

General Medical Conditions in the Athlete  
KSS 3180-001  
Spring 2010  
Wednesday 6:30-8:10 pm

**Instructor:** Kristin E. Brown, MS.Ed, ATC, PTA

**Office:** 1414 McAfee

**Phone:** 217-581-2690

**E-mail:** [kebrown2@eiu.edu](mailto:kebrown2@eiu.edu)

**Office Hours:** Thursdays 9am-11am or by appointment on Tuesdays or Thursdays

**Text:** Cuppert, M. & Walsh, K.M. (2005). *General Medical Conditions in the Athlete*. St. Louis, MO: Elsevier Mosby.

**Course Description:** A study of general medical conditions and disabilities, wound care and management techniques and environmental related conditions found in the athletes.

**Prerequisites:** KSS 2130, KSS 2135, KSS 2136

**Specific Course Goals:** Upon successful completion of this course:

1. The student will develop an understanding of the body's immune system and how athletic activity can affect this system as demonstrated.
2. The student will demonstrate the ability to identify and assess illnesses and general medical conditions.
3. The student will comprehend the environmental conditions involved with certain athletic activities and be able to identify medical conditions associated with a focus on heat.
4. The student will exhibit proficiency in the safe, effective management of various wounds and the proper use of common general medical equipment.
5. The student will exhibit the ability to critically analyze an injury scenario and identify possible medical conditions involved as demonstrated through the completion of case studies.

**Attendance Policy:** Each of you is responsible for the material covered in class. To assist you in focusing on the objectives, you are required to attend all classes unless previously excused by the instructor. You must be present on the day of examinations or prior arrangements must be made with the instructor. Attendance will be taken regularly.

**Academic Dishonesty:** Cheating, collusion, and plagiarism will not be tolerated. Those students reasonably suspected of academic dishonesty by the course instructor will fail the coursework involved and/or the course and details will be submitted to the Office of Judicial Affairs for student conduct.

**Course Outline:**

1. January 13 Introduction, Chapter 1& 2
2. January 20 Chapter 4
3. January 27 Chapter 5
4. February 3 Chapter 6
5. February 10 Chapter 7
6. February 17 Chapter 8 Midterm review
7. February 24 Exam 1
8. March 3 Chapter 9
9. March 10 Chapter 10
10. March 17 Spring Break
11. March 24 Chapter 11
12. March 31 Chapter 12
13. April 7 Chapter 13
14. April 14 Chapter 14
15. April 21 Chapter 15
16. April 28 Review for finals
17. May 5 Finals week

**Course Evaluation:**

1. Writing assignments 10 points each
2. Case studies 10 points each
3. Midterm 50 points
4. Final examination 50 points

**Grading:** The final grade will be based on the following scale from the total points accumulated:

- A = 90-100%
- B = 80-89%
- C = 70-79%
- D = 60-69%
- F = Below 59%

If you have a documented disability and wish to receive academic accommodations, please contact the Coordinator of the Office of Disability Services 217-581-6583

Instructor reserves the right to change course outline depending on course needs.