

Eastern Illinois University
Department of Kinesiology and Sports Studies
KSS 1500 – Kinesiology and Sports Studies as a Profession
Spring 2018

Instructor: Sonya Schuette, M.S.
slschuette2@eiu.edu

Office: 2241 Lantz

Office Hours: Monday—Thursday 10am-11am or other times are available by appointment.

Course

Description: An introductory professional course which includes the general scope, purpose, history, growth and development, and career assessment of physical education.

Course

Objectives:

1. To identify events and people that served as catalysts for the growth of physical education, exercise science, and sport studies.
2. To discuss recent developments in physical education, exercise science, and sport studies.
3. To become aware of the role of lifespan involvement in physical education, exercise science, and sport in society and in education.
4. To understand and debate current physical education/activity issues and laws based on historical, philosophical, and sociological perspectives (NASPE 1.5).
5. To use technologies to communicate, locate resources, and enhance continuing professional development (NASPE 9.3).
6. To encourage students to actively participate in the professional physical education community (NASPE 10.2).
7. To explore and examine the career options available in physical education, exercise science, and sport studies.
8. To use available resources (literature, professional associations) to develop as a reflective professional (NASPE 8.2).

Evaluation Criteria

Exams (40%)

Assignments (40%) – (Resume, Cover Letter, Presentation)

Article Reviews (10%)

Topic Paper (10%)

Grading Scale

A = 90-100%

B = 80-89%

C = 70-79%

D = 60-69%

F = <60%

**** Approximately 250 points possible

General Information:

ALL students in the Kinesiology & Sports Studies Department, i.e., exercise science, sport management, athletic training, and teacher certification majors must receive a grade of “C” or better in this course or it must be retaken.

1. Attendance

BE HERE. You should plan to attend every class, be on time, and stay the entire class period. Attendance is expected and will be taken at each class meeting. Please inform the instructor of absences due to illness, family emergencies, and university sponsored events, etc. Please notify the instructor in advance for planned and foreseeable events. Students are responsible for verifying excused absences and must provide a written document noting the absence. **It is the student’s responsibility to contact the instructor before or immediately following an absence in order to catch up on missed class time/homework (please do not wait until the next class). Student-athletes must contact the instructor before missing class due to competition/traveling.**

2. Assignments

All work is due on the **DUE DATE**, and will be collected at the beginning of class. Work turned in after the due date will not be accepted.

Students will be allowed to make up work due to excused absences. If you are absent and it is unexcused, assignments missed cannot be made up, and will result in a zero.

3. Class Preparation

PARTICIPATE WITH EFFORT. Be prepared and put forth a solid and consistent effort in class.

Do what you have to do to be ready.

TAKE INITIATIVE FOR YOURSELF. You are responsible for creating value for yourself in this course. This means doing reading and work outside of class.

HELP OTHERS. The ultimate success and reward for each of you depends on your ability to help and support your classmates, and where differences of opinion and healthy debate are respected.

- Bring all materials, including assignments, textbook, and packet, to each class.
- Read any assigned readings before class.
- Conduct yourself in a professional manner.

4. Electronic Devices:

Please extend courtesy to your instructor and fellow students by turning off your electronic devices and placing cell phones in silent/vibrate mode. Do not text in class. Thank you for your cooperation.

Textbook: Lumpkin, A. (2014) Introduction to Physical Education, Exercise Science, and Sport Studies. 9th Edition. New York, NY: McGraw-Hill.
American Kinesiology Association (2011). Careers in Sport, Fitness and Exercise. Urbana, IL. Human Kinetics

Final Exam: Mon., April 30 at 2:45-4:45 p.m.

Packet: KSS 1500 Course Packet must be purchased at the Union Bookstore in the University Union. (approximately \$3.00)

Tentative Schedule

WEEK 1 Physical Education, Exercise Science, and Sports Studies – Dynamic Fields.
WEEK 2 Physical Education, Exercise Science, and Sports Studies – Dynamic Fields.
WEEK 3 Exercise and Sport Sciences.
WEEK 4 Professions of Physical Education, Exercise Science, and Sport.
WEEK 5 Professions of Physical Education, Exercise Science, and Sport.
WEEK 6 Philosophy of Physical Education, Exercise Science, and Sport.
WEEK 7 Career Options.
WEEK 8 Preparation for a Career.
WEEK 9 Preparation for a Career.
WEEK 10 Early Heritage in Sport and Gymnastics.
WEEK 11 Early American Physical Education and Sport.
WEEK 12 Twentieth and Twenty-First Century Physical Education, Exercise Science, and Sport.
WEEK 13 Opportunities and Challenges in Physical Education and Exercise Science.
WEEK 14 Issues in Sport.
WEEK 15 Issues in Sport- Leadership for Active Living.

Academic integrity- Students are expected to maintain principles of academic integrity and conduct as defined in EIU's Code of Conduct (<http://www.eiu.edu/judicial/studentconductcode.php>). Violations will be reported to the Office of Student Standards.

Students with disabilities- If you are a student with a documented disability in need of accommodations to fully participate in this class, please contact the Office of Student Disability Services (OSDS). All accommodations must be approved through OSDS. Please stop by Ninth Street Hall, Room 2006, or call 217-581-6583 to make an appointment.

The Student Success Center- Students who are having difficulty achieving their academic goals are encouraged to contact the Student Success Center (www.eiu.edu/~success) for assistance with time management, test taking, note taking, avoiding procrastination, setting goals, and other skills to support academic achievement. The Student Success Center provides individualized consultations. To make an appointment, call 217-581-6696, or go to 9th Street Hall, Room 1302.