

EASTERN ILLINOIS UNIVERSITY  
DEPARTMENT OF KINESIOLOGY AND SPORT STUDIES

**KSS 4900: PHYSICAL ACTIVITY FOR SPECIAL POPULATIONS**  
Spring 2010

**INSTRUCTOR:** Dr. Phyllis Croisant  
**OFFICE:** 1020 McAfee  
**TELEPHONE:** 581-7596  
**E-MAIL:** ptcroisant @ eiu.edu  
**OFFICE HOURS** MW 2-3 PM  
Tues. 3-4 PM  
F 11:30 AM-12:30 PM  
For other hours, please call or email for an appointment  
**TEXTBOOK:** Assigned journal articles; websites

**COURSE CONTENT:** Research and guidelines on physical activity for individuals with special medical conditions. Health conditions covered may include diabetes, asthma, hypertension, arthritis, epilepsy, sickle-cell trait, pregnancy, AIDS, fibromyalgia, cancer, multiple sclerosis, muscular dystrophy, hearing impairments, vision impairments, Alzheimer's, physical disabilities such as paraplegia, or Down syndrome and other mental disabilities.

**EVALUATION:** Study guides (6) 60 pts.  
Physical activity program plan 40 pts.

**ATTENDANCE & MAKE-UP POLICY:**

If you will miss class due to an official school function or other pre-planned activity, you must make arrangements for make-ups *before* the absence. If the absence is due to illness, accident, or other unforeseen event, you must call or e-mail me as soon as feasible. Do not wait until you return to class to contact me about make-ups.

**ACCOMMODATIONS FOR STUDENTS WITH DISABILITIES:**

If you have a documented disability and wish to receive academic accommodations, please contact me as soon as possible or contact the Coordinator of the Office of Disability Services (581-6583).

**STUDENT SUCCESS CENTER**

Students who are having difficulty achieving their academic goals are encouraged to contact the Student Success Center ([www.eiu.edu/~success](http://www.eiu.edu/~success)) for assistance with time management, test taking, note taking, avoiding procrastination, setting goals, and other skills to support academic achievement. The Student Success Center provides individualized consultations. To make an appointment, call 217-581-6696, or go to 9th Street Hall, Room 1302.