



Newsletter of the Illinois Higher Education Center - February 2024

CALL FOR PROPOSALS FOR SUBSTANCE USE PREVENTION CONFERENCE

Presenters are still needed for the Illinois Substance Use Prevention Conference coming up on April 22 - 24 at State House Inn in Springfield, Illinois. Individuals who work within the field of AOD Prevention in higher education within the state of IL are encouraged to present.

If interested in being a speaker for the Substance Use Conference, register with the link below:

<https://www.eiu.edu/ihec/machform/view.php?id=179279>

or reach out to Annabelle for further information. We look forward to hearing from you!

Deadline for proposals is extended to March 1st!

UPCOMING EVENTS

Café Connections
(Zoom):
February 7, 2024 @
9:30am on Zoom

Advisory Board Meeting:
February 20, 2024 @ 2pm
on Zoom

The Guide to the Eight
Professional
Competencies for Higher
Education Substance
Misuse Prevention
Webinar by Dr. David
Anderson:
February 21, 2024 @ 1pm
on Zoom

Prevention with Purpose:
Selecting Strategies with
Intention by Annabelle
Escamilla:
February 26, 2024 @ 1pm
on Zoom

Black History Month

With February being Black History Month, we are going to share some data on how substance use looks differently across races. Keyes and colleagues (2015) completed a study analyzing the racial/ethnic differences in alcohol, tobacco, and marijuana use across adolescence and adulthood. Compared to non-Hispanic Whites, Blacks are less likely to engage in alcohol and tobacco use, as well as equally or less likely to use marijuana (Keyes et al., 2015). There is some evidence of convergence in adulthood, specifically in number of drinks per setting in female drinkers (Keyes et al., 2015). However, Blacks are more likely to experience substance use related consequences, like arrest/incarceration for marijuana related offenses and legal or social problems (Keyes et al., 2015).

Reference

Keyes, Katherine M.; Vo, Thomas; Wall, Melanie M.; Caetano, Raul; Suglia, Shakira F.; Martins, Silvia S.; Galea, Sandro; Hasin, Deborah (2015). Racial/ethnic differences in use of alcohol, tobacco, and marijuana: Is there a cross-over from adolescence to adulthood?. *Social Science & Medicine*, 124, 132–141. doi:10.1016/j.socscimed.2014.11.035

Café Connections

Join IHEC and your peers in higher ed AOD prevention to discuss current, pre-planned topics and receive technical assistance. This will be held the first Wednesday of every month on zoom at 9:30am. Bring a cup of coffee, or beverage of your choice, to sit and connect with others in the field.

February Zoom Link: <https://eiu.zoom.us/j/88111003377?pwd=ZDBYN0hsY1YzbnF3V1g1cUNGVnIDUT09>

Upcoming Webinars:

Enhancing Cost-Effective Impact: The Aspirational Nature of the Eight Professional Competencies for Substance Misuse Prevention

Time and Venue: Wednesday, February 21, 2024 @ 1PM on Zoom

Register: <https://eiu.zoom.us/meeting/register/tZUqcO6prDgpH9e26DFe3--6E2Qzcb6uCVF9>

This webinar highlights the important professional skills essential for addressing drug and alcohol misuse with a broadened perspective. Using an eight-part framework, numerous knowledge, skills and applications are identified for practitioners, supervisors, campus leaders, academic programs, and state and national offices. Attendees will be introduced to how this document – with its aspirational nature, on-line resources and webinar links – can aid with attaining a health-enhancing environment in a more cost-effective manner.

Prevention with Purpose: Selecting Strategies with Intention

Time and Venue: Wednesday, February 26, 2024 @ 1PM on Zoom

- Register: <https://eiu.zoom.us/j/82891722886?pwd=dEhPYVdsQXljUG1VZURieXR4dIFVUT09>

This webinar will highlight the key components of identifying evidence-based strategies for prevention, how to select interventions based on budgetary and staffing needs, and instruct attendees on the basics of implementing these programs. Using the Strategic Prevention Framework (SPF) as a guide, this webinar will provide health educators, administrators, counselors, and related professionals with foundational skills for initiating substance use prevention on their campuses. . This information will help college professionals strategically plan and implement sustainability for the current and future health status of their campus.

Fundamentals in Substance Misuse for Higher Education Training:

March 8th, 13, and 15th 11am-2pm on Zoom

9 contact hours of CEU credit available to those that attend all sessions

Session 1:

- Foundations of our Work: The Public Health Approach and Substance Misuse Prevention
- College Student Substance Misuse Behaviors

Session 2:

- Prevention in Higher Education: Alphabet Soup
- Applying the SPF/Case Study: Assessment & Capacity

Session 3:

- Applying the SPF/Case Study: Planning and Evidence Based Prevention Strategies, Implementation, & Evaluation
 - Training Wrap-Up
-

Spring Affiliate Meeting:

March 28th 9-3:30 at Lewis & Clark Community College

Register: <https://www.eiu.edu/ihec/machform/view.php?id=182292>

Agenda:

8:30 Check In

9:00-9:30 Welcome and IHEC updates/questions

9:30-11:00 Attendee updates and needs discussion

Competencies

12:00 -1:00 Lunch

1:00-2:30 Workshop: how to market your prevention strategies

2:30-3:30 Skill applications, recap, and questions

3:30 Adjourn

State Conference

Register: <https://www.eiu.edu/ihec/machform/view.php?id=178491>

- Free to Attend.

Call for Proposals: <https://www.eiu.edu/ihec/machform/view.php?id=179279>

- Deadline extended to March 1st!

If you're interested in volunteering to setup or tear down, email us at ihec@eiu.edu.
We will cover the lodging of all presenters and volunteers.

Email List & Advisory Board Applications

To join our email list, reach out to alesscamilla@eiu.edu for more information. We are taking applications for our advisory board that meets once a month. This position helps provide guidance, feedback, and ideas for IHEC events, professional development, and ways to stay active in the field. Email Annabelle at alesscamilla@eiu.edu if you are interested.

Facebook: Illinois Higher Education Center for AODV Prevention

Instagram: IHEC_EIU

Twitter: IHEC_EIU

MEET THE GRADUATE ASSISTANTS: KENZIE BARR



Only on Socials

Prevention Partner Library – a new resource shared every other week

Event Updates - This is where you find out what's new and updates on scheduled events

Event Reminders - You don't want to miss it!

Kenzie graduated with a bachelor's degree in psychology and children's studies from Illinois State University in Bloomington-Normal, Illinois and is currently working on her master's degree in school counseling at EIU. Kenzie's personal and educational experiences with substance use disorder have made her passionate about working in this field. She enjoys spending time with friends and family and going on walks with her puppy. Kenzie joined us in January as a part of our grant extension for harm reduction!

Event Information - Webinar Objectives, Information about Speakers, Webinar highlights, etc.

Weekly Topics - Important Information related to Alcohol and Other drugs



**ILLINOIS HIGHER
EDUCATION
CENTER**
for alcohol, other drug
& violence prevention

Contact Us:

217-581-2019
ihec@eiu.edu

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