Rx for Prevention Strategic Planning Worksheet: Parts I - IV

Part I: What do we know about our campus?

Darken the circles of those questions you are able to answer in some way with regard to your campus.

- o How many students arrive on campus with prescription medications each year?
- o How many times have your students used prescription medications without a prescription in the past year? Past 30 days? In their lifetime?
- o How frequently are your students being solicited for their prescription medications?
- o How frequently are your students sharing their prescription medications?
- o How frequently are your students selling their prescription medications?
- o How easy is it for your students to find someone who is willing to share or sell their prescription medication on your campus?
- o How do your students perceive non-medical prescription drug use on campus? (e.g., how many students are non-medical users; their reasons for using prescription drugs without a prescription)
- o How accurate are your students' perceptions of non-medical prescription drug use on campus?
- o How harmful do your students perceive non-medical prescription drug use to be?
- o How knowledgeable are your students when it comes to the legal consequences of non-medical prescription drug use? When it comes to the judicial consequences of non-medical prescription drug use?
- o What are the primary motivations for non-medical prescription drug use on your campus?
- o What subgroups of students are at particular risk for non-medical prescription drug use on your campus?
- o How many alcohol and other drug-related violations also involve prescription drugs on your campus?
- o How many high-risk drinkers are also using prescription drugs without a prescription?
- o How many new prescriptions are initiated on your campus in a given academic year? What are those most commonly prescribed medications?
- o How are students disposing of their prescription medications on campus?

*Please turn over and complete second side of page.

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For those questions you were able to answer, denote the source(s) of data below.

- o Health survey data
- o Institutional survey data
- o State-wide survey data
- o Judicial data
- o Local police data
- o Emergency department data
- o Student health records
- o Brief motivational enhancement tools (e.g., BASICS)
- o Audience Response System ("clicker") presentation session data
- o Academic research initiatives and projects (e.g., senior capstone research)
- o Convenience sample survey data
- o Pre-post program survey data
- o Focus group data
- o Social networking site scans
- o Other(s):_____

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Part II: What do we need to know about our campus?

Look back over the questions in Part I. Identify one that you would like to answer for your campus. Write it here:

_____
_____

Now, look back over the sources of data listed in Part I. Identify the various data sources that will help you to answer this question for your campus. Please include data sources that may not be listed. List those here:

_____
_____
_____
_____
_____
_____
_____

Look at the various data sources you listed, and denote any barriers you might foresee in accessing the data you need. List those here:

_____
_____
_____
_____
_____
_____

Rx for Prevention Strategic Planning Worksheet: Parts I - IV

Part III: Linking Alcohol and Other Drug Prevention to NMPDU

What lessons learned from your work in alcohol and other drug abuse prevention will translate to the prevention of non-medical prescription drug use?

_____
_____
_____
_____
_____
_____

What are the efforts already in place on your campus with regard to alcohol and other drug use that might make sense for integration of non-medical prescription drug use? Think about data collection strategies, training initiatives, and other services and resources available.

_____
_____
_____
_____
_____
_____

Identify one existing effort on your campus that you can work to integrate the issue of non-medical prescription drug use. List it here.

_____
_____

Identify any barriers that might prevent you from successfully integrating your efforts.

_____
_____
_____
_____

Rx for Prevention Strategic Planning Worksheet: Parts I - IV

Part IV: Creating a Timeline

Reflect back on Parts I, II, and III, when responding to the following questions.

- What do I <u>currently know</u> about my students and non-medical prescription drug use?
- What do I <u>need to know</u> about my students and non-medical prescription drug use?
- How can I <u>find out</u> what I need to know about my students and non-medical prescription drug use?
- <u>What do I do</u> with that information once I have it? What <u>key resources</u> exist to guide my efforts?

<u>Plotting My Progress</u>:

Deadline #1: _____

I will: _____

Deadline #2: _____

I will: _____

Deadline #3: _____

I will: _____