	Free!
	<input type="checkbox"/> ____	Wine & Winds	Free!	Free!
	<input type="checkbox"/> ____	Burl Ives and the Studio	Free!	Free!

TOTAL COST FOR MY WORKSHOP CHOICES:

TAX DEDUCTIBLE DONATION:

GRAND TOTAL

EIU CAMPUS MAP



Detailed campus maps are available for print or web viewing at www.eiu.edu/map



academy
of Lifelong Learning
 EASTERN ILLINOIS UNIVERSITY™

Academy of Lifelong Learning
Eastern Illinois University
600 Lincoln Avenue
Charleston, IL 61920