## Dairy-Free Matcha Tea Ice Cream

Nutrition Facts:		
Yield	2	Γ
Calories	550	
Fat	30 g	L
Sodium	36 mg	

<u>Code</u>	
\$, DF	

## Ingredients Needed:

2 <sup>1</sup>/<sub>2</sub> Tbsp. Sweet Matcha tea powder

- 1 tsp. vanilla
- $^{1\!\!/_2}$  Tbsp. half and half Splenda sugar blend
- 4 egg yolks
- 2 cans full-fat canned coconut milk



## **Recipe Directions:**

- Whisk egg yolks and coconut milk together in a large bowl. Pour into a large saucepan and heat over medium heat.
- Stir continuously over heat until it begins to visibly thicken but before it starts to boil. \*Remove from heat and stir in remaining ingredients.
- Chill mixture in the refrigerator for 1-2 hours. Pour into ice cream maker and follow manufactures instructions.

