



## Pre-Physical Therapy Preparation

Physical Therapists work with patients to regain mobility and strength after accidents or injury. They work with people of all ages, in schools, nursing homes, and hospitals.

Training to become a physical therapist occurs at the graduate level taking 2-3 years of training beyond the baccalaureate degree. The Bachelor of Science degree in Biological Sciences includes most of the physical therapy prerequisites, however it is not required and any academic baccalaureate degree will be acceptable. The Graduate Record Exam (GRE) is required for entry into most graduate programs. Physical Therapy is a competitive field, so a gpa of at least 3.4 on a 4.0 scale, high GRE scores are a must. Most programs also require 45+ experience hours in the field of health care (preferably physical therapy, either actual or through observation) and three letters of recommendation (1 academic, 1 professional, and 1 of your choice).

GENERAL REQUIREMENTS															
	Hrs	B	G	M	N	R	I		Hrs	B	G	M	N	R	I
<b>English</b>								<b>Biology</b>							
ENG 1001G Comp & Lang	3	√	√	√	√	√	√	BIO 1100 Gen Bio	4	√	√	√	√	√	√
ENG 1002G Comp & Lit	3	√	√	√	√	√	√	BIO 1300G Animal Div	4	√	<b>b</b>	√	√	√	
CMN 1310G Intro to Speech	3	√	√	√	√	√	√	BIO 2001G Hum Phys	4	√	√	√	√	√	√
								BIO 2200 Anatomy	4	√	√	√	√	√	√
<b>Chemistry</b>								<b>Behavioral/Social Sciences</b>							
CHM 1310G Gen Chem I	3	√	√	√	√	√	√	PSY 1879G Intro to Psych	3		√	√	√	√	√
CHM 1315G Gen Chem Lab	1	√	√	√	√	√	√	PSY 3515 Child Psych	3		√		√		<b>a</b>
CHM 1410 Gen Chem II	3	√	<b>a</b>		√	√	√	PSY 3780 Abnormal Psych	3		√				<b>b</b>
CHM 1415 Gen Chem II Lab	1	√	<b>a</b>		√	√	√	SOC 1838G Intro Sociology	3			√			
<b>Physics</b>								<b>Math</b>							
PHY 1151G Prin Phys I	3	√	√	√	√	√	√	MAT 1330 Trig	2						
PHY 1152G Physics I Lab	1	√	√	√	√	√	√	MAT 1400 Pre Cal	3						
PHY 1161 Prin Phys II	3	√	√	√	√	√	√	MAT 1441G Calculus I	5				√		√
PHY 1162 Physics II Lab	1	√	√	√	√	√	√	MAT 2250G Stats	4	√	√	√	√	√	√
								PSY 2610 Stats							
<b>ADDITIONAL REQUIREMENTS</b>															
CPR			√		√										
FIRST AID					√										
Medical Terminology			√	√											

a or b Choose one

**B - Bradley University** [www.bradley.edu](http://www.bradley.edu),

**G - Governors State University** [www.govst.edu](http://www.govst.edu)

**M - Midwestern University** [www.midwestern.edu](http://www.midwestern.edu),

**N – Northwestern University** [medschool.northwestern.edu/nupthms](http://medschool.northwestern.edu/nupthms)

**R - Rosalind Franklin University of Medicine and Science** [www.rosalindfranklin.edu](http://www.rosalindfranklin.edu)

**I - The University of Illinois at Chicago** [www.ahs.uic.edu/pt](http://www.ahs.uic.edu/pt)

Each PT program has different requirements, it is very important to identify early which programs you plan to apply and plot out their requirements accordingly. The American Physical Therapy Association has an informative website <http://www.apta.org>

**Contact Information:** Pamela LeVine, Pre-Health Professions Advisor  
 Eastern Illinois University, 2058 Life Science Bldg, 600 Lincoln Avenue  
 Charleston, IL 61920 [plevine@eiu.edu](mailto:plevine@eiu.edu) Phone: 217-581-3126