

IHEC E-Newsletter

The Illinois Higher Education Center's monthly e-newsletter provides information about alcohol, other drug, and violence prevention. This information includes state and national news, grant/funding opportunities, upcoming events, and more!

May 2011

Greetings from the IHEC office! Spring has sprung! I hope that all of you are staying dry and enjoying the sunshine when we see it! The IHEC office has been a busy, busy place lately! We have been planning and conducting many trainings and webinars, offering daily technical assistance, seeking EUDL proposals, etc! We have a lot of GREAT trainings for the final months of FY11 and I hope that you will take advantage of them! The upcoming trainings are highlighted on the last page of this newsletter. Please let me know if you have any questions. I would be HAPPY to help you!

Did you know...IHEC has been trying to use several forms of social media to connect with our affiliates across the state of Illinois and beyond. Follow us in the these ways:

- Twitter name: IHEC_AODV
- Facebook page: Illinois Higher Education Center for AODV Prevention
- IHEC blog: www.illinoishec.blogspot.com
- IHEC website: www.eiu.edu/ihec
- Join the IHEC listserv by sending me an email at: jawright3@eiu.edu

We hope that you will find one way to connect with us and STAY connected! We really enjoy serving all of you and hope to see you at an event soon! Have you registered for a training or affiliate meeting today?

Until next time...take care! Sincerely– Jessica A. Wright, Assistant Director



Illinois Higher Education Center
Eastern Illinois University
600 Lincoln Ave.
Charleston, IL
61920
Ph: 217-581-2019
Fax: 217-581-8330
www.eiu.edu/ihec



IHEC Needs Assessment: We Need Your Help!



IHEC recently sent out a needs assessment survey link to a person from each Illinois college or university campus that works closest with alcohol prevention/education. If you or someone from your institution have received the email and not completed it, we ask that you please do so. The purpose is to find out the needs, wants, and concerns regarding Alcohol and Other Drug Prevention for our affiliates in higher education from around the state. This needs assessment is crucial to the success and continuation of IHEC services. The information collected will be submitted as a summary to the state of Illinois. No individual school needs, wants, comments, etc. will be shared with the state. Do not miss your chance to be heard! Again, this survey is very important for your institution *and* IHEC.

If you are uncertain as to whether or not you have already completed the survey, please contact Eric Davidson at esdavidson@eiu.edu or by calling (217) 581-3912.

Evaluate Your Campus's Alcohol Prevention Programming!

Outside The Classroom has created a new tool called the Campus Diagnostic, which will help your institution determine which prevention is a priority for your specific alcohol prevention programming. This is a five minute survey that, upon completion, will send you a grade for your current prevention programming and qualitative feedback. Feedback includes two dimensions: (1) Does your alcohol prevention programming reflect the latest evidence-based research? (2) Do you have the institutional support necessary to effectively address high-risk drinking?

Please visit <http://www.campusdiagnostic.com/> to complete the survey and find out if you are getting the most out of your prevention dollars.

Articles of Interest Regarding Student Alcohol Use

- [“Supporting Students in Recovery on College Campuses: Opportunities for Student Affairs Professionals”](#)
 - This article summarizes what is currently known about college students in recovery and ways that student affairs professionals can help build an infrastructure of formal and informal supports for this underserved and at-risk student population.
- [“Planning Alternative Campus Events”](#)
 - Research has suggested that providing students with alcohol-free activities or events can cause alcohol use to decline amongst college students. Provided by the Higher Education Center, this article uses previous research to explore the possibilities of alternative campus events.
- [“New Technology Tools: Using Social Media for Alcohol, Drug Abuse, and Violence Prevention”](#)
 - Social media (i.e. Facebook, Twitter, MySpace, etc.) is a popular tool used by many people and organizations. This article explores the various uses for social media in regards to prevention. IHEC’s Facebook page is actually mentioned in this article, as well as insight from Thomas Workman.

After a Suicide: A Toolkit for K-12 School Systems



The American Foundation for Suicide Prevention (AFSP) and the Suicide Prevention Resource Center, two of the nation's leading organizations devoted to suicide prevention, are proud to announce the release of *After a Suicide: A Toolkit for Schools*, a free, online resource to help schools cope in the aftermath of a suicide. This toolkit is a highly-practical resource for schools facing real-time crises, is applicable for diverse populations and communities, and was developed in consultation with national experts. General guidelines for actions, do's and don'ts, as well as templates and sample materials are included. The toolkit also covers topics such as Crisis Response, Helping Students cope, Working with the Community, Memorialization, Social Media, Suicide Contagion, and Bringing in Outside Help.

The toolkit is a downloadable PDF and can be accessed by clicking [here](#). The [AFSP](#) also offers more information on suicide and related resources & programs.

Illinois Community Colleges Recognized as Top 120 in the Nation!

The Aspen Institute, a non-profit organization based in D.C., has compiled a list of the nation's top 120 community colleges. According to the Yahoo! blog, The Lookout, "The analysis and resulting list are part of an initiative to improve graduation rates among the six million Americans who enroll in the primarily two-year, public educational institutions each year. Community colleges are now the fastest-growing sector of higher education in this country, with students making up 40 percent of total undergrads nationwide."

IHEC wanted to congratulate and recognize the Illinois Community Colleges that made the list!

- Illinois Eastern Community Colleges– Olney Central College (Olney, IL)
- Illinois Eastern Community Colleges– Lincoln Trail College (Robison, IL)
- Lake Land College (Mattoon, IL)
- Rend Lake College (Ina, IL)
- Southeastern Illinois College (Harrisburg, IL)



The full article can be accessed online by clicking [here](#). Congratulations again to those Illinois colleges that were recognized!

Limited Space Available for Alcohol Prevention Webinar!

"Building and Sustaining Statewide Initiatives for Effective Alcohol Prevention" will be held on Tuesday, May 17 from noon until 1:30 CST. Statewide initiatives (SWIs), or statewide coalitions, are concerted efforts by institutions of higher education, community organizations, and government officials in a state to change aspects of the campus and community environment that contribute to high-risk alcohol use. Long-lasting environmental change is accomplished by creating and mobilizing campus and community coalitions to local action and collaborating at the state level to advance policy and environmental change.

This Webinar is provided by the Higher Education Center and will also highlight lessons learned and best practices from successful SWIs. Please visit the [Higher Education Center](#) for more information and a registration link.

Make sure to follow us on Twitter and "like" us on Facebook!!! Click the links



Upcoming IHEC Affiliate Meetings

- A Northern Illinois affiliates meeting will be held on June 13 at North Central College in Naperville. Registration is open on the IHEC website!
- The Central Illinois affiliate meeting is scheduled for June 17 at the Illinois College Community Board in Springfield. Registration is open on the IHEC website!

Upcoming IHEC Trainings

- St. Xavier University will be hosting a Student Veterans Training on May 11 from 9am-3pm. For more information, please visit <http://www.eiu.edu/ihec/veteranstraining.php>. Registration deadline is May 3, 2011.
- Alcohol Expectancy Training will be held on May 24 and 25 in Bloomington, IL at Heartland College from 9am-3pm. Registration deadline is May 16 and more information can be found at <http://www.eiu.edu/ihec/ECALCTraining.php>. Please contact IHEC if you wish to register for a hotel room! You must agree to share a room and if so, the cost is on IHEC!
- The Peer Education Training will be at Eastland Suites in Bloomington, IL on June 9 from 9am-3pm. Please visit <http://www.eiu.edu/ihec/advisingcollegiatepeeredgroups.php> for more information.

Upcoming IHEC Webinars

- Tavis Glassman will be presenting “High Risk Prevention Strategies for Game Day” on June 8 from 11am-12pm. Please visit <https://www1.gotomeeting.com/register/991298456>.

Other Conferences and Trainings

- The 2011 American College Health Association Annual Meeting will be held on May 31-June 4 at the JW Marriott Desert Ridge in Phoenix, Arizona. The theme is “Evolving with Changing Times.” For more information, please visit: http://www.acha.org/emails/ACHA_2011AnnualMeeting_SaveTheDate.html.
- NASPA Assessment and Persistence Conference will be held in Las Vegas, Nevada on June 9-11, 2011. For more information, or to register, please visit: <http://www.naspa.org/programs/apc/default.cfm>
- 2011 Montana Summer Positive Community Norms Institute is in Big Sky, MT on June 11 (Pre-Institute) and July 12-14 (Institute). Click [here](#) for more information..
- 2011 National EUDL Leadership Conference will be held in Orlando, FL on August 10-12, 2011. For more information please visit: <http://ojjdp.dgimeetings.com/home.aspx>
- Save the Date! BACCHUS General Assembly to be held on November 3-6. Details here: <http://bacchusgamma.org/ga-2008-intro.asp>