

Eastern Illinois University
Department of Counseling and Student Development
Fall 2008
CSD 5510

Instructor: Heidi A. Larson, Ph.D.
Office Phone: (217) 581-7236
Office: Room 2113, Buzzard Hall
E-mail: halarson@eiu.edu
Office Hours: T 4-6, R 4-6pm; also by appointment
Home Phone: (217)-259-9455

Purpose of Course:

This course provides an orientation to the counseling profession. Areas covered include an understanding of all aspects of professional functioning such as history of the profession, roles, organizational structures, preparation standards, credentialing, legal and ethical issues, and the emerging use of technology within the counseling field.

CEPS Theme: “Educator as Creators of Effective Educational Environments. Integrating Students, Subjects, Strategies, and Societies.”

Textbook: Gladding, S. D. (2007). *Counseling: a comprehensive profession*. (Updated 5th Ed.) Merrill Prentice Hall: Upper Saddle River, New Jersey.

Remley, T.P. Jr., Herlihy, B. (2007). *Ethical, legal, and professional issues in counseling*. (Updated 2nd Ed.) Merrill Prentice Hall: Upper Saddle River, New Jersey.

APA Publication Manual, 5th Edition

ACA Ethical Guidelines (downloadable from www.counseling.org)

ASCA Ethical Standards (downloadable from <http://www.schoolcounselor.org>)

Objectives of the Course:

Students will:

1. Develop an understanding of the history of the helping profession including significant factors and events.
2. Develop an understanding of the professional roles and functions including similarities and differences with other types of professionals.
3. Develop an understanding of a) professional organizations, primarily ACA, its divisions, branches, and affiliates, including membership benefits, activities, services to members, and current emphases; b) preparation standards, their evolution, and current applications; c) professional credentialing including certification, licensure, and accreditation practices and standards and the effects of public policy on these issues; and d) public policy processes including the role of the professional counselor in advocating on behalf of the profession and its clientele.
4. Develop an understanding of the ethical standards of the American Counseling Association and related entities and their applications to various professional activities.
5. Acquire ethical decision making skills and apply them to various situations of increasing complexity.
6. Develop an understanding of the legal standards of the profession and their applications to various professional activities.
7. Develop an understanding of various emerging technologies and their implications and applications for counseling.

Method of Instruction:

Several of the following methods will be used: lecture, class discussion, small group work, and role-playing.

Disabilities: If you have a documented disability and wish to receive academic accommodations, please see me as soon as possible.

Course Requirements:

Student performance will be evaluated on the basis of professional behavior, attendance, participation, writing assignments, and exams.

1. **Exams:** There will be two exams. The first exam will be given in class on Oct. 7th and the second exam will be on Dec. 2nd. Each exam is worth 50 points. You will be tested over the reading in the **textbook** and the **lecture material**. The exam will have multiple choice, true/false and short answer type questions. For each spelling and grammar mistake you will be deducted one point.
2. **Attendance and Class Participation:** Attendance and class participation is crucial to your learning and is required. You are expected to attend class having completed required readings and to regularly engage in class discussion. If you do not participate or seem to be falling behind in readings, points will be deducted at my discretion. For excused absences (illness or emergencies only), you must inform me, whenever possible, prior to the date of absence and submit any assignments due prior to the absence. You will be allowed one excused absence. Two or more absences will result in a grade reduction . 25 points possible.
3. **Job Shadow Experience.** Choose a type of counselor from the list provided to interview. Use the job shadow worksheet as a guide on what type of information to collect and questions to ask. The overall goal of this assignment is to get a better understanding of the different roles and responsibilities a counselor may have. Each member of the class will share their knowledge with their colleagues through a class discussion. For each spelling and/or grammar mistake you will be deducted one point. This assignment is worth 15 points. Due Sept. 23rd
4. **Ethical Decision Making Assignment.** Write a paper in paragraph form to implement a course of action concerning the case handed out by the instructor. Your paper will be typed, thorough, grammatically correct, stylistic readable, and thorough in coming to your conclusion. For each spelling and grammar mistake you will be deducted one point. This assignment is worth 50 points. Due Oct. 14th
5. **Current Issue Paper.** Each student will write a 5-7 page typed research paper describing a current (last five years) issue relevant to the counseling profession **and this class**. Dr. Larson will assign a current issue to each student in the class. The paper should describe the issue and implications for the profession. The paper will be written in APA style and should include a minimum of four references. Written assignments will be typed, double-spaced, with 1” margins, and will demonstrate great attention to correct use of grammar, spelling, punctuation, and counseling terminology. If you are uncertain about your writing style, please make use of the APA Manual, the campus Writing Center, myself, peers who write well, etc. in order to maximize the quality of your finished written product. You will be graded on the depth of your current issue and style of writing (how well you write). See Addendum. For each spelling and/or grammar mistake you will be deducted one point The paper is worth 50 points. Due Nov. 4th
6. **Create a Power Point Exercise.** Create a 3-5 (maximum) slide presentation on your Current Issue Paper. This assignment is worth 25 points.
 - a. Create a PowerPoint on your Current Issue Paper demonstrating the fundamentals of making a powerpoint presentation.
 - b. Save the final version of your presentation on a disk and you will be asked to demonstrate it on the last day of class. You will be graded on how well your powerpoint communicates your ideas. Most people agree now that powerpoint presentations should compliment the speaker’s topic and not distract from the message by being overly “complicated”, “wordy”, and/or “flashy”.

Criteria for Evaluation:**Points**

➤ Exam	100 (50 each)
➤ Class Attendance & Participation	25
➤ Job Shadow Paper	15
➤ Ethical Decision Making Paper	50
➤ Current Issue Paper	50
➤ <u>Powerpoint Exercise</u>	<u>25</u>
Total Points	265

Grade Distribution

Percent of Total Points
 238-265 = A
 212-237 = B
 Below 212 = C

Tentative Course Calendar

<u>Module</u>	<u>Date:</u>	<u>Topic</u>	<u>Assignment</u>
Module 1:	8/26	Professional Identity & The History of Counseling	Remley (Chapter 2); Gladding (Chapters 1 & 2);
Module 2:	9/2	Counseling Process Overview	Gladding (Chapters 5, 6, & 7);
Module 3:	9/9	Counseling Theory Overview	Gladding (Chapters 8, 9);
Module 4:	9/16	Counseling in the Schools/Agencies	Gladding (Chapters 16 & 19);
Module 5:	9/23	Professional Advocacy	Job Shadow Exercise Due; Remley Ch 2
Module 6:	9/30	Ethics and Ethical Decision Making	Remley (Chapter 1, pp.1-14); Gladding (Chapter 3 pp. 57-70);
Module 7:	10/7	Ethical Decision Making: Case Examples Handout Ethical Decision Making Assign't.	Mid-term Exam (Module 1-6)
Module 8:	10/14	Legal Issues and Risk Management	Remley (Chapter 1, pp. 15-22 & Chapter 17 & 15); Gladding (Chapter 11 & 3, pp. 71-78); Ethical Assign't Due
Module 9:	10/21	Dual Relationships	Remley (Chapter 8);
Module 10:	10/28	Confidentiality and Informed Consent	Remley (Chapters 4 & 5);
Module 11:	11/4	Record Keeping	Remley (Chapter 6); Current Issue Paper Due
Module 12:	11/11	Suicide and the Dangerous Client	Remley (Chapter 7);
Module 13:	11/18	Creating PPP/Technology Issues in Counseling Student Presentation	Remley (Chapter 13) Gladding (Chapter 4) Powerpoint Presentation
	11/25	Thanksgiving Break Enjoy!!	
Module 14:	12/2	Student Presentation	Final Exam (Module 7-13) Powerpoint Presentation
Final Class:	12/9	Student Presentations	Powerpoint Presentation