



## Daily Survival Guide for Principals

- **Chewing gum** – to remind you to stick with it and you can accomplish anything
- **Mint** – to remind you that you are worth a mint
- **Tootsie Roll** – to remind you that you should not bite off more than you can chew
- **Toothpick** – to remind you to pick out the good qualities in others
- **Rubber band** – to remind you to be flexible. Things may not always go the way you want, but it will work out.
- **Eraser** – to remind you that everyone makes mistakes
- **Button** – to remind you that sometimes you need to button your lips
- **Dum-Dum** – for when you feel that way
- **Smarties** – to remind you that you are smart
- **Starburst** – to give you a burst of energy on the days you don't have any
- **Rope** – to remind you that when you are at the end of your rope, grab hold and hang on
- **Kisses & Hugs** – to remind you that you are loved☺



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