

EASTERN ILLINOIS UNIVERSITY
Kinesiology and Sports Studies—KSS 3600

Instructor: Joe Landeck
1406 McAfee 581-2421

Office Hours: Monday-Thursday: 9-10 am

Course Description: Physical education as it relates to the development of the total education of the elementary (kindergarten through sixth grade) student.

Course Objectives:

- 1) To develop a knowledge and understanding of a balanced elementary physical education program.
- 2) To be able to plan and teach elementary physical education lessons.
- 3) To be able to design a basic elementary physical education curriculum.
- 4) To be able to develop and teach basic skills in areas of movement, dance, fitness, sport and games, and other physical activities as needed for a quality elementary physical education program.

Text: **Dynamic Physical Education for Elementary School Children** By Robert Pangrazi

Evaluation:

- 1) Mid-term test: 30% of grade
- 2) Final test: 30% of grade
- 3) Teaching classroom lessons with lesson plans: 20% of grade
- 4) Teaching lessons in gym with lesson plans: 20 % of grade
- 5) Observation of an elementary physical education program; requirement for a passing grade
- 6) Attendance and participation: This is a “hands on” class; wear gym shoes.

Points will be added/subtracted based on attendance:

<u>Classed missed</u>	<u>Points</u>
0	+10
1	+5
2	0
3	-2
4	-4
5	-7
6	-10
7	-13
8	-16
9	-20
10+	F

7. Any tests or lessons not completed may result in a failing grade

Students will present four lessons, two in the classroom and two in the gym (outside). Of the two in the classroom, one will be from the textbook and presented to your colleagues (as college students) and one will be a subject area of your choice presented to your colleagues (as 1st through 6th grade students). Of the two presentations in the gym, one will be for kindergarten through 3rd grade and the other, 4th through 6th grade.

For the chapter lessons, students must turn in an outline. For the classroom and gym lessons, students must turn in a lesson plan. Chapter outline and lesson plans MUST be turned in PRIOR to giving lesson; therefore, have two lesson plans available, one for you and one for Mr. Landeck.

Chapter lessons will be in numerical order beginning with Chapter Two. Gym lessons will go in numerical order of chapters beginning with Chapter Ten. Classroom lessons will go in numerical order of the chapters beginning with Chapter 24. Here is the rotation order: 2, 3, 4, 5, 6, 7, 8, 9, 10, & 12., 11#, 13#, 14 and #15, 16#, 17#, 18# and 20*, 19#, 21 & 22#, 23 and 29#, 24#, 25#, 26 and 27#, 28 and 30#, RC 1 (1-27), RC 2 (28-55), body systems relating to physical activity, Parenting P.

#-- some type of demonstration

*-- must be corresponding gym lesson

P-- may be taken only by a parent

BS--tell how skeletal, muscular, circulatory, respiratory, excretory, and digestive systems function related to physical activities.

Any student with a documented disability and wishes to receive academic accommodations should contact the Coordinator of the Office of Disability Services at 581-6583.

Students who are having difficulty achieving their academic goals are encouraged to contact the Student Success Center (www.eiu.edu/~success) for assistance with time management, test taking, note taking, avoiding procrastination, setting goals, and other skills to support academic achievement. The Student Success Center provides individualized consultations. To make an appointment, call 217-581-6696, or go to 9th Street Hall, Room 1302.