

EASTERN ILLINOIS UNIVERISTY
KINESOLOGY AND SPORTS STUDIES

Spring 2010

KSS 2440- Structural Kinesiology

3:00 -3:50 a.m. M/W/F

INSTRUCTOR: Mr. Chris Ryan, M.S. clryan@eiu.edu

OFFICE: 1417 Lantz 581- 7229 (office) 246-4127 (cell)

OFFICE HOURS: TBA

COURSE DESCRIPTION: Students will learn the body's musculoskeletal system and how it operates through movement mechanics.

COURSE OBJECTIVES: Identify and demonstrate various fundamental movement patterns and the planes, axes that define human movement. Analyze and apply movement patterns for effectiveness. Demonstrate knowledge of the structural framework of the human body including bones, joints and muscles.

EVALUATION:

Quizzes	30 points each
Final Exam	50 points
Class Assignments/Labs	5 points each

GRADING:

A = 100-90%

B= 80-89%

C= 70-79%

D= 60-69%

F= below 60%

COURSE EXPECTATIONS: Three non-participation days allowed (4th results in drop of one letter grade) (2 tardies result in one non-participation day). Only documented emergencies and illnesses will be excused.

SPECIAL NOTE: If you have a documented disability and wish to receive academic accommodations, please contact the Coordinator of the Office of Disability Services (581-6583) as soon as possible. TEXT: Floyd. R.T. Manual of Structural Kinesiology (17th Edition) McGraw-Hill, 2007.

Students who are having difficulty achieving their academic goals are encouraged to contact the Student Success Center (www.eiu.edu/~success) for assistance with time management, test taking, note taking, avoiding procrastination, setting goals, and other skills to support academic achievement. The Student Success Center provides individualized consultations. To make an appointment, call [217-581-6696](tel:217-581-6696), or go to 9th Street Hall, Room 1302.