

**EIU Annuitants Association Chapter Meeting Minutes  
EIU Rec Center**

**July 9, 2015**

**Board Members Present:** Hank Davis, Dianna Ensign, Barbara Funk, Vicki Hampton, Mary Anne Hanner, Margaret Messer, Jill Nilsen, and Julie Sterling.

**Board Members Absent:** Mac Corley, Scott Crawford, John Flynn, and Doug Sloat.

**Guests:** Alan Baharlou, Carlene Baharlou, John Best, Dan Carpenter, Brenda Crimmins, Dick Funk, Carol Helwig, Ellen Keiter, Nanci Newstrom, Don Rogers, Louise Weidner, and Terry Weidner.

**I. Call to Order:** President Hampton called the meeting to order at 9:00 a.m.

President Hampton introduced Sarah Daugherty, Program Director of the EIU Campus Recreation Center.

Ms. Daugherty welcomed all in attendance and gave a short presentation, informing us we are all welcome to join the Rec Center to use facilities, pool, racquet ball court, and indoor track. Ms. Daugherty introduced Maranda Schaljo, MS, NSCA-CPT, and her two Graduate Assistants, Chloe Haugh and Jennifer Schober who would demonstrate and observe participants in functional fitness training and balance exercises following the Chapter Meeting.

**II. Approval of Minutes:** June 4, 2015, Board Meeting minutes were approved as submitted (Davis, Funk).

**III. Treasurer' Report**

Hank Davis filed the Financial Report and reported \$4700 cash balance to date.

**IV: Committee Reports**

A. Communications - Vicki Hampton

The Committee is currently composing the newsletter, and any news would be welcome. They will also include next year's meeting dates in the newsletter.

B. Events - Julie Sterling  
Nothing to report.

C. Legislative - Jill Nilsen  
Nothing big to report because the Illinois budget is not done. Our annuitant checks will not be affected by the lack of a State budget.

D. Membership - Mary Anne Hanner  
Ms. Hanner announced that the Membership Committee consists of herself, John Flynn and Jone Zieren. All of us are actually members of the Membership Committee for the good of the Organization.

EIUAA currently has 741 members—5 new are current EIU employees, 3 are from the free lunch campaign.

1537 names were received from SURS from our FOIA request. Almost half of our retirees are SUAA members. In the fall, the Committee plans to visit Staff Senate, Faculty Senate, and set up a table at the Flu Shot Clinic. Ms. Hanner recommended that payroll deduction be used to pay dues, so no chance of lapse of membership will occur. Ms. Hanner also encouraged members present to join the Membership Committee.

We are the 6<sup>th</sup> largest Chapter in the State, and need 801 members to have a total of 4 votes. Ms. Hanner reminded us, it's all about networking.

If you hear of anyone not receiving emails, let Ms. Hanner or President Hampton know.

E. Nominations - Mary Anne Hanner  
The 2016 Slate of Officers will be presented and voted upon at the October meeting.

- a. President Elect - Margaret Messer
- b. Treasurer - Hank Davis
- c. Secretary - Dianna Ensign
- d. New Board Members
  - a) Lora Green
  - b) Jeffrey Lynch
  - c) Robert Whittenbarger
- e. Continuing Board Members
  - a) Scott Crawford

- b) John Flynn
- c) Jill Nilsen
- d) Julie Sterling
- e) Vicki Hampton - Past President
- f) Mary Anne Hanner - President

F. Scholarship - Margaret Messer

Ms. Messer asked the group to consider volunteering to be a member of the Scholarship Committee. Amendments to the Annuitants Scholarship were given out and all proposed changes were discussed. A motion was made to adopt the changes. (Davis, Nilsen). Unanimously passed.

President Hampton asked Ms. Messer to prepare a small article to place in the Journal Gazette announcing the available scholarship and criteria near the time of application.

**V. Old Business**

- A. June 16-17 SUAA summer meeting 4 members went to SUAA meeting, and Ms. Nilsen sent out a report.
- B. External hard-drive purchase with our funds. Pres. Hampton explained this necessary to back up list serves, on which they have worked so hard.
- C. Status of FOIA request for retirees, President Hampton explained we did receive a list of all annuitants, but no addresses or email addresses.
- D. A meeting with LLC will be arranged to discuss their annuitants joining our EIUAA.

**VI. New Business**

- A. The October 8, 2015, Chapter meeting will be at Neal Welcome Center, and newly-appointed EIU President Dr. Glassman will attend.
- B Discussion ensued regarding the power of the voice of the annuitants association to fight for our rights. Now is such an important time for annuitants to be a part of this group. The fight is NOT over.
- B. Again, it was brought up regarding looking into offering membership to LLC retirees.

Motion to adjourn (Hanner, Nilsen). President Hampton adjourned the meeting at 9:30.

*Miranda Schaljo, Director of EIU's Adult Fitness Program, explained the importance of training with purpose. We all know the importance of exercise, but we need to look at functional exercise that changes throughout our lives. We need a chair or exercise ball or first row of bleachers. Some of the exercises can be done at home with no specific equipment. You really do not want to work through joint pain. Listen to your body and do not push through pain. Modifications can be made to all exercises.*

*Adult fitness program meet MWF mornings from 5:30-7:00 a.m. and 12 noon-1. \$40/yr. Have 7 Grad Assists to help that can set up a program for you. We proceeded to the Aerobic Area.*