

## **FCS 4860 Addictions and the Family (3-0-3)**

**Fall 2017**

*Instructor:* Dr. M. Sherwood

*Office:* 1044 Klehm Hall, 217/581-6349, please use the d2l system for emails

*Office Hours:* Mondays from 8:30am-12:30pm, Thursdays from 2-3pm, and by appointment

online office hours (available for instant messaging or telephone) Mondays from 10:30am to 12pm

### **TEXTBOOK:**

Thombs, D. L. & Osborn, C. J. (2013). *Introduction to Addictive Behaviors* (4<sup>th</sup> ed.). The Guilford Press: New York.

Kelley, B. M., Graybeal, J. J., & Mahoney, J. J. (2013) *Substance Abuse Across the Lifespan: A Biopsychosocial Approach* (4<sup>th</sup> ed.). BVT Publishing: Redding, CA.

NOTE: Additional readings will be required and can be found in d2l.

**COURSE DESCRIPTION:** Study of the interaction affects between the addicted person and the family or significant others. Educational techniques and family intervention strategies for families of addicted persons will be reviewed.

**UNIVERISTY UNDERGRADUATE LEARNNG GOALS (ULG):** <http://www.eiu.edu/learninggoals/>

CT: Critical Thinking

WCR: Writing and Critical Reading

SL: Speaking and Listening

QR: Quantitative Reasoning

RC: Responsible Citizenship

### **Graduate Learning Goals (GLG)**

1. Depth of Content Knowledge
2. Critical Thinking and Problem Solving Skills
3. Effective Oral and Written Communication Skills
4. Evidence of Advanced Scholarship through Research and/or Creative Activity

### **COURSE OBJECTIVES:**

Upon completion of this course participants should be able to:

1. Provide an overview of addiction and its effects on the individual and their family;
2. Increase knowledge and understanding of addictions treatable through appropriate education, professional assessment, and counseling;
3. Increase self-awareness of the ways that lives have and can be touched by addictions; and explore how those experiences can affect professional interactions with addicts and their families;
4. Generate understanding of addictions as a medical and social issue with serious ramifications for individuals, family systems, and public policy; and
5. Review and study contemporary information on types, history, definitions, theory, processes, prevention, and treatment of addiction.

**NOTE: You cannot see all of the material needed to pass this class using only a cell phone. You must have a tablet at the minimum, or plan to go to the library once a day to check your course.**

### **COURSE POLICIES:**

- Assignments should have one-inch margins, and need to be double-spaced, and proof-read. Evaluations will be based, in part, on the technical aspects of the work, including grammatical or typographical errors. APA style should be used; there are several resources on d2l. Assignments **MUST** be submitted in either ODT (freeware) or WORD or PDF formats, or a 0 will result.
- I use Turnitin in my courses; it is built into d2l so you do not have to submit anything separately. Here is the disclaimer from EIU: "Eastern Illinois University is committed to the learning process and academic integrity that is defined in the Students Conduct Code (1.1). To encourage original and authentic written work, any written assignment created in this course will be submitted for review to Turnitin and will become a searchable document with the Turnitin-protected and restricted database."
  - **Written assignments should not show more than 15% material obtained from another source** (excluding references and direct quotes) as per Turnitin's originality reports. The use of originality reports is strongly recommended and are explained within the FAQ's. Assignments should not show more than 25% material obtained from another source when direct quotes are considered. Assignments over 15% originality (25% when considering direct quotes) will be graded based on original material. For example – if an assignment worth 100 points contains 40% source material 40% (40 points) will automatically be lost. Loss of points will not occur for 15% or 25%.
- Each of you must read 10 discussion posts. If you do not read your classmates' posts you will not earn credit for the discussion assignment, even if you posted/replied.

**Late assignments will be accepted with the loss of 20% of your grade immediately and 10% each week until submitted.**

## ASSIGNMENTS

- **Exams - Two exams worth 100 points each for a total of 200 points.** Exams will be administered through d2l. Each exam is available for thirty-six hours and must be finished in one sitting. I need to be made aware of academic accommodations one week before the first exam in order to adequately prepare. (meets each ULG and GLG)
- **Discussion/Participation Assignments - five assignments/activities, each worth 40pts for a total of 200 points** (meets each ULG and GLG)
- **Addition/Theory to Practice (TtP) – 200 points for undergraduates/300 points for graduates** - Graduate students will have an additional advocacy component. (ULG: CT, WCR, RC and GLG: #4)

GRADING SCALE: A = 92 - 100%      B = 82 - 91%      C = 72 - 81%      D = 62 - 71%      F = 0-62%

**Technology Support** - If you need assistance with D2L, call D2L Support toll free at 1-877-325-7778. Support is available 24 hours a day, seven days a week. Email and Chat options are also available on the "My Home" page after logging in to D2L. Other D2L resources including a D2L Orientation course for students are available on the same page. For technical questions regarding other software, hardware, network issues, EIU NetID/password, or Panthermail, contact the ITS Helpdesk at 217-581-4357 during regular business hours or submit a help ticket at <https://techsupport.eiu.edu/>. If you have a question regarding course content, contact me.

**Safe Zone** – I am part of the SafeZone community network of trained faculty/staff/students who are available to listen and support you. As a SafeZone Ally, I can help you connect with resources on campus to address problems that interfere with your academic success, particularly issues of sexual violence, hateful acts, or concerns faced by individuals due to sexual orientation/gender identity. My goal is to help you be successful and to maintain a safe and equitable campus.

**Academic integrity**- Students are expected to maintain principles of academic integrity and conduct as defined in [EIU's Code of Conduct](#). Violations will be reported to the Office of Student Standards.

**Students with disabilities**- Students with a documented disability in need of accommodations to fully participate in this class, should contact the Office of Student Disability Services (OSDS). All accommodations must be approved through OSDS, Ninth Street Hall, Room 2006, or 217-581-6583.

**The Student Success Center**- Students who are having difficulty achieving their academic goals are encouraged to contact the [Student Success Center](#) for assistance with time management, test taking, note taking, avoiding procrastination, setting goals, and other skills to support academic achievement. The Student Success Center provides individualized consultations. To make an appointment, call 217-581-6696, or go to 9th Street Hall, Room 1302.

	<b>Topic/Assignments</b> <p><b>Each week you should review all required materials (textbook readings, video clips, websites) found in the corresponding module.</b></p> <p>For example, you will use the material in Module One (under Content) to prepare for the 1<sup>st</sup> week's classes.</p> <p>Many modules have a section with materials that are not required, but that I found interesting and want to make available to you. They are found in the <i>Supplementary Materials</i> submodule. This material will not be included in the midterm or final exam.</p>	<b>Due Dates</b> <p>Assignments are due at 11:59pm through d2l</p> <p>Course materials can be found in d2l under "Content"</p>
Module One August 21-25	<i>Introduction/The Biopsychosocial Impact of Addiction</i> <ul style="list-style-type: none"> <li>Read Chapter One: Introduction in <i>Substance Abuse Across the Lifespan</i></li> <li>Read/review materials (video clips, additional readings, websites) in d2l under content</li> <li>Complete 2-step introductory discussion</li> </ul>	Introduce Yourself (world cloud): Initial post due <b>Wednesday August 23rd at midnight</b> , follow-up due <b>Friday the 25<sup>th</sup></b> to the discussion forum <b>Communication -&gt; Discussions</b>
Module Two August 28-September 1	<i>Everybody Let's Get Stoned: Media Representations of Addiction/Marijuana Stories</i> <ul style="list-style-type: none"> <li>Read/review materials in d2l</li> <li>Complete the syllabus quiz</li> </ul>	Syllabus Quiz ( <b>Assessment -&gt; Quizzes</b> ) closes <b>Wednesday August 30<sup>th</sup></b>  September 1 <sup>st</sup> – last day to withdrawal with a full refund and without a grade
Module Three September 4-8	<i>Navigating Addiction Resources in a Post-Truth Landscape</i> <ul style="list-style-type: none"> <li>Read/review materials in d2l</li> <li>Submit Discussion/Participation #1</li> </ul>	Discussion/Participation Assignment One – Post-Truth due to dropbox ( <b>Assessment -&gt; Dropbox</b> ) <b>Wednesday September 6<sup>th</sup></b>

Module Four September 11-15	<i>Social Media Addiction: Is that a Thing?</i> <ul style="list-style-type: none"> <li>Chapter Ten: The Controversial Science of Behavioral Addiction in <i>Introduction to Addictive Behaviors</i></li> <li>Read/review materials in d2l</li> </ul>	There are not any assignments due this week.
Module Five September 18-22	<i>Using the Integrative Nature of FCS to Address Addiction in the Community</i> <ul style="list-style-type: none"> <li>Read/review materials in d2l</li> <li>Post Discussion/Participation Assignment #2</li> </ul>	<p>Discussion/Participation Two – Community Gaming Policy (Pro/Con): Initial post due to discussion board <b>Wednesday September 20<sup>th</sup></b>, follow-up due <b>Friday the 22<sup>nd</sup></b></p> <p>September 18<sup>th</sup> - last day to withdrawal with a 50% tuition refund</p>
Module Six September 25-29	<i>Addiction from a Lifespan Perspective/The ACE Study</i> <ul style="list-style-type: none"> <li>Read Chapter Four: Substance Abuse as a Developmental Disorder in <i>Substance Abuse Across the Lifespan</i></li> <li>Read/review materials in d2l</li> </ul>	There are not any assignments due this week.
Module Seven October 2-6	<i>Biological Basis of Substance Abuse: Brain Development and the Central Nervous System</i> <ul style="list-style-type: none"> <li>Read Chapter Two: Biological Basis of Substance Abuse in <i>Substance Abuse Across the Lifespan</i></li> <li>Read/review materials in d2l</li> <li>Post Discussion/Participation Assignment #3</li> </ul>	<p>Discussion/Participation Three – Brain Plasticity (review games): Initial post due to discussion board <b>Wednesday October 4<sup>th</sup></b>, follow-up due <b>Friday the 6<sup>th</sup></b></p>
Module Eight October 9-13 MIDTERM	<i>Midterm Exam</i>	<p>Exam will be open from Wednesday October 11th to <b>Friday the 13<sup>th</sup></b> (<b>Assessment -&gt; Quizzes</b>)</p> <p>October 13<sup>th</sup> Fall Break – No School</p>

Module Nine October 16-20	<p><i>Using Theory to Conceptualize Addiction/The Disease Model</i></p> <ul style="list-style-type: none"> <li>Chapter One: Conceptualization of Addictive Behavior in <i>Introduction to Addictive Behaviors</i></li> <li>Read/review materials on d2l</li> </ul>	<p>There are not any assignments due this week, however material from this module will be used for your Theory to Practice (TtP) Assignment.</p> <p>FCS Service Week Activity – (OPTIONAL extra credit)</p> <p>Homecoming Week</p> <p>October 16th - Deadline to initiate Late Withdrawal Request for Spring &amp; Summer 2017 semester</p>
Module Ten October 23-27	<p><i>Education and Prevention Programs</i></p> <ul style="list-style-type: none"> <li>Read Chapter Ten: Recognizing Risk and Substance Abuse Prevention in <i>Substance Abuse Across the Lifespan</i></li> <li>Read/review materials in d2l</li> <li>Submit PP Assignment #1</li> </ul>	<p>Theory to Practice Assignment Part I due to the dropbox <b>October 25<sup>th</sup></b></p>
Module Eleven October 30-November 3	<p><i>Addiction Issues, the Justice System, and Policy Initiatives</i></p> <ul style="list-style-type: none"> <li>Read/review materials in d2l</li> <li>Submit Discussion/Participation Assignment #4</li> </ul>	<p>Discussion/Participation Four – Criminal Justice Policy (movie review) due to dropbox</p> <p><b>Wednesday November 1<sup>st</sup></b></p>
Module Twelve November 6-10	<p><i>Cultural Contexts of Addiction</i></p> <ul style="list-style-type: none"> <li>Read Chapter Nine: Social and Cultural Foundations in <i>Introduction to Addictive Behaviors</i></li> <li>Read/review materials on d2l</li> <li>Submit PP Assignment #2</li> </ul>	<p>November 7th – deadline to apply or re-apply for graduation (<a href="http://www.eiu.edu/commence/prior.php">http://www.eiu.edu/commence/prior.php</a>)</p> <p>Theory to Practice Assignment Part II due to dropbox <b>Friday November 8<sup>th</sup></b></p>

Module Thirteen November 13-17	<i>Addiction and Public Policy: Pornography</i> <ul style="list-style-type: none"> <li>• Read/review materials on d2l</li> <li>• Post Discussion/Participation Assignment #5</li> </ul>	Discussion/Participation Five – Policy/Pornography (collage): Initial post due to discussion board <b>Wednesday November 15<sup>th</sup></b> , follow-up due <b>Friday the 17<sup>th</sup></b>
NO SCHOOL November 20-24	Please try to stay safe!	
Module Fourteen November 27- December 1	<i>Advocacy in Action</i> <i>US Public Health Crisis: The Opioid Epidemic</i> <ul style="list-style-type: none"> <li>• Read/review materials in d2l</li> <li>• Submit Advocacy Letter to dropbox (GRADUATE STUDENTS ONLY)</li> <li>• Submit PP Assignment #3</li> </ul>	Final Theory to Practice Assignment (Part III) due to dropbox <b>Wednesday November 29<sup>th</sup></b> Advocacy Letter (GRADUATE STUDENTS ONLY) due to dropbox <b>Wednesday November 29<sup>th</sup></b>
Module Fifteen December 4- 8	<i>Older Adults: The Forgotten Population</i> <ul style="list-style-type: none"> <li>• Chapter Ten: The Controversial Science of Behavioral Addiction <i>in Introduction to Addictive Behaviors</i></li> <li>• Read/review materials on d2l</li> </ul>	There are not any assignments due this week. Use this time to read though the materials and prepare for the final exam.
Final Exam Week December 11-15	<i>Wrap It up!</i> Final Exam	Final Exam is open December 11 <sup>th</sup> to <b>December 13<sup>th</sup></b>  December 15th 3pm - Deadline to Return books/TRS/No Fine 3:00 pm