Turkey Cheeseburger Meatloaf

Nutrition Facts:				
Yield	6			
Calories	250			
Fat	10.8 g			
Sodium	549 mg			

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Ingredients Needed:

1 tsp. vegetable oil

7 slices turkey bacon

1 lb. extra-lean ground turkey

1 cup shredded cheddar cheese

1 egg

½ small onion, diced

1 slice French bread, crumbled

2 Tbsp. Worcestershire sauce

2 tsp. garlic powder

1/4 cup ketchup

2 Tbsp. yellow mustard

1 1/2 Tbsp. brown sugar



Recipe Directions:

- Preheat oven to 350 degrees.
- Heat vegetable oil in a large skillet over medium heat and cook turkey bacon until browned and crisp, about 5 minutes per side. Drain bacon on paper towels, crumble when cooled.
- Mixed cooked bacon with ground turkey, cheddar cheese, egg, onion, crumbled French bread,
 Worcestershire sauce, garlic powder, and black pepper; turn the turkey meatloaf mixture into a
 9X10 inch baking dish and form into a loaf shape in the middle of the dish.
- Mix ketchup, yellow mustard, and brown sugar together in a bowl, stirring to dissolve brown sugar. Spread the mixture over turkey loaf.
- Bake the turkey loaf in the preheated oven until the juices run clear, loaf is no longer pink in the middle, for 45 minutes to 1 hour.
- Let cool, serve, and enjoy!

