## Employment Opportunities with Advocate Health Care



Advocate Health Care, the largest health care system in Illinois, offers employment opportunities in our Advocate at Work division which, includes fitness and wellness positions. Advocate at Work manages 18 fitness centers, as well as Advocate's Healthe You wellness program. We also provide many wellness services to external clients.

We are recruiting highly qualified individuals who seek to improve the health of others.

If interested, please send your resume and cover letter to **Sharon.godlewski@advocatehealth.com**.

## Requirements:

- Bachelor or Masters Degree in an exercise, public health, nursing, health promotion or other health related field
- CPR certification
- Proof of personal liability insurance
- Experience in group exercise instruction and fitness programming

## **Employment Opportunities:**

- Wellness: biometric screenings, presentations and disease management
- Fitness: corporate & hospital fitness sites
- Marketing: Advocate at Work service lines
- Health Coaching
- Data Analytics

## Responsibilities:

- Conduct Fitness Tests
- Design Exercise Programs
- · Supervise the fitness facility and floor
- Lead Group Exercise Classes
- Perform computer work in Microsoft Word, Excel and Publisher
- Assist in planning and implementing wellness screenings, wellness programs, massage and weight management programs
- Help coordinate health fairs and lectures
- Evaluate behavior change programs and/or health risk assessments.
- Assist in our health coaching program
- Create marketing campaigns
  - LinkedIn, Facebook, Twitter and Instagram posts
  - o Email promotions
  - o Blogs
  - Print collateral

We are looking to expand our Advocate at Work staff and invite interested candidates to join our team.

Interviews are currently being conducted for open fitness/wellness positions.

