

Kinesiology and Sports Studies

*Eastern Illinois University**Charleston, Illinois 61920***Degree Program: BS in Athletic Training****Freshman Year**

<i>Fall Semester</i>				<i>SH</i>	<i>Spring Semester</i>				<i>SH</i>
ENG	1001G	Composition and Language		3	BIO	2001G	Human Physiology		4
CMN	1310G	Intro to Speech Communication		3	KSS	2136	Athletic Training as a Profession		3
PSY	1879G	Introductory Psychology		3	KSS	2137	Intro to AT Clinical Education		1
BIO	1001G	General Biology		3	KSS	2440	Structural Kinesiology		3
KSS	2130	Athletic Training Practicum		1	ENG	1002G	Composition and Literature		3
KSS	2135	Basic Care & Prevention of Injuries		3	GEN	xxxx	Gen Ed Social/Behavioral Science		3
				16					17

Sophomore Year

<i>Fall Semester</i>				<i>SH</i>	<i>Spring Semester</i>				<i>SH</i>
KSS	3140	Injury Recognition - Upper Extremity		2	KSS	3141	Injury Recognition-Lower Extremity		2
KSS	3150	Clinical Skills - Upper Extremity		2	KSS	3151	Clinical Skills - Lower Extremity		2
HST	2000	Principles of Human Health		3	GEN	xxxx	Gen Ed Fine Arts		3
GEN	xxxx	Gen Ed Humanities		3	MAT	xxxx	Gen Ed Mathematics		3
BIO	2200	Human Anatomy		4	FCS	2100	Personal Nutrition		3
					KSS	3800	Biomechanics		3
				14					16

Junior Year

<i>Fall Semester</i>				<i>SH</i>	<i>Spring Semester</i>				<i>SH</i>
KSS	3142	Therapeutic Exercise		2	KSS	3143	Therapeutic Modalities		2
KSS	3152	Clinical Skills - Therapeutic Exercise		2	KSS	3153	Clinical Skills - Therapeutic Modalities		2
KSS	4340	Principles of Exercise Physiology		3	KSS	4440	Physical Fitness Appraisal		3
KSS	1600	Weight Training		1	KSS	3180	Gen Medical Conditions in the Athlete		2
FCS	4755	Nutrition for Physical Performance		3	KSS	3181	AT Field Experience		2
GEN	xxxx	Gen Ed Fine Arts or Humanities		3	NUR	3203	Medical Terminology		3
					GEN	xxxx	Gen Ed Social/Behavioral Science		3
				14					17

Senior Year

<i>Fall Semester</i>				<i>SH</i>	<i>Spring Semester</i>				<i>SH</i>
KSS	3144	Seminar in Sports Medicine		2	KSS	4275	Field Experience		3
KSS	3154	Seminar in Sports Medicine		2	KSS	4900	Special Topics in KSS		1
KSS	4500	Research & Statistics in KSS		3	EIU	4xxx	Senior Seminar		3
KSS	4460	Principles of Resistance Training		3	XXX	xxxx	Foreign Language or Elective		3-4
KSS	4900	Special Topics in KSS		1	GEN	xxxx	Gen Ed Physical Science (physics)		3-4
XXX	xxxx	Foreign Language or Elective		3-4					
				14-15					13-15

TOTAL: 121-124 credit hours

This is a generic semester-by-semester guide to completing your degree requirements. Please consult your academic advisor to determine whether this plan meets your particular academic needs and interests.

1. For a listing of General Education courses, see catalog.
2. Students must receive a "C" or better in all Kinesiology and Sports Studies courses and BIO 2001G.