



Pre-Occupational Therapy Preparation

Occupational therapists help people prepare to re-enter the workplace or merely regain control over their lives. They help patients develop behaviors and modify the workplace or living environment to accommodate disabilities and prevent further injury. As such, they are part psychologist, part sociologist, and part allied health specialist.

Occupational Therapy programs are phasing in master's level degrees rather than the traditional baccalaureate degree. Students enrolled at Eastern who decide to pursue a career in Occupational Therapy should complete a baccalaureate degree in an appropriate major, such as Psychology or Biology, and apply to a graduate program. A 3.50 gpa and a solid performance on the Graduate Record Exam (GRE) are required. Most programs also require 45+ experience hours with a licensed occupational therapist and three letters of recommendation (1 academic, 1 professional, and 1 of your choice).

General Requirements by Most Programs

English

ENG 1001G 3 _____ Comp & Language
 ENG 1002G 3 _____ Comp & Literature
 CMN 1310G 3 _____ Intro to Speech

Biology

BIO1001G/1100 3 _____ Gen Bio
 BIO 2001G 4 _____ Human Physiology
 BIO 2200 4 _____ Anatomy

Behavioral/Social Sciences 9 hours

PSY 1879G 3 _____ Intro to Psychology
 *PSY 3515 3 _____ Child Psychology
 *PSY 3525 3 _____ Psy of Maturity & Old Age
 PSY 3780 3 _____ Abnormal Psychology
¹FCS 1800 3 _____ Life Span Human Dev

Math

MAT 2250G 4 _____ Statistics

¹ In some cases FCS 1800 can be replaced by PSY 3515 and PSY 3525

² Anthropology or Sociology (required by some schools)

ADDITIONAL REQUIREMENTS

CPR

Medical Terminology

Course work or experience with ceramics, crafts, weaving, woodworking etc...

There are some schools that require Chemistry and Physics, if so the typical requirements are below

Chemistry

CHM 1310G 3 _____ Gen Chem
 CHM 1315G 1 _____ Gen Chem Lab
 CHM 1410 3 _____ Gen Chem II
 CHM 1415 1 _____ Gen Chem II Lab

Physics

PHY 1151G 3 _____ Physics I
 PHY 1152G 1 _____ Physics I Lab

Each OT program has different requirements, it is very important to identify early which programs you plan to apply and plot out their requirements accordingly.

For additional information:

[American Occupational Therapy Association](http://www.aota.org) <http://www.aota.org>

[Governors State University](http://www.govst.edu) – www.govst.edu

[Midwestern University](http://www.midwestern.edu)- www.midwestern.edu

[The University of Illinois at Chicago](http://www.ahs.uic.edu/pt/) – www.ahs.uic.edu/pt/

[Rush University](http://www.rushu.rush.edu) - www.rushu.rush.edu

[Chicago State University](http://www.csu.edu) – www.csu.edu

Contact Information: Pamela LeVine, Pre-Health Professions Advisor
 Eastern Illinois University, 2058 Life Science Bldg, 600 Lincoln Avenue
 Charleston, IL 61920 plevine@eiu.edu Phone: 217-581-3126