

Monday 10/06/2008

Start	End	Activity	Room	Location
5:00AM	7:00AM	Adult Fitness	Lantz Pool - #2485	Lantz Facilities
5:00AM	7:30AM	Adult Fitness	Lantz Fieldhouse	Lantz Facilities
7:00AM	7:50AM	Swim Practice	Lantz Pool - #2485	Lantz Facilities
8:00AM	8:50AM	Academic Classes	Lantz Pool - #2485	Lantz Facilities
9:00AM	9:50AM	Academic Classes	Lantz Racq Crt #1 (#1811)	Lantz Facilities
9:00AM	9:50AM	PED 2106: Tech. & Theory of Tea	SRC Court #5 (NW gym)	Student Recreation Center
10:00AM	10:50AM	Academic Classes	Lantz Pool - #2485	Lantz Facilities
10:00AM	11:40AM	PED 3600: Intro to Elementary PE	SRC Meeting Room	Student Recreation Center
			SRC Court#6 (Enclosed Gym)	Student Recreation Center
10:00AM	11:40AM	PED 2104: Tech & Theo of Aer. E	SRC Dance Studio	Student Recreation Center
12:00PM	1:00PM	Adult Fitness	Lantz Pool - #2485	Lantz Facilities
12:00PM	1:40PM	PED 2850: Fitness for Life	SRC Meeting Room	Student Recreation Center
12:00PM	1:00PM	Adult Fitness	SRC Dance Studio	Student Recreation Center
1:00PM	1:50PM	Academic Classes	Lantz Pool - #2485	Lantz Facilities
1:00PM	1:50PM	PED 1692: Aerobic Exercise	SRC Dance Studio	Student Recreation Center
2:00PM	2:50PM	PED 1692: Aerobic Exercise	SRC Dance Studio	Student Recreation Center
3:00PM	3:50PM	PED 1692: Aerobic Exercise	SRC Dance Studio	Student Recreation Center
3:30PM	3:55PM	Advanced Abs	SRC Aerobics Room	Student Recreation Center
4:00PM	6:00PM	EIU Men's Rugby Practice	SRC-Practice Field #10	Student Recreation Center
			SRC-Practice Field #7	Student Recreation Center
			SRC-Practice Field #8	Student Recreation Center
			SRC-Practice Field #9	Student Recreation Center
4:00PM	4:55PM	Kickboxing	SRC Aerobics Room	Student Recreation Center
5:00PM	5:25PM	Rock Bottom	SRC Aerobics Room	Student Recreation Center
5:00PM	5:45PM	Pilates	SRC Dance Studio	Student Recreation Center
5:00PM	7:00PM	EIU Racquetball Club	Lantz Racq Crt #2 (#1821)	Lantz Facilities
			Lantz Racq Crt #3 (#1831)	Lantz Facilities
			Lantz Racq Crt #4 (#1841)	Lantz Facilities
			Lantz Racq Crt #5 (#1851)	Lantz Facilities
5:30PM	5:55PM	Med/Hi Abs	SRC Aerobics Room	Student Recreation Center
6:00PM	11:00PM	IM Dodgeball	SRC Court#6 (Enclosed Gym)	Student Recreation Center
6:00PM	6:55PM	Kickboxing	SRC Aerobics Room	Student Recreation Center
6:00PM	6:55PM	Yoga	SRC Dance Studio	Student Recreation Center
6:30PM	7:25PM	Aqua Splash	Lantz Pool - #2485	Lantz Facilities
7:00PM	7:55PM	Progressive Step	SRC Aerobics Room	Student Recreation Center
7:30PM	8:30PM	Rhythm & X-tacy Dance Team Pr	SRC Dance Studio	Student Recreation Center
8:00PM	11:00PM	IM CoRec Basketball	SRC Court #3	Student Recreation Center
			SRC Court #4	Student Recreation Center
8:00PM	11:59PM	IM Pickleball Doubles	Lantz Fieldhouse	Lantz Facilities
8:00PM	10:00PM	CHS Girls Swim Practice	Lantz Pool - #2485	Lantz Facilities
		<i>MUST be out by 10 pm.</i>		
8:30PM	9:30PM	Alpha Phi Alpha Stepshow Practi	SRC Dance Studio	Student Recreation Center
9:30PM	10:30PM	Flag Football Officials Meeting	SRC Meeting Room	Student Recreation Center
9:30PM	10:30PM	Kappa Alpha Psi Step Show Prac	SRC Dance Studio	Student Recreation Center
10:30PM	11:30PM	Epsilon Sigma Alpha Yell Like Hell	SRC Dance Studio	Student Recreation Center

Tuesday 10/07/2008

Start	End	Activity	Room	Location
5:00AM	7:00AM	Adult Fitness	Lantz Pool - #2485	Lantz Facilities
5:00AM	7:30AM	Adult Fitness	Lantz Fieldhouse	Lantz Facilities
8:00AM	8:50AM	Academic Classes	Lantz Pool - #2485	Lantz Facilities

Tuesday 10/07/2008

Start	End	Activity	Room	Location
8:00AM	9:40AM	PED 2390: Tech & Theo of Socce	SRC Court#6 (Enclosed Gym)	Student Recreation Center
8:00AM	8:55AM	Pilates	SRC Dance Studio	Student Recreation Center
8:00AM	9:00AM	PED 3400	SRC Court #5 (NW gym)	Student Recreation Center
8:00AM	9:15AM	PED 3400	SRC Aerobics Room	Student Recreation Center
9:00AM	9:50AM	PED 2106: Tech & Theo of Team A	SRC Court #5 (NW gym)	Student Recreation Center
10:00AM	11:50AM	Academic Classes	Lantz Pool - #2485	Lantz Facilities
10:00AM	11:40AM	PED 3600: Intro to Elementary Sc	SRC Court#6 (Enclosed Gym)	Student Recreation Center
			SRC Meeting Room	Student Recreation Center
11:00AM	11:50AM	PED 1692: Aerobic Exercise	SRC Dance Studio	Student Recreation Center
12:00PM	1:00PM	Adult Fitness	Lantz Pool - #2485	Lantz Facilities
12:00PM	12:50PM	PED 3770: Volleyball Coaching	SRC Court #1	Student Recreation Center
			SRC Court #2	Student Recreation Center
12:00PM	1:40PM	PED 3600: Intro to Elementary PE	SRC Meeting Room	Student Recreation Center
			SRC Court#6 (Enclosed Gym)	Student Recreation Center
12:00PM	12:45PM	Bosu & Arms	SRC Aerobics Room	Student Recreation Center
1:00PM	1:50PM	Academic Classes	Lantz Pool - #2485	Lantz Facilities
1:00PM	1:50PM	PED 1692: Aerobic Exercise	SRC Dance Studio	Student Recreation Center
2:00PM	2:50PM	Academic Classes	Lantz Racq Crt #3 (#1831)	Lantz Facilities
2:00PM	2:50PM	PED 1692: Aerobic Exercise	SRC Dance Studio	Student Recreation Center
3:00PM	3:50PM	PED 1692: Aerobic Exercise	SRC Dance Studio	Student Recreation Center
3:30PM	3:55PM	Med/Hi Abs	SRC Aerobics Room	Student Recreation Center
4:00PM	6:00PM	EIU Men's Rugby Practice	SRC-Practice Field #10	Student Recreation Center
			SRC-Practice Field #7	Student Recreation Center
			SRC-Practice Field #8	Student Recreation Center
			SRC-Practice Field #9	Student Recreation Center
4:00PM	4:55PM	Totally Toning	SRC Aerobics Room	Student Recreation Center
4:00PM	4:45PM	Cardio Explosion	SRC Dance Studio	Student Recreation Center
5:00PM	5:25PM	Bosu	SRC Aerobics Room	Student Recreation Center
5:30PM	5:55PM	Advanced Abs	SRC Aerobics Room	Student Recreation Center
6:00PM	11:00PM	IM Dodgeball	SRC Court#6 (Enclosed Gym)	Student Recreation Center
6:00PM	6:55PM	Totally Toning	SRC Aerobics Room	Student Recreation Center
6:30PM	7:25PM	Aqua Splash	Lantz Pool - #2485	Lantz Facilities
7:00PM	10:00PM	Ballroom Dance Society	SRC Dance Studio	Student Recreation Center
7:00PM	7:55PM	Circuit Slam	SRC Aerobics Room	Student Recreation Center
8:00PM	11:00PM	IM CoRec Basketball	SRC Court #3	Student Recreation Center
			SRC Court #4	Student Recreation Center
8:00PM	10:00PM	CHS Girls Swim Practice	Lantz Pool - #2485	Lantz Facilities
		<i>MUST be out by 10 pm.</i>		
8:30PM	9:30PM	Alpha Phi Alpha Stepshow Practi	SRC Aerobics Room	Student Recreation Center
10:00PM	11:00PM	Phi Beta Sigma Step Show Practi	SRC Dance Studio	Student Recreation Center

Wednesday 10/08/2008

Start	End	Activity	Room	Location
5:00AM	7:00AM	Adult Fitness	Lantz Pool - #2485	Lantz Facilities
5:00AM	7:30AM	Adult Fitness	Lantz Fieldhouse	Lantz Facilities
7:00AM	7:50AM	Swim Practice	Lantz Pool - #2485	Lantz Facilities
8:00AM	8:50AM	Academic Classes	Lantz Pool - #2485	Lantz Facilities
8:00AM	8:55AM	Yoga	SRC Dance Studio	Student Recreation Center
9:00AM	9:50AM	Academic Classes	Lantz Racq Crt #1 (#1811)	Lantz Facilities
9:00AM	9:50AM	PED 2106: Tech. & Theory of Tea	SRC Court #5 (NW gym)	Student Recreation Center
10:00AM	10:50AM	Academic Classes	Lantz Pool - #2485	Lantz Facilities
10:00AM	11:40AM	PED 3600: Intro to Elementary PE	SRC Meeting Room	Student Recreation Center
			SRC Court#6 (Enclosed Gym)	Student Recreation Center
10:00AM	11:40AM	PED 2104: Tech & Theo of Aer. E	SRC Dance Studio	Student Recreation Center
12:00PM	1:00PM	Adult Fitness	Lantz Pool - #2485	Lantz Facilities
12:00PM	1:40PM	PED 2850: Fitness for Life	SRC Meeting Room	Student Recreation Center
1:00PM	1:50PM	Academic Classes	Lantz Pool - #2485	Lantz Facilities

Wednesday 10/08/2008

Start	End	Activity	Room	Location
1:00PM	1:50PM	PED 1692: Aerobic Exercise	SRC Dance Studio	Student Recreation Center
2:00PM	2:50PM	PED 1692: Aerobic Exercise	SRC Dance Studio	Student Recreation Center
3:00PM	3:50PM	PED 1692: Aerobic Exercise	SRC Dance Studio	Student Recreation Center
3:30PM	3:55PM	Advanced Abs	SRC Aerobics Room	Student Recreation Center
4:00PM	5:00PM	Flag Football Officials Meeting	SRC Meeting Room	Student Recreation Center
4:00PM	6:00PM	EIU Men's Rugby Practice	SRC-Practice Field #10	Student Recreation Center
			SRC-Practice Field #7	Student Recreation Center
			SRC-Practice Field #8	Student Recreation Center
			SRC-Practice Field #9	Student Recreation Center
4:00PM	4:55PM	Ball 2	SRC Aerobics Room	Student Recreation Center
4:00PM	4:45PM	Pilates	SRC Dance Studio	Student Recreation Center
5:00PM	5:25PM	Rock Bottom	SRC Aerobics Room	Student Recreation Center
5:00PM	5:45PM	Kickboxing	SRC Dance Studio	Student Recreation Center
5:30PM	5:55PM	Med/Hi Abs	SRC Aerobics Room	Student Recreation Center
6:00PM	11:00PM	IM Dodgeball	SRC Court#6 (Enclosed Gym)	Student Recreation Center
6:00PM	6:55PM	Kickboxing	SRC Aerobics Room	Student Recreation Center
6:00PM	6:55PM	Cardio Dance	SRC Dance Studio	Student Recreation Center
6:30PM	7:25PM	Aqua Splash	Lantz Pool - #2485	Lantz Facilities
7:00PM	7:45PM	Totally Toning	SRC Aerobics Room	Student Recreation Center
8:00PM	11:00PM	IM CoRec Basketball	SRC Court #3	Student Recreation Center
			SRC Court #4	Student Recreation Center
8:00PM	10:00PM	EIU Racquetball Club	Lantz Racq Crt #5 (#1851)	Lantz Facilities
			Lantz Racq Crt #2 (#1821)	Lantz Facilities
			Lantz Racq Crt #3 (#1831)	Lantz Facilities
			Lantz Racq Crt #4 (#1841)	Lantz Facilities
8:00PM	10:00PM	CHS Girls Swim Practice	Lantz Pool - #2485	Lantz Facilities
		<i>MUST be out by 10 pm.</i>		
8:00PM	9:00PM	Panther Pride Homecoming Dance	SRC Dance Studio	Student Recreation Center
9:30PM	10:30PM	Phi Beta Sigma Step Show Practi	SRC Dance Studio	Student Recreation Center
10:30PM	11:30PM	Zeta Phi Beta Step Show Practice	SRC Dance Studio	Student Recreation Center

Thursday 10/09/2008

Start	End	Activity	Room	Location
5:00AM	7:00AM	Adult Fitness	Lantz Pool - #2485	Lantz Facilities
5:00AM	7:30AM	Adult Fitness	Lantz Fieldhouse	Lantz Facilities
7:00AM	8:00AM	ROTC	Lantz Pool - #2485	Lantz Facilities
8:00AM	8:50AM	Academic Classes	Lantz Pool - #2485	Lantz Facilities
8:00AM	9:40AM	PED 2390: Tech & Theo of Socce	SRC Court#6 (Enclosed Gym)	Student Recreation Center
8:00AM	8:55AM	Pilates	SRC Dance Studio	Student Recreation Center
8:00AM	9:00AM	PED 3400	SRC Court #5 (NW gym)	Student Recreation Center
8:00AM	9:15AM	PED 3400	SRC Aerobics Room	Student Recreation Center
9:00AM	9:50AM	PED 2106: Tech & Theo of Team A	SRC Court #5 (NW gym)	Student Recreation Center
10:00AM	11:50AM	Academic Classes	Lantz Pool - #2485	Lantz Facilities
10:00AM	11:40AM	PED 3600: Intro to Elementary Sc	SRC Court#6 (Enclosed Gym)	Student Recreation Center
			SRC Meeting Room	Student Recreation Center
11:00AM	11:50AM	PED 1692: Aerobic Exercise	SRC Dance Studio	Student Recreation Center
12:00PM	1:00PM	Adult Fitness	Lantz Pool - #2485	Lantz Facilities
12:00PM	12:50PM	PED 3770: Volleyball Coaching	SRC Court #1	Student Recreation Center
			SRC Court #2	Student Recreation Center
12:00PM	1:40PM	PED 3600: Intro to Elementary PE	SRC Meeting Room	Student Recreation Center
			SRC Court#6 (Enclosed Gym)	Student Recreation Center
12:45PM	1:00PM	Reach Up	SRC Aerobics Room	Student Recreation Center
1:00PM	1:50PM	Academic Classes	Lantz Pool - #2485	Lantz Facilities
1:00PM	1:50PM	PED 1692: Aerobic Exercise	SRC Dance Studio	Student Recreation Center
2:00PM	2:50PM	Academic Classes	Lantz Racq Crt #3 (#1831)	Lantz Facilities
2:00PM	2:50PM	PED 1692: Aerobic Exercise	SRC Dance Studio	Student Recreation Center
3:00PM	3:50PM	PED 1692: Aerobic Exercise	SRC Dance Studio	Student Recreation Center

Thursday 10/09/2008

Start	End	Activity	Room	Location
3:30PM	3:55PM	Med/Hi Abs	SRC Aerobics Room	Student Recreation Center
4:00PM	6:00PM	EIU Men's Rugby Practice	SRC-Practice Field #10	Student Recreation Center
			SRC-Practice Field #7	Student Recreation Center
			SRC-Practice Field #8	Student Recreation Center
			SRC-Practice Field #9	Student Recreation Center
4:00PM	4:55PM	Circuit Slam	SRC Aerobics Room	Student Recreation Center
5:00PM	5:25PM	Ball 30	SRC Aerobics Room	Student Recreation Center
5:30PM	5:55PM	Advanced Abs	SRC Aerobics Room	Student Recreation Center
6:00PM	11:00PM	IM Dodgeball	SRC Court#6 (Enclosed Gym)	Student Recreation Center
6:00PM	6:55PM	Totally Toning	SRC Aerobics Room	Student Recreation Center
6:30PM	7:25PM	Aqua Splash	Lantz Pool - #2485	Lantz Facilities
7:30PM	8:30PM	Rhythm & X-tacy Dance Team Pr	SRC Dance Studio	Student Recreation Center
8:00PM	11:00PM	IM CoRec Basketball	SRC Court #3	Student Recreation Center
			SRC Court #4	Student Recreation Center
8:30PM	9:30PM	Kappa Alpha Psi Step Show Prac	SRC Dance Studio	Student Recreation Center
10:30PM	11:30PM	Zeta Phi Beta Step Show Practice	SRC Dance Studio	Student Recreation Center
10:30PM	11:30PM	Epsilon Sigma Alpha Yell Like Hell	SRC Aerobics Room	Student Recreation Center

Friday 10/10/2008

Start	End	Activity	Room	Location
5:00AM	7:00AM	Adult Fitness	Lantz Pool - #2485	Lantz Facilities
5:00AM	7:30AM	Adult Fitness	Lantz Fieldhouse	Lantz Facilities
7:00AM	11:50AM	Swim Practice	Lantz Pool - #2485	Lantz Facilities
12:00PM	1:00PM	Adult Fitness	Lantz Pool - #2485	Lantz Facilities
12:00PM	1:00PM	Adult Fitness	SRC Dance Studio	Student Recreation Center
3:30PM	3:55PM	Med/Hi Abs	SRC Aerobics Room	Student Recreation Center
7:00PM	9:00PM	Kappa Alpha Psi Step Show Prac	SRC Dance Studio	Student Recreation Center
7:00PM	9:00PM	CHS Girls Swim Practice	Lantz Pool - #2485	Lantz Facilities

Saturday 10/11/2008

Start	End	Activity	Room	Location
7:00AM	4:00PM	EMA-Mid American Preparedness F <i>will need parking lot by the Campus Pond blocked off</i>	Lantz Fieldhouse	Lantz Facilities
12:00PM	3:30PM	EIU Men's Rugby Club	SRC-Practice Field #8	Student Recreation Center
			SRC-Practice Field #10	Student Recreation Center
			SRC-Practice Field #7	Student Recreation Center
			SRC-Practice Field #9	Student Recreation Center
		<i>jrperry@eiu.edu emailed regarding striping of field.</i>		
12:00PM	2:00PM	Kappa Alpha Psi Step Show Prac	SRC Dance Studio	Student Recreation Center

Sunday 10/12/2008

Start	End	Activity	Room	Location
5:00PM	7:00PM	Kappa Alpha Psi Step Show Prac	SRC Dance Studio	Student Recreation Center

Monday 10/13/2008

Start	End	Activity	Room	Location
5:00AM	7:00AM	Adult Fitness	Lantz Pool - #2485	Lantz Facilities
5:00AM	7:30AM	Adult Fitness	Lantz Fieldhouse	Lantz Facilities
7:00AM	7:50AM	Swim Practice	Lantz Pool - #2485	Lantz Facilities
8:00AM	8:50AM	Academic Classes	Lantz Pool - #2485	Lantz Facilities
9:00AM	9:50AM	Academic Classes	Lantz Racq Crt #1 (#1811)	Lantz Facilities
9:00AM	9:50AM	PED 2106: Tech. & Theory of Tea	SRC Court #5 (NW gym)	Student Recreation Center
9:45AM	11:00AM	Admissions Open House	SRC Aerobics Room	Student Recreation Center
		<i>set theatre style for 200 , need screen on stage and sound system</i>		
10:00AM	10:50AM	Academic Classes	Lantz Pool - #2485	Lantz Facilities
10:00AM	11:40AM	PED 3600: Intro to Elementary PE	SRC Meeting Room	Student Recreation Center
			SRC Court#6 (Enclosed Gym)	Student Recreation Center

Monday 10/13/2008

Start	End	Activity	Room	Location
10:00AM	11:40AM	PED 2104: Tech & Theo of Aer. E	SRC Dance Studio	Student Recreation Center
12:00PM	1:00PM	Adult Fitness	Lantz Pool - #2485	Lantz Facilities
12:00PM	1:40PM	PED 2850: Fitness for Life	SRC Meeting Room	Student Recreation Center
12:00PM	1:00PM	Adult Fitness	SRC Dance Studio	Student Recreation Center
1:00PM	1:50PM	Academic Classes	Lantz Pool - #2485	Lantz Facilities
1:00PM	1:50PM	PED 1692: Aerobic Exercise	SRC Dance Studio	Student Recreation Center
2:00PM	2:50PM	PED 1692: Aerobic Exercise	SRC Dance Studio	Student Recreation Center
3:00PM	3:50PM	PED 1692: Aerobic Exercise	SRC Dance Studio	Student Recreation Center
3:30PM	3:55PM	Advanced Abs	SRC Aerobics Room	Student Recreation Center
4:00PM	9:00PM	IM Flag Football	SRC-I-M Flds N.E. #1 (lighted)	Student Recreation Center
			SRC-I-M Flds N.E. #2	Student Recreation Center
			SRC-I-M Flds N.W.	Student Recreation Center
			SRC-I-M Flds S.E. #1 (lighted)	Student Recreation Center
			SRC-I-M Flds S.W.	Student Recreation Center
			SRC-I-M Flds. S.E. #2	Student Recreation Center
4:00PM	6:00PM	EIU Men's Rugby Practice	SRC-Practice Field #10	Student Recreation Center
			SRC-Practice Field #7	Student Recreation Center
			SRC-Practice Field #8	Student Recreation Center
			SRC-Practice Field #9	Student Recreation Center
4:00PM	4:55PM	Kickboxing	SRC Aerobics Room	Student Recreation Center
5:00PM	5:25PM	Rock Bottom	SRC Aerobics Room	Student Recreation Center
5:00PM	5:45PM	Pilates	SRC Dance Studio	Student Recreation Center
5:00PM	7:00PM	EIU Racquetball Club	Lantz Racq Crt #2 (#1821)	Lantz Facilities
			Lantz Racq Crt #3 (#1831)	Lantz Facilities
			Lantz Racq Crt #4 (#1841)	Lantz Facilities
			Lantz Racq Crt #5 (#1851)	Lantz Facilities
5:30PM	5:55PM	Med/Hi Abs	SRC Aerobics Room	Student Recreation Center
6:00PM	11:00PM	IM Dodgeball	SRC Court#6 (Enclosed Gym)	Student Recreation Center
6:00PM	6:55PM	Kickboxing	SRC Aerobics Room	Student Recreation Center
6:00PM	6:55PM	Yoga	SRC Dance Studio	Student Recreation Center
6:30PM	7:25PM	Aqua Splash	Lantz Pool - #2485	Lantz Facilities
7:00PM	7:55PM	Progressive Step	SRC Aerobics Room	Student Recreation Center
7:30PM	8:30PM	Rhythm & X-tacy Dance Team Pr	SRC Dance Studio	Student Recreation Center
8:00PM	11:00PM	IM CoRec Basketball	SRC Court #3	Student Recreation Center
			SRC Court #4	Student Recreation Center
8:00PM	10:00PM	CHS Girls Swim Practice	Lantz Pool - #2485	Lantz Facilities
		<i>MUST be out by 10 pm.</i>		
8:30PM	9:30PM	Alpha Phi Alpha Stepshow Practi	SRC Dance Studio	Student Recreation Center
9:30PM	10:30PM	Kappa Alpha Psi Step Show Prac	SRC Dance Studio	Student Recreation Center