

---

**Office of Faculty Development  
Wholesome Professor Series**

---

Suhrit K. Dey  
Professor of Mathematics  
Eastern Illinois University,  
Charleston, IL 61920  
[skdey@eiu.edu](mailto:skdey@eiu.edu)  
217 - 581 - 5727



Dr. Dey received his BA and MA from Calcutta University, and his Phd in Aerospace Engineering from Mississippi State University in 1970. Dr. Dey has sincerely enjoyed teaching at Eastern Illinois University, and has taught Tensor Calculus, Ordinary Differential Equations, Partial Differential Equations, Numerical Analysis, Programming Languages,

Linear Algebra, Advanced Calculus and Probability and Statistics.

In addition, Dr. Dey teaches Yoga and Meditation at Eastern Illinois University through Continuing Education, and has been teaching topics on meditation successfully for about two decades. He has conducted scientific studies on meditation and modeling of mind and lectured at various institutions in Europe and in the U.S and has mathematically proven that meditation leads the mind to be united with the state of the Absolute, transcending nature. Several aspects of this work appeared in reviewed international journals of mathematics and computer science. Principles, protocols and the practice of yoga and meditation for the betterment of health and happiness have been discussed in detail in his two books: *Yoga for Daily Living* (1995) and *Yoga and Meditation - The Art of Living* (2001).