

CHRISTINA SHAHNAZ YOUSAF

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EDUCATION

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| 1989 | M.A. Urban Studies / Human Services
University of Akron, Ohio, U.S.A. |
| 1980 | M.Sc. Psychology,
University of Punjab, Lahore,
Pakistan. |
| 1978 | B.A. Psychology and Economics
Kinnaird College for Women,
Lahore, Pakistan. |

PROFESSIONAL DEVELOPMENT:

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| 1. | Certified Family Life Educator
National Council on Family
Relations | June 2008 |
| 2. | “Human Sexuality”
ZUR Institute
Continuing Education
Online Course | June 21, 2008 |
| 3. | “Where Does All My Money Go?”
Ed2go Online Course | May 31, 2008 |
| 4. | Ethics Training Program 2007 | Oct 04, 2007 |
| 5. | Ethics Training Program 2006 | Oct 25, 2006 |
| 6. | “Strong Families around the world” | Annual Conference of the ICFR
March, 2006 |
| 7. | “Stages of the Family Life Cycle:
Issues and Trends” | Annual FCS/ Mag Conference
March 3, 2006 |

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| 8. | Developed the Class Website | Jan 2006 |
| 9. | Ethics Training Program 2005 | Oct 04, 2005 |
| 10. | Work on WebCT | August 2004 to date |
| 11. | “Stages of the Family Cycle Issues and Trends” | Annual State Conference
Council on Family Relations hosted by
Gerontology program and ICFR
E.I.U. April 1, 2005 |
| 12. | Etiquette Dinner Workshop | LCBAS and CMAA
E.I.U. March 29, 2005 |
| 13. | Ethics Training program 2004 | Oct, 2004 |
| 14. | TEC net Training | Center for Academic Technology Support
E.I.U. August 20, 2004 |
| 15. | Family Resiliency Across the Lifespan | Gerontology Program & ICFR Annual State Conf.
E.I.U. March 12, 2004 |
| 16. | The Protecting God’s Children Program for Adults | The Diocese of Springfield in Illinois
January 30, 2003 |
| 17. | Certificate of Professional Studies in Education | Bradford & Ilkley Community College
University of Bradford, U.K. 1995-96 |
| 18. | Teaching of English | Pakistan Education Foundation /
American Center, Islamabad Pakistan
July 9-14, 1994. |
| 19. | Diagnosis and Treatment of Personality Disorders | Psychology Department
Govt. College, Lahore, Pakistan
March 1980 |

WORKSHOPS / SEMINARS:

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| 1. | Faculty Development Workshop
“Planning, Designing and Evaluating Student Assignments” | April 3, 2008 |
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2. Faculty Development Workshop Feb 6, 2008
 “Diversity: Teaching While Black/Brown
3. Faculty Development Workshop Nov 8, 2007
 “Staying Sane in Insane Places: Living well while doing Good”
4. Faculty Development Workshop Oct 15, 2007
 “Characteristics of at risk Students”
5. Faculty Development Workshop Dec 04, 2006
 “How to Write a Proposal to the Council on Faculty Research”
6. Faculty Development Workshop Nov 9, 2006
 “Beyond Diversity”
7. Faculty Development Workshop April 5, 2006
 “Fast but Fair Methods to Assess Grading and Writing”
8. International Women’s Day March 8, 2006
 A Panel Discussion on
 “Global Feminism: Promises and Problems”
9. Faculty Development Workshop January 26, 2006
 “The Scholarship of Teaching and Learning: Informing our Practice as Academicians.”
10. Faculty Development Workshop January 17, 2006
 “How to Teach Non-Traditional Students”
11. Faculty Development Workshop November 22, 2005
 “Using Groups and Games for Academic Learning “
12. International Forum November 17, 2005
 “Characteristics and Cultural Significance of Arranged Marriages”
13. The Civil Rights Movement; February 22, 2005

A personal Perspective

14. Portfolio Preparation Workshop Nov 18, 2004 E.I.U.
15. International Women's Day A Panel Discussion "Status of Women in Pakistan" March 8, 2001
16. Super Learning June 5, 1998 Islamabad, Pakistan
17. Active Learning June 3, 1998 Islamabad, Pakistan
18. Pre-School Activities & Early Year School Curriculum April 30, 1998 Islamabad, Pakistan
19. Teaching Oxford Science 1993, Islamabad, Pakistan
20. Lesson Planning 1991, Islamabad, Pakistan
21. Leadership Training Seminar Haggai Institute Sept 18-20 1997, Islamabad, Pakistan

EXPERIENCE:

- June 2008 Certified Family Life Educator
National Council on Family Relations
Minneapolis, MN
- June 2007-to-date Member, Board of Directors
Soup Stop
NFP, INC.
Charleston, IL 61920
- June 2006-to date Associate Graduate Faculty
Dept. Family and Consumer Sciences
Eastern Illinois University
Charleston, IL
Classes Taught:
Family in Crises (FCS4845)
- Spring 2007 Member "Award Reception Committee"
Women Studied Department

	Eastern Illinois University Charleston, IL
Spring 2006	Member "Family Weekend Committee" Eastern Illinois University Charleston, IL
Sept. 2001-to date	Instructor Dept. Family and Consumer Sciences Eastern Illinois University Charleston, IL Classes Taught: Family Relations, (FCS2800) Life-Span development, (FCS1800) Diversity in Schools and Society.(EDF2555)
Spring 2004	Member Search Committee Assistant Director of Academic Records E.I.U. Charleston, IL
Aug 2003-to-date	Member, Environment Committee St. Charles Borromeo Church Charleston, IL 61920
Aug. 2002 – to- date	Teacher Religious Education St Charles Borromeo Church Charleston, IL 61920
Jan.1991-Dec.1999	Teacher, Beacon House School System Islamabad, Pakistan
Jan-May, 1989	Student Assistant, Computer Center University of Akron, Ohio U.S.A.
June-Aug. 1988	Program Development Assistant, INFO LINES, Akron, Ohio U.S.A.
1987-89	Research Assistant, Department of Urban Studies, University of Akron, Akron, Ohio U.S.A.

1982-86

Teacher, Joan McDonald High School
Lahore, Pakistan

PROFESSIONAL INVOLVEMENT:

1. Member, Board of Directors
Soup Stop, NFP, INC. Charleston, IL
2. Member, University Professionals of Illinois
3. Member, American Association of Family and Consumer Sciences
4. Member, Illinois Council on Family and Consumer Sciences
5. Member, National Council on Family Relations
6. Member, Illinois Council on Family Relations
7. Member of the National Geographic Society
8. Member, Board of Directors, Islamabad Christians against Narcotics, Islamabad, Pakistan, 1993-1999
9. Vice-Chair. "Islamabad Christians against Narcotics "1995-1999

RESEARCH / TERM PAPERS/ PRESENTATIONS:

1. Literacy among Women in Pakistan @ E.I.U March 8, 2005
2. Learning to Love: Arranged Marriages @ E.I.U Nov 17, 2004
3. The Activities of the Lonely Elderly Widows.
4. Drug use Among Teenagers, A Plan of Prevention.
5. Abortion, a Moral Problem.