

Eastern Illinois University
Department of Counseling and Student Development
Summer 2008
CSD 5510

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*****Please understand that this is an intense course and 16 weeks of material will be delivered in 3 weekends which means you will be incredibly busy and need to be sure that your current life situation will allow for this.*****

Purpose of Course:

This course provides an orientation to the counseling profession. Areas covered include an understanding of all aspects of professional functioning such as history of the profession, roles, organizational structures, preparation standards, credentialing, legal and ethical issues, and the emerging use of technology within the counseling field.

CEPS Theme: “Educator as Creators of Effective Educational Environments. Integrating Students, Subjects, Strategies, and Societies.”

Textbook: Gladding, S. D. (2004). Counseling: a comprehensive profession. (5th Ed.) Merrill Prentice Hall: Upper Saddle River, New Jersey.

Remley, T.P. Jr., Herlihy, B. (2005). Ethical, legal, and professional issues in counseling. (2nd Ed.) Merrill Prentice Hall: Upper Saddle River, New Jersey.

APA Publication Manual, 5th Edition

ACA Ethical Guidelines (downloadable from www.counseling.org)

ASCA Ethical Standards (downloadable from <http://www.schoolcounselor.org>)

Objectives of the Course:

Students will:

1. Develop an understanding of the history of the helping profession including significant factors and events.
2. Develop an understanding of the professional roles and functions including similarities and differences with other types of professionals.
3. Develop an understanding of a) professional organizations, primarily ACA, its divisions, branches, and affiliates, including membership benefits, activities, services to members, and current emphases; b) preparation standards, their evolution, and current applications; c) professional credentialing including certification, licensure, and accreditation practices and standards and the effects of public policy on these issues; and d) public policy processes including the role of the professional counselor in advocating on behalf of the profession and its clientele.
4. Develop an understanding of the ethical standards of the American Counseling Association and related entities and their applications to various professional activities.
5. Acquire ethical decision making skills and apply them to various situations of increasing complexity.
6. Develop an understanding of the legal standards of the profession and their applications to various professional

activities.

7. Develop an understanding of various emerging technologies and their implications and applications for counseling.

Method Of Instruction:

Several of the following methods will be used: lecture, class discussion, small group work, videos, and role-playing.

Disabilities: If you have a documented disability and wish to receive academic accommodations, please see me as soon as possible.

Course Requirements:

Student performance will be evaluated on the basis of professional behavior, attendance, participation, writing assignments, and exams.

1. **Exams:** There will be two exams. The first exam will be due on July 19th and the second exam will be due on July 26th. They both will be take home essay exams. Each exam is worth 50 points. You will be tested over the reading in the **textbook** and the **lecture material**. The page limits is set at 15 pages. I will not grade after page 15. I will encourage you to write clear and concise.
2. **Attendance and Class Participation:** Attendance and class participation is crucial to your learning and is required. You are expected to attend class having completed required readings and to regularly engage in class discussion. If you do not participate or seem to be falling behind in readings, points will be deducted at my discretion. For excused absences (illness or emergencies only), you must inform me, whenever possible, prior to the date of absence and submit any assignments due prior to the absence. For each unexcused absence, you will lose 6 points toward your overall grade. The weekend format does not allow students to miss an entire class to receive full credit. 25 points possible.
3. **Ethical Decision Making Assignment.** Write a paper in paragraph form to implement a course of action concerning the case handed out by the instructor. Your paper will be typed, grammatically correct, and thorough in coming to your conclusion. This assignment is worth 50 points.
4. **Current Issue Paper.** Each student will write a 5-7 page typed research paper describing a current (last five years) issue relevant to the counseling profession **and this class**. The paper should describe the issue and its implications of the profession. The paper will be written in APA style and should include a minimum of three references. Written assignments will be typed, double-spaced, with 1" margins, and will demonstrate great attention to correct use of grammar, spelling, punctuation, and counseling terminology. If you are uncertain about your writing style, please make use of the APA Manual, the campus Writing Center, myself, peers who write well, etc. in order to maximize the quality of your finished written product. You will be graded on the depth of your current issue and style of writing (how well you write). See Addendum. The paper is worth 50 points.
5. **Create a Power Point Exercise.** Create a 3-5 (maximum) slide presentation on your Current Issue Paper. This assignment is worth 25 points.
 - a. Create a PowerPoint on your Current Issue Paper demonstrating the fundamentals of making a powerpoint presentation.
 - b. Save the final version of your presentation on a disk and you will be asked to demonstrate it on the last day of class. You will be graded on how well your powerpoint communicates your ideas. Most people agree now that powerpoint presentations should compliment the speaker's topic and not distract from the message by being overly "complicated", "wordy", and/or "flashy".

<u>Criteria for Evaluation:</u>	<u>Points</u>	<u>Grade Distribution</u>
➤ Exam	100 (50 each)	225-250 = A
➤ Class Attendance & Participation	25	200-224 = B
➤ Ethical Decision Making Paper	50	Below 199 = C
➤ Current Issue Paper	50	
➤ <u>Powerpoint Exercise</u>	<u>25</u>	
Total Points	250	

Course Calendar

<u>Weekend</u>	<u>Module</u>	<u>Topic</u>	<u>Assignment</u>
July 11/12	Module 1:	Professional Identity & History of Counseling	Remley (Chapter 2); Gladding (Chapters 1 & 2);
July 11/12	Module 2:	Counseling Process	Gladding (Chapters 5, 6, & 7);
July 11/12	Module 3:	Counseling Theory	Gladding (Chapters 8, 9);
July 11/12	Module 4:	Counseling Roles and Functions	Gladding (Chapters 16 & 19);
July 11/12	Module 5:	Public Policy	
July 11/12	Module 6:	Ethics in Counseling	Remley (Chapter 1, pp.1-14); Gladding (Chapter 3 pp. 51-61);
July 11/12	Module 7:	Ethical Decision Making	
July 18/19	Module 8:	Risk Management Strategies Ethical Decision Making Exam 1 Due	Remley (Chapter 1, pp. 15-22 & Chapter 17); Gladding (Chap3, pp. 61-78);
July 18/19	Module 9:	Dual Relationships	Remley (Chapter 8);
July 18/19	Module 10:	Confidentiality and Informed Consent	Remley (Chapters 4 & 5);
July 18/19	Module 11:	Record Keeping & Documentation	Remley (Chapter 6);
July 18/19	Module 12:	Suicide and The Dangerous Client	Remley (Chapter 7);
July 18/19	Module 14:	Creating a Power Point Presentation	
July 25/26	Module 13:	Technology Issues in Counseling Exam 2 Due Current Issue Paper Due Powerpoint Exercise Due	Remley (Chapter 13)

July25/26

Student Presentations