

Kinesiology and Sports Studies

Eastern Illinois University

Charleston, Illinois 61920

Degree Program: BS in Athletic Training**Freshman Year**

<i>Fall Semester</i>			<i>SH</i>	<i>Spring Semester</i>			<i>SH</i>
¹ ENG	1001G	Composition and Language	3	² BIO	2001G	Human Physiology	4
BIO	1001G	General Biology	3	² KSS	2136	Athletic Training as a Profession	3
PSY	1879G	Introductory Psychology	3	² KSS	2137	Basic Skills in Athletic Training	1
¹ CMN	1310G	Intro to Speech Communication	3	² KSS	2440	Kinesiology	3
² KSS	2130	Athletic Training Practicum	1	¹ ENG	1002G	Composition and Literature	3
² KSS	2135	Basic Care & Prevention of Injuries	3	¹ GEN	xxxx	Gen Ed Social/Behavioral Science	3
			16				17

Sophomore Year

<i>Fall Semester</i>			<i>SH</i>	<i>Spring Semester</i>			<i>SH</i>
² KSS	3140	Injury Recognition - Upper Extremity	2	² KSS	3141	Injury Recognition-Lower Extremity	2
² KSS	3150	Clinical Skills - Upper Extremity	2	² KSS	3151	Clinical Skills - Lower Extremity	2
HST	2000	Principles of Human Health	3	¹ GEN	xxxx	Gen Ed Fine Arts	3
¹ GEN	xxxx	Gen Ed Humanities	3	¹ GEN	xxxx	Gen Ed Physical Science (physics)	3
BIO	2200	Human Anatomy	4	¹ MAT	xxxx	Gen Ed Mathematics	3-4
² KSS	3800	Biomechanics	3	FCS	2100	Nutrition in a Global Society	3
			17				16-17

Junior Year

<i>Fall Semester</i>			<i>SH</i>	<i>Spring Semester</i>			<i>SH</i>
² KSS	3142	Therapeutic Exercise	2	² KSS	3143	Therapeutic Modalities	2
² KSS	3152	Clinical Skills - Therapeutic Exercise	2	² KSS	3153	Clinical Skills - Therapeutic Modalities	2
² KSS	3900	Microcomputers in Physical Education	3	² KSS	4440	Physical Fitness Appraisal	3
² KSS	4340	Principles of Exercise Physiology	3	² KSS	3180	Gen Medical Conditions in the Athlete	2
² KSS	4900	Special Topics in Ex Physiology	1	¹ GEN	xxxx	Gen Ed Social/Behavioral Science	3
FCS	4755	Nutrition for Physical Performance	3	² KSS	1600	Weight Training	1
¹ GEN	xxxx	Gen Ed Fine Arts or Humanities	3				
			17				13

Senior Year

<i>Fall Semester</i>			<i>SH</i>	<i>Spring Semester</i>			<i>SH</i>
² KSS	3144	Seminar in Sports Medicine	2	² KSS	4275	Field Experience	3
² KSS	3154	Clinical Skills - Capstone	2	² KSS	4741	Independent Study	3
² KSS	4500	Research & Statistics in KSS	3	¹ EIU	4xxx	Senior Seminar	3
² KSS	4460	Principles of Resistance Training	3	XXX	xxxx	Foreign Language or Elective	3-4
² KSS	4900	Special Topics in Ex Physiology	1				
XXX	xxxx	Foreign Language or Elective	3-4				
			14-15				12-13

TOTAL: 123-125 credit hours

This is a generic semester-by-semester guide to completing your degree requirements. Please consult your academic advisor to determine whether this plan meets your particular academic needs and interests.

1. For a listing of General Education courses, see catalog.
2. Students must receive a "C" or better in all Kinesiology and Sports Studies courses and BIO 2001G.