

Eastern Illinois University

Physical Education Department – PED 3600

- Instructor: Joe Landeck
1406 McAfee 581-2421
- Office Hours: Monday- Thursday: 9-10 AM
- Course Description: Physical education as it relates to the development of the total education of the elementary (kindergarten through sixth grade) student.
- Course Objectives
- 1) To develop a knowledge and understanding of a balanced elementary physical education program.
 - 2) To be able to plan and teach elementary physical education lessons.
 - 3) To be able to design a basic elementary physical education curriculum.
 - 4) To be able to develop and teach basic skills in areas of Movement, dance, fitness, sport and games, and other physical activities as needed for a quality elementary physical education program.
- Text: **Dynamic Physical Education for Elementary School Children**
By Robert Pangrazi
- Evaluation:
- 1) Mid-term and final tests
 - 2) Quizzes: announced and unannounced
 - 3) Teaching classroom lessons with lesson plans
 - 4) Teaching lessons in gym with lesson plans
 - 5) Observation of an elementary physical education program
 - 6) Attendance and participation: This is a “hands on” class.

Attendance and participation are vital! Wear gym shoes!

Also, bring textbooks every day unless otherwise instructed.

- A. Perfect Attendance will raise grade one letter.
- B. Miss 3-4 classes: Maximum grade possible is a B.
- C. Miss 5-6 classes: maximum grade possible in a C.
- D. Miss 7-8 classes: maximum grade possible is a D.
- E. Missing 9 or more classes results in automatic failure.

Any student with a documented disability and wishes to receive academic accommodations should contact the Coordinator of the Office of Disability Services at 581-6583.

Students will present four lessons, two in the classroom and two in the gym (outside). Of the two in the classroom, one will be from the textbook and presented to your colleagues (as college students) and one will be a subject area of your choice presented to your colleagues (as 1st through 6th grade students). Of the two presentations in the gym, one will be for kindergarten through 3rd grade and the other, 4th through 6th grade.

For the chapter lessons, students must turn in an outline. For the classroom gym lessons, students must turn in a lesson plan. Chapter outline and lesson plans MUST be turned in PRIOR to giving lesson; therefore, have two lesson plans available if needed.

Chapter lessons will be in numerical order beginning with Chapter Two. Gym lessons will go in numerical order of chapters beginning with whoever has Chapter Ten. Classroom lessons will go in numerical order of the chapters beginning with whoever has Chapter 24. Here is the order rotation: 2, 3, 4, 5, 6, 7, 8, 9, 10 & 12., 11#, 13#, 14 & 15#, 16#, 17#, 18#, 19#, 20*. 21 & 22#, 23 & 29#, 24#, 25#, 26 & 27#, 28 & 30#, RC 1 (1-27), RC 2 (28-55), body systems relating to physical activity, Parenting P

some type of demonstration

* must be corresponding gym lesson

P may be taken only by a parent

BS tell how skeletal, muscular, circulatory, respiratory, excretory, and Digestive systems
Function related to physical activities.

Be prepared one week in advance for your lesson. Your grade will be lowered if you are not prepared or absent on the day you are to give your lesson. Preparation and reliability are very important traits of the teaching profession.