Scott M. Ronspies

Position: Associate Professor/Graduate Coordinator

College of Education & Professional Studies Department of Kinesiology & Sports Studies

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Education:

Year	Degree	Institution	Area of Study
2010	Ph.D.	University of Northern Colorado Greeley, CO	Sport Pedagogy/ Teacher Education
2006	M.S.	University of Nebraska-Omaha Omaha, NE	Sport Pedagogy
1997	B.A.E.	Wayne State College Wayne, NE	Physical Education/ Health K-12

Work Experience:

Year	Position	Institution/School	Responsibilities
2016-Present	Associate Professor	Eastern Illinois University Charleston, IL	Teaching/Research/ Service
2016-Present	KSS Graduate Coordinator	Eastern Illinois University Charleston, IL	KSS Graduate Coordinator
2009-2015	Assistant Professor	Eastern Illinois University Charleston, IL	Teaching/Research/ Service
2006-2009	Teaching Assistant	University of Northern Colorado Greeley, CO	Teaching/Research/ Service
1997-2006	Teacher (K-8)	All Saints Catholic School Omaha, NE	Teaching/Coordinator

Research Areas/Interests:

- Physical Activity/Fitness Assessment & Promotion in Youth
- Youth Obesity
- Body Composition & BMI
- Curriculum/Instructional Models
- Academic Achievement/Physical Fitness
- Effective Teaching Constructs
- Bullying in Physical Education
- Appropriate Practices in Physical Education

Publications (Juried Articles):

- **Ronspies, S.** (2016). Body image museum tour: Lesson plan idea. National Association for Sport and Physical Education: Physical Best Activity Guide for Middle and High School Levels (3rd ed.), 189-190.
- **Ronspies, S.,** & Madden, M. (2011, October). Middle school students' perceptions of coeducational and same-sex physical education. Illinois Journal for Health, Physical Education, Recreation, and Dance, 17-27.
- **Ronspies, S.** (2011, November). Who wants to be a physical education teacher? A case study of a non-traditional undergraduate student in a physical education teacher education program. Qualitative Report, 16(6), 1669-1687.
- Madden, M., & **Ronspies, S.** (2009). Case study of an exemplary elementary physical educator. Colorado Association of Health, Physical Education, Recreation, and Dance Journal, 34(1), 6-8.
- **Ronspies, S.** (2006). Increasing positive specific skill feedback to enhance student learning: A practical approach for all educators. Colorado Association of Health, Physical Education, Recreation, and Dance Journal, 32(3), 10-11.
- **Ronspies, S.** (2006). Youth physical activity as measured by pedometers. Article Abstract, JOPERD, 77(6), 12.
- Ronspies, S., & Messerole, M. (2005). Spicing up motor skill performance for all. Palaestra, 21(1), 26-29.

Professional Presentations/Creative Activity (Juried):

- **Ronspies, S.** (2016, November). *Sleep and obesity: The missing link*. Oral Presentation at the Illinois Association for Health, Physical Education, Recreation, and Dance Conference. St. Charles, IL.
- Ronspies, S. (2016, February). *Motivation in sport education and traditional university weight training courses.* Poster presentation at the 19th Annual CEPS Research Fair. Eastern Illinois University. Charleston, IL.
- Ronspies, S., Hussey, K., & Fay, D. (2015, November). *The who, what, where, when and why of assessing in elementary physical education*. Oral Presentation at the Illinois Association for Health, Physical Education, Recreation, and Dance Conference. St. Charles, IL.
- Pritschet, B., Emmett, J., Ruholl, S., & Ronspies, S. (2015, November). Child and adolescent obesity.

 Oral Presentation at the Illinois Association for Health, Physical Education, Recreation, and

 Dance Conference. St. Charles, IL.
- **Ronspies, S.** (2015, February). Perceived competence for promoting physical activity among preservice physical education teachers. Poster presentation at the 18th Annual CEPS Research Fair. Eastern Illinois University. Charleston, IL.
- **Ronspies, S.,** & Hussey, K. (2014, November). *Indiaca: Adding a new twist to your secondary PE content.* Oral Presentation at the Illinois Association for Health, Physical Education, Recreation, and Dance Conference. St. Charles, IL.
- Hussey, K., **Ronspies, S.,** et al. (2014, April). *Hands-on Badminton*. Oral presentation at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention. St. Louis, MO.
- Ronspies, S., & Hussey, K. (2013, November). *Teaching dance using the cooperative learning approach.*Oral Presentation at the Illinois Association for Health, Physical Education, Recreation, and Dance Conference. St. Charles, IL.
- **Ronspies, S.** (2013, February). *The relationship between physical activity and stress tolerance among college students*. Poster presentation at the 16th Annual CEPS Research Fair. Eastern Illinois University. Charleston, IL.
- Ronspies, S., & Hussey, K. (2012, November). *Bullying in physical education: Creating a safe environment for all learners*. Oral Presentation at the Illinois Association for Health, Physical Education, Recreation, and Dance Conference. St. Charles, IL.
- Ronspies, S. (2012, March). Teaching personal and social responsibility: Enhancing the physical education learning environment for all students. Oral Presentation at the Illinois Association for Health, Physical Education, Recreation and Dance Mid-State Conference. Eastern Illinois University. Charleston, IL.
- Ronspies, S. (2012, February). Homework in P.E...Are you serious? Middle school students' perceptions of active homework. Poster presentation at the 15th Annual CEPS Research Fair. Eastern Illinois University. Charleston, IL.

- Ronspies, S., Hussey, K., & Fritz, D. (2011, November). *Teaching personal and social responsibility through Indiaca game play.* Oral Presentation at the Illinois Association for Health, Physical Education, Recreation and Dance Conference. St. Charles, IL.
- **Ronspies, S.,** Madden, M., Furtado, O., & White, G. (2011, March-April). *Sleep duration, physical activity, and BMI of middle school students*. Poster presentation at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention. San Diego, CA.
- **Ronspies, S.** (2011, February). *Sleep duration, physical activity, and BMI of middle school students*. Poster presentation at the 14th Annual CEPS Research Fair. Eastern Illinois University. Charleston, IL.
- Ronspies, S., & Hussey, K. (2010, November). *Teaching and assessing elementary physical education content.* Oral Presentation at the Illinois Association for Health, Physical Education, Recreation and Dance Conference. St. Charles, IL.
- Hussey, K., & Ronspies, S. (2010, November). Short racket, paddle striking skills, and activities for children. Oral Presentation at the Illinois Association for Health, Physical Education, Recreation and Dance Conference. St. Charles, IL.
- Ronspies, S., Parker, M., & Patton, K. (2010, March). *Physical activity/fitness levels of Caucasian and Hispanic middle school students*. Oral presentation at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention. Indianapolis, IN.
- **Ronspies, S.** (2010, February). Who wants to be a physical education teacher? A case study of a non-traditional undergraduate student in a physical education teacher education program. Poster presentation at the 13th Annual CEPS Research Fair. Eastern Illinois University. Charleston, IL.
- Ronspies, S., Madden, M., & Patton, K. (2009, April). Why P.E.? Perspectives of a non-traditional undergraduate student in a PETE program. Poster presentation at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention. Tampa, FL.
- Patton, K., Parker, M., Drury, K., **Ronspies, S. M.**, Perrett, J., & Smith, M. A. (2009, April). *Health-related fitness and academic achievement of elementary students*. Poster presentation at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention. Tampa, FL.
- Ronspies, S., Patton, K., Smith, M., Parker, M., & Sinclair, C. (2008, April). *Pedometer assessed physical activity levels among Hispanic and Caucasian elementary school children*. Oral presentation at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention. Fort Worth, TX.
- Sinclair, C., Parker, M., & Ronspies, S. (2008, April). *Teaching fitness concepts within a skill based physical education program.* Activity session at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention. Fort Worth, TX.
- **Ronspies, S.**, & Madden, M. (2007, October). *Youth obesity: The missing linked that should be addressed by our profession*. Oral presentation at the Colorado Association of Health, Physical Education, Recreation, and Dance Conference. Colorado Springs, CO.
- Sassano, C., Easter, J., & **Ronspies, S.** (2007, June). *Teaching personal and social responsibility in physical education*. Oral presentation at the First Annual International Positive Youth Development Conference. University of Northern Colorado. Greeley, CO.
- Smith, M. A., Patton, K., Chase, D., Madden, M. D., **Ronspies, S. M.**, & Ward, S. (2007, March). *Middle school students' perceptions of active homework*. Poster presentation at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention. Baltimore, MD.
- **Ronspies, S.**, & Messerole, M. (2007, March). *The relationships among body mass index, daily step count, and television viewing time in children ages 10 to* 13. Poster presentation at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention. Baltimore, MD.

- **Ronspies, S.** (2007, April). The relationships among body mass index, daily step count, and television viewing time in children ages 10 to 13. Poster presentation at the University of Northern Colorado Research Days. Greeley, CO.
- **Ronspies, S.**, Ward, S., Barcklow, R., Germano, J., & Franchi, A. (2007, April). *Positive youth development: Making connections with kids through sport and physical activity.* Oral presentation at the University of Northern Colorado Research Days. Greeley, CO.

Professional Presentations/Creative Activity (Non-Juried):

- Ronspies, S. (2013, November). Don't forget to eat your carrots!! Conquering the myths in physical education, health and wellness. Oral Presentation at the Eastern Illinois University Technology & Science Symposium. Charleston, IL.
- **Ronspies, S.** (2012, November). *Ancient Greek sports & dance*. Oral Presentation at the Eastern Illinois University Symposium on Ancient Greece: A Futuristic Look Through Ancient Lenses. Eastern Illinois University. Charleston, IL.
- Ronspies, S., Hussey, K., Papp, N., Gawron, G., & McCausland, I. (2012, April). *Developing and implementing a teacher work sample in a physical education teacher education methods course.*Poster presentation at The 4th Annual Showcase of Exploration and Inquiry of Undergraduates (EIU). Eastern Illinois University. Charleston, IL.
- **Ronspies, S.** (2011, November). *Ancient Egyptian sports & dance: Then & now.* Oral Presentation at the Eastern Illinois University Symposium on Ancient Egypt: A Futuristic Look Through Ancient Lenses. Eastern Illinois University. Charleston, IL.
- **Ronspies, S.,** Wenzel, B., Bart, B., Miglio, J., & Francis, L. (2011, April). *Implementing a teacher work sample in a physical education teacher education methods course.* Oral presentation at The 3rd Annual Showcase of Exploration and Inquiry of Undergraduates (EIU). Eastern Illinois University. Charleston, IL.
- Ronspies, S. (2010, November). *Integrative learning and teaching: How can I spin it to make it work for me?* Oral presentation at the Kappa Delta Pi: Beta Psi Chapter Meeting. Eastern Illinois University. Charleston, IL.
- Ronspies, S., Fritz, D., & Wenzel, B. (2010, October). *Kids are sacred, games are not.* Oral presentation at the Regional Office of Education #11 Fall Classic Institute. Charleston, IL.
- Ronspies, S. (2009, October). *Implementing the sport education model into secondary physical education.* Oral presentation at the Regional Office of Education #11 Fall Classic Institute. Charleston, IL.
- **Ronspies, S.** (2007, July). *Teaching sport concepts and skills tactically to diverse students.* Activity session at A Total Commitment Conference. University of Nebraska-Omaha. Omaha, NE.

Grants/Funding:

- **Ronspies, S.** (2014). Redden Grant for Improvement of Undergraduate Instruction. *Equipment upgrades* for the revised Technique and Theory Courses. Sponsored by the Vice President for Academic Affairs. Funded, \$1,477.92.
- **Ronspies, S.** (2013). Redden Grant for Improvement of Undergraduate Instruction. *Remote and in-class video supervision in physical education*. Sponsored by the Vice President for Academic Affairs. Funded, \$750.00.

- Furtado, O., & **Ronspies, S.** (2011). Developmental Grant for Faculty Research or Creative Activity. Concurrent validity evidence for the Furtado-Gallagher computerized observational movement pattern assessment system – "FG Compass". Sponsored by the College of Education and Professional Studies. Funded, \$680.00.
- Hussey, K., **Ronspies, S.,** & Hussey, K. (2011). Redden Grant for Improvement of Undergraduate Instruction. *Video analysis of sport and movement skills*. Sponsored by the Vice President for Academic Affairs. Funded, \$1,397.98.
- **Ronspies, S.** (2007). Summer Graduate Research Assistantship. *Determinants of physical activity in Hispanic children.* Sponsored by the Office of the Provost: Diversity in Education Research Initiative. Funded, \$5,000.00.

Professional/Community Service:

Date	Institution/Organization	Responsibilities
2015	PE Central Website	Created Assessment & Instructional Videos
2015	Illinois Licensure Testing System Illinois State Board of Education	Content Test Reviewer
2014-Present	IAHPERD: Executive Board	Past Vice President Children
2012-Present	Jones & Bartlett Learning Burlington, MA	Textbook Reviewer
2011-Present	PE Central Website	Bulletin Board Advisor Hall of Shame Advisor Article Contributor
2011	North Clay CUSD #25 Louisville, IL	Curriculum Consultant
2011-Present	NASPE Physical Best Guide Reston, VA	Lesson Contributor
2010-Present	McGraw-Hill Companies Columbus, OH	Textbook Reviewer
2010-Present	IHSA State Girls Badminton Charleston, IL	Tournament Volunteer

2010-Present	Special Olympics Charleston, IL	Event Volunteer
2010	IAHPERD Jacksonville, IL	Manuscript Reviewer
2010	EIU Faculty Development Charleston, IL	Guest Speaker
2010	Habitat for Humanity Charleston, IL	Building Volunteer
2007-2008	Weld County United Way Greeley, CO	Grant Reviewer
2005-2007	COAHPERD Greeley, CO	Board Member

Eastern Illinois University Committees:

University Committees:

Date	Committee	Responsibilities
2016 - Present	Achievement & Contribution Award	Member
2015 – Spring	Enrollment Management Advisory Committee	Member
2013-Present	E-Portfolio	Member
2014-2015	President's Award Committee	Member

College Committees:

Date	Committee	Responsibilities
2012-2015	Council on Teacher Education	Member Vice-Chair: Fall 2013-2014
2011-2014	LiveText	Member Co-Chair: Fall 2012-2014

2010-Present Unit Assessment Member

Co-Chair: Fall 2012-2014

Department Committees:

Date	Committee	Responsibilities
2015-Present	KSS Club: PETE	PETE Advisor
2012-Present	First Choice	Member
2010-Present	Physical Education Teacher Education	Chair
2010-Present	KSS Research	Secretary
2010-Present	KSS Graduate Faculty	Member/Coordinator

Graduate Student Thesis Committee:

2013 Committee Member - Mariah Bolin: Sports Management

2016 Committee Member - Chelsea Duncan: Exercise Science

2016 Committee Member - Jackie Sernek: Sport Management

Professional Association Memberships/Participation:

1997-Present Gatorade Sports Science Institute

2009-Present Illinois Association for Health, Physical Education, Recreation, and Dance

2006-Present SHAPE America

2006-2008 Colorado Association for Health, Physical Education, Recreation, and Dance

Teaching:

Undergraduate Courses:

- KSS 1500 Kinesiology and Sports Studies as a Profession
- KSS 2000 Technique and Practice of Teaching Physical Education Activities
- KSS 2220 Technique and Theory of Dance
- KSS 2380 Technique and Theory of Flag Football and Basketball
- KSS 2400 Introduction to Elementary School Physical Education
- KSS 3000 Fitness Concepts for Teachers
- KSS 3400 Secondary Physical Education Methods
- KSS 3401 Elementary Physical Education Methods
- KSS 3641 Rhythms/Dance/Tumbling for Elementary Physical Education

Graduate Courses:

- KSS 5000 Research Methods in Kinesiology and Sports Studies
- KSS 5005 Literature Review in Kinesiology and Sports Studies
- KSS 5200 Curriculum Development in Physical Education
- KSS 5600 Analysis of Teaching
- KSS 5901 Seminar in Kinesiology and Sports Studies

Honors and Awards:

- Achievement and Contribution Award: Teaching Category (2013)
- Graduate Research Grant Recipient: University of Northern Colorado (2007)
- Outstanding Graduate Student Award: University of Nebraska-Omaha (2003 & 2004)
- Academic Honors Student: Wayne State College (1996)
- Who's Who Among Students in American Universities & Colleges: Wayne State College (1995)