

## Tips for Lab Patients...

### Do:

1. Check in at the Front Desk
2. Follow all instructions given to you by the lab tech during testing.
3. Tell the phlebotomist/lab tech if you have a history of fainting during blood testing.
4. Tell the phlebotomist/lab tech if you are nauseous, dizzy, or feel faint the day of your test.
5. Arrive 10 minutes before your scheduled lab appointment.
6. Tell the phlebotomist/lab tech if you have given blood recently (within the last two weeks).
7. Fast for a test if your doctor advises you to do so. (Fasting includes no food or drink for 7-10 hours prior to the test).

### Do Not:

1. Do not put a throat lozenge in your mouth prior to a throat culture. It may alter your results.
2. Do not grab the lab tech's arm while they are doing procedures – you could hurt yourself.
3. Do not urinate prior to your appointment if you need a urine specimen.
4. Do not hold your breath while having your blood drawn; you could faint.
5. Do not move your arm during phlebotomy. Arm movement may cause the needles to come out, requiring an additional needle stick.

## Charges for Laboratory Services

Most laboratory tests, ordered by EIU Health Service providers are performed at a minimal expense to students. Laboratory services are primarily supplemented by the Health Service Student fee. Additional charges are assessed for lab tests ordered by physicians not employed by EIU Health Service.

Students may pay for laboratory services not covered by the student fee with cash, check, or have charges billed to their university account.

## Patient Safety

Student safety is of the utmost importance to EIU Laboratory Services. The lab staff use only disposable needles, wear biological safety equipment, and follow OSHA and Clinical Laboratory Improvement Amendment (CLIA) guidelines at all times.

Since established, Eastern's Health Service Laboratory has passed all biannual CLIA federal inspections for both professional and safety standards.

## EIU Health Service

### Laboratory Services

**Monday – Friday**

**8:00a.m. – 5:00pm**

**(217)581-3013,  
ext. 4**



**Visit us online @  
[www.eiu.edu/~health](http://www.eiu.edu/~health)**

## Lab Staff:

Eastern's Health Service Laboratory is staffed by two full-time medical technologists, professionally trained in clinical laboratory sciences. Both are certified by the American Society of Clinical Pathologists (ASCP). Additionally, the laboratory staff takes a special interest in staying current with their knowledge of new and evolving technologies.

We also employ a certified phlebotomist. This employee collects specimens, performs laboratory clerical duties, and performs waived testing.



Jennifer Hagerstrom, MS, MT (ASCP)  
Laboratory Supervisor

Terrah Thornton, MT (ASCP)

Sarah R. Jones, Certified Phlebotomist



## What EIU Students say about EIU Laboratory Service\*...

"The lab was efficient and courteous as well"

"I can't believe it didn't hurt when the lady took my blood. She was really good."

"Nice, caring attitude."

\* Comments taken from 2007

Health Service Assessment survey

## Available Lab Testing:

A wide variety of lab tests are performed at EIU Health Service Laboratory (see listing below). Some specimens collected on-site at the laboratory are sent off campus for testing. Physicians not employed by EIU Health Service may also order lab tests. Additional charges are assessed for external lab orders. Call first to schedule a lab appointment.

### *Procedures Available on-site:*

- \*Blood Glucose Tests
- \*Complete Blood Counts
- \*Chlamydia Tests
- \*GC Cultures
- \*HSV Tests (Herpes)
- \*Occult Blood
- \*Mono Tests
- \*Pregnancy Tests
- \*Sed Rates
- \*Rapid Strep A Screens
- \*RPR's
- \*Throat Cultures
- \*Total Cholesterol
- \*Urinalysis
- \*Urine Cultures
- \*Yeast and Hemophilus Test (*Bacterial Vaginosis*)

## Test Results:

Most laboratory results are available within 24 hours.

All laboratory results for student patients of legal adult age are confidential. No one else, including parents, may obtain test results without written consent from the patient.

## Proficiency Testing for Lab Procedures

Proficiency Testing, provided by a medical proficiency program, is successfully completed by EIU Health Service Laboratory technologists on all procedures performed in the laboratory.

The EIU Health Service Laboratory is under the direction of Dr. Robert Reuter, a pathologist at Sarah Bush Lincoln Health Center. Dr. Sheila Baker, Medical Director of EIU Health Service, serves as the on-site clinical consultant.