

**Registration Form**  
**(Deadline for Registration: February 24, 2009)**  
**Registration fee: \$80.00**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Please indicate if you wish a vegetarian meal: Yes \_\_\_\_\_ No \_\_\_\_\_

Make check payable to: **Eastern Illinois University**  
Send check and registration form to: Department of Counseling and Student Development, Eastern Illinois University, Charleston, IL 61920-3099

Registration fee includes the conference lunch, materials, and a copy of Dr. Dass-Brailsford book entitled, "*A Practical Approach to Trauma: Empowering Interventions.*"



Department of Counseling and Student Development  
122100  
600 Lincoln Avenue  
Charleston, IL 61920-3099

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Eastern Illinois University  
Charleston, IL

## 30th Annual Spring Conference

presents

**Dr. Priscilla Dass-Brailsford**

*Providing Culturally  
Competent Care in the  
Aftermath of Violence  
and Psychological Trauma*

Friday, February 27, 2009  
9:00 a.m.—3:00 p.m.

Sponsored by the  
Department of Counseling  
and Student Development  
Regional Office of Education #11

## Dr. Priscilla Dass-Brailsford

Priscilla Dass-Brailsford, a native of South Africa, is a graduate of Harvard University and on faculty in the Division of Counseling and Psychology at Lesley University. Prior to teaching, she coordinated a statewide Community Crisis Response team for the Victims of Violence program at Cambridge Health Alliance, Harvard Medical School that responded to affected communities in the aftermath of violence and trauma. She has worked extensively with trauma victims in the inner city of Boston and conducted court ordered sexual abuse evaluations.



Dr. Dass-Brailsford has several ongoing research projects on ethnocultural violence, the effects of community violence on adolescents and secondary trauma among helping professionals who have experienced stress and dislocation after Hurricane Katrina. Her first book, *“A Practical Approach to Trauma: Empowering Interventions”* was published by Sage Publications in early 2007. A second book entitled *“Disaster and Crisis Response: Lessons Learned from Hurricane Katrina,”* based on her work in New Orleans, is in press. Dr. Dass-Brailsford has presented both nationally and internationally. She is currently a visiting professor at the Center for Trauma at Georgetown University, School of Medicine in Washington, D.C.

This conference is designed for individuals who have basic knowledge of trauma and are responsible for overseeing, designing and/or providing services to students, clients, and communities impacted by trauma, including school counselors, educators, human service professionals, health care providers, and first responders.

### NBCC CEU's Available

The Department of Counseling and Student Development is recognized by the National Board of Certified Counselors. We adhere to the NBCC Continuing Education Guidelines. Those attending the morning and afternoon sessions will earn five (5) contact hours.

## Providing Cultural Competent Care in the Aftermath of Violence and Psychological Trauma

In the aftermath of trauma or violence, both individuals and communities can be empowered and guided to resiliency through culturally appropriate interventions. Participants can expect to develop skills in trauma therapy, crisis and safety planning, and self-care strategies.

Through lecturettes, small and large group exercises, case studies and other methods, participants will:

- 1) understand the impact of trauma on individuals and groups.
- 2) learn how an awareness of cultural expectations, community resources and other ecological factors can support recovery.
- 3) explore innovative, culturally appropriate models for effective trauma treatment and crisis interventions.
- 4) design and tailor interventions that enhance individual and community resiliency.
- 5) develop an awareness of the secondary consequences of trauma on caregivers and learn coping strategies that help in the prevention of compassion fatigue.

### Agenda

- |                         |   |
|-------------------------|---|
| 8:30 a.m. - 9:00 a.m.   | Registration<br>(3rd Floor Lounge, University Union)  |
| 9:00 a.m. - 11:30 a.m.  | Introduction and overview<br>Effects of trauma<br>Models of trauma therapy<br>Crisis principles<br>(Charleston/Mattoon Room)  |
| 11:30 a.m. - 12:30 p.m. | Lunch (Rathskellar, University Union)   |
| 12:30 p.m.—3:00 p.m.    | Working with interpersonal violence<br>Children who witness violence<br>Prevention of secondary trauma and compassion fatigue<br>Wrap up<br>(Charleston/Mattoon Room) |

## Registration Information

Please register early. **We must receive your completed registration by Tuesday, February 24, 2009.**

The registration fee for this conference is \$80.00, which include the conference lunch, materials, and a copy of Dr. Dass-Brailsford book entitled, *A Practical Approach to Trauma: Empowering Interventions.*”

**A Practical Approach to Trauma: Empowering Interventions** provides trauma counselors with effective guidelines that enhance skills and improve expertise in conducting empowering therapeutic interventions. Taking a practitioner’s perspective, author Priscilla Dass-Brailsford focuses on practical application and skill building in an effort to understand the impact of extreme stress and violence on the human psyche.

This conference will be held in the Martin Luther King, Jr. University Union on Eastern Illinois University campus, Charleston, IL.

**Cancellation Policy:** Cancellations must be made prior to **noon on Wednesday, February 25, 2009**, to receive a refund. You may send a substitute in your place.

**Parking:** Permits for visitor parking will be issued with registration receipts. Parking is available in areas designated as staff or student parking only. The department is not responsible for parking tickets.

