

## CURRICULUM VITAE

**SCHUETTE, Sonya L.**  
**Instructor of Physical Education**  
**M.S.**  
**Undergraduate Faculty**  
**Appointed 1998**

**Business Address:**  
**2241 Lantz**  
**Eastern Illinois University**  
**Charleston, IL 61920**  
[slschuette2@eiu.edu](mailto:slschuette2@eiu.edu)

### Academic Degrees

M.S.	Eastern Illinois University	1997	Physical Education Exercise Science and Cardiac Rehabilitation
B.S.	Eastern Illinois University	1996	Major: Physical Education Teacher Certification Minor: Health Studies

### Professional Experiences

1998-Present	Instructor of Physical Education (Kinesiology, Sport, and Recreation) Eastern Illinois University
1996-1997	Graduate Assistant Eastern Illinois University

### Faculty Load

<u>FALL 2021</u>	<u>Semester Hours</u>
KSR 2360 T/TH Ultimate/Lacrosse/Volleyball	3.00 Semester Units
KSR 2102 T/TH Golf/Disc Golf/Bowling	3.00 Semester Units
KSR 2360 T/TH Ultimate/Lacrosse/Volleyball	3.00 Semester Units
<u>KSR 3770 Volleyball Coaching</u>	<u>3.00 Semester Units</u>
	12.00 Semester Units
 <u>SPRING 2021</u>	 <u>Sem. Hrs.</u>
KSR 1500 KSR as a Profession	2.00 Semester Units
KSR 2400 Elementary Physical Education	3.00 Semester Units
KSR 2860 Health Related Fitness	2.00 Semester Units
<u>KSR 3750 Softball Coaching</u>	<u>3.00 Semester Units</u>
	10.00 Semester Units

## **Teaching Experience**

Eastern Illinois University Undergraduate Teaching Experience:

- KSR 3770 Coaching Volleyball
- KSR 3750 Coaching Softball
- KSR 3000 Fitness Concepts for Teachers
- KSR 2850 Fitness for Life
- KSR 2860 Teaching Health Related Physical Education
- KSR 2400 Introduction to Elementary Physical Education
- KSR 2360 Technique and Theory of Volleyball, Lacrosse, and Ultimate Frisbee
- KSR 2102 Technique and Theory of Golf, Disc Golf, and Bowling
- KSR 1770 Volleyball
- KSR 1692 Aerobic Exercise
- KSR 1660 Bowling
- KSR 1600 Weight Training
- KSR 1500 Kinesiology, Sport, and Recreation as a Profession
- KSR 1440 Lifeguarding
- KSR 1410 Intermediate Swimming
- KSR 1400 Beginning Swimming

## **Service, Awards and Volunteer Experience**

Kinesiology, Sport, and Recreation Search Committee member for Academic Advisor (2019-2020)  
Kinesiology, Sport, and Recreation Scholarship Committee (2009-present)  
District 214 faculty member to represent KSR 1500 (April 2019)  
Kinesiology and Sports Studies Recruitment Committee (2015-2017)  
Kinesiology and Sport Studies Teacher of the Year (2012)  
Faculty mentor for EIU Showcase (2011, 2009)  
Adult and Continuing Education Instructor at Cohort locations (Chicago, Springfield, Carterville, Grayville)  
Faculty Co-Advisor for the Kinesiology and Sports Studies Honors Club (2003-2011)  
CHILL Softball organization executive board member, secretary (2016-2019)  
Fellowship for Christian Athletes, winter volunteer  
CUSD #1 Student Handbook/Rules Committee Volunteer (2013, 2014)  
Charleston Community Unit School District Volunteer (jog-a-thong, classroom volunteer, class fieldtrips)  
Volunteer youth coach (basketball and softball)  
Wesley United Methodist Church member and volunteer: new committee member, nursery volunteer, VBS volunteer (2002-2010)

## **Funding and Grants**

2021 Redden Grant- \$1,373.62  
2018 Redden Grant- \$235.00  
2017 Redden Grant- \$1442.88  
2016 Redden Grant- \$133.39  
2015 Redden Grant- \$371.18  
2012 Redden Grant- \$431.88  
2011 Redden Grant- \$386.21

## **Internship and Field Experience**

Eastern Illinois University Graduate Assistant:

Kinesiology and Sports Studies Department

Instructed Bowling & Step Aerobics (Fall 1997)

Instructed physical education classes to local elementary students (1996-1997)

Graduate Internship:

St. Francis Hospital, Peoria, IL (Summer 1997)

Assisted with Cardiac Rehabilitation classes: Phase II & III. Instructed and educated adult exercise classes. Monitored/assisted with exercise sessions (resting/exercise blood pressures).

Student Teaching:

Mt. Zion, IL (Spring 1996)

Taught middle and high school physical education classes. Units taught included: gymnastics, aerobic dance, floor hockey, volleyball.

Volunteer Assistant for MTZ High School softball team.