

**Traci Worby, M.S.**

## **Curriculum Vita**

*Business Address:*

Department of Kinesiology and Sports Studies  
Eastern Illinois University  
1431 Lantz  
Charleston, Illinois 61920  
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### **EDUCATION**

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2016*	Ph.D.	Indiana State University	Curriculum and Instruction
2007	M.S.	Eastern Illinois University	Physical Education: Exercise Science
2005	B.S.	Eastern Illinois University	Health Studies: Health Administration

\*Expected

### **PROFESSIONAL EMPLOYMENT**

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2007-Present	Instructor, Department of Kinesiology and Sports Studies Eastern Illinois University, Charleston, IL.
2007-2009	Associate Director of Adult Fitness Program, Department of Kinesiology and Sports Studies Eastern Illinois University, Charleston, IL.
2006-2007	Graduate Assistant, Department of Kinesiology and Sports Studies Eastern Illinois University, Charleston, IL.

### **TEACHING EXPERIENCE**

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#### **Undergraduate**

KSS 3900 – Technology in Kinesiology and Sports Studies  
KSS 3860 – Organization and Administration in Exercise Science  
KSS 2850 – Fitness for Life  
KSS 2440 – Structural Kinesiology

#### **Graduate**

KSS 5450 - Advanced Supervisory Experiences in Adult Fitness

## **INTERNSHIPS**

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- 2007 Sarah Bush Lincoln Health Center, METS Department, Cardiac Rehabilitation and Stress Testing, Charleston, IL
- 2005 Coles County Health Department, Community Health Educator, Charleston, IL

## **RECOGNITION**

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- 2011 Fitness and Wellness Symposium, McGraw-Hill, Invited Guest

## **RESEARCH/CREATIVE ACTIVITY**

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### **Peer Reviews**

- 2014 SmartBook Review: *Manual of Structural Kinesiology*, 19<sup>th</sup> e. McGraw-Hill.
- 2013 Textbook Review: *Manual of Structural Kinesiology*, 19<sup>th</sup> e. McGraw-Hill.
- 2012 Textbook Review: *Experience Wellness*, 1e. McGraw-Hill.
- 2012 Online Module Review: *Live Well*. McGraw-Hill.

### **Presentations**

- 2012 Worby, T. L., & Glascock, J. A. *Minute to Win It: Pedometer Power*. Presented at: IAHPERD Midstate Conference, Charleston, IL (oral presentation).
- 2009 Worby, T. L. *Stumbling Blocks to a Brighter Future*. Presented at: Regional Office of Education's Annual Fall Classic, Charleston, IL (oral presentation).

## **SERVICE**

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### **Illinois Association of Health, Physical Education, Recreation and Dance**

- 2012 Shape Up Illinois

### **University Service**

- 2010-Present Electronic Writing Portfolio Reader

### **College Service**

- 2014-Present Technology Committee

### **Departmental Service**

- 2014-Present Social Committee
- 2012-Present Web Committee (Chair)
- 2008-Present Technology Committee (Chair)

2010-Present	Faculty Advisor for Kinesiology and Sports Studies Club
2008-2011	Mission/Vision Committee
2008-2010	Honor's Program

### **Public Service**

2010-Present	Relay for Life: Jeremy's Warriors; raised over \$45,000 for American Cancer Society
2012-2013	Casey-Westfield High School Assistant Softball Coach
2013-2014	Casey-Westfield Jr. High School Head Softball Coach

### **PROFESSIONAL ORGANIZATIONS**

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2009-Present	Illinois Association of Health, Physical Education, Recreation, and Dance
2010-Present	American Association of Health, Physical Education, Recreation, and Dance
2007-2011	American College of Sports Medicine

### **CERTIFICATIONS**

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2014	CPR/AED Certification (Adult, Child, and Infant)
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### **CONFERENCES**

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2011	Fitness and Well Symposium, New York, NY
2011	IAHPERD Convention, St. Charles, IL
2010	Indiana State Social Responsibility Conference, Terre Haute, IN
2009	AAC&U's Educating for Personal and Social Responsibility Conference, Minneapolis, MN
2008	ACSM Annual Meeting, Indianapolis, IN
2007	IAHPERD Convention, St. Charles, IL