

OWL BE SEEING YOU

Friday September 6, 2019

1:00 - 3:00 PM

Location:

Douglas Hart Nature Center
2204 Dewitt Ave E
Mattoon, IL

Instructor:

Jennifer Tariq

Members: \$12

Non-Members: \$13

Register by: 9/3/19

Owls are sometimes referred to as wise old owls or birds of mystery and folklore, but what's the real story behind these birds of prey? In this fall themed class, participants will learn about owls of Illinois through hands-on material followed by a nature inspired owl craft using natural and up-cycled materials.



INVISIBLY PRESENT: AGING & ADVOCACY

Friday September 13, 2019

2:00 - 3:30 PM

Location:

Lifespan Center
11021 E. Co. Rd. 800N
Charleston, IL

Instructor:

Jim Howley

Event is **FREE** and **OPEN** to the public!
Register by **9/10/19**

Subconsciously, do we all view older people in a certain way? Why are people treated as if they're invisible as they age? In this session, participants will learn key terms and concepts related to the erasure of older people's lives as well as strategies for serving as allies to and advocates for individuals as they age.

<https://www.psychologytoday.com/us/blog/21st-century-aging/200908/the-invisible-years>