

# Scott M. Ronspies

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**Position:** Associate Professor/Graduate Coordinator  
College of Education & Professional Studies  
Department of Kinesiology & Sports Studies  
Eastern Illinois University  
Charleston, IL 61920

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## Education:

Year	Degree	Institution	Area of Study
2010	Ph.D.	University of Northern Colorado Greeley, CO	Sport Pedagogy/ Teacher Education
2006	M.S.	University of Nebraska-Omaha Omaha, NE	Sport Pedagogy
1997	B.A.E.	Wayne State College Wayne, NE	Physical Education/ Health K-12

## Work Experience:

Year	Position	Institution/School	Responsibilities
2016-Present	Associate Professor	Eastern Illinois University Charleston, IL	Teaching/Research/ Service
2016-Present	KSS Graduate Coordinator	Eastern Illinois University Charleston, IL	KSS Graduate Coordinator
2009-2015	Assistant Professor	Eastern Illinois University Charleston, IL	Teaching/Research/ Service
2006-2009	Teaching Assistant	University of Northern Colorado Greeley, CO	Teaching/Research/ Service
1997-2006	Teacher (K-8)	All Saints Catholic School Omaha, NE	Teaching/Coordinator

**Research Areas/Interests:**

- Physical Activity/Fitness Assessment & Promotion in Youth
- Youth Obesity
- Body Composition & BMI
- Curriculum/Instructional Models
- Academic Achievement/Physical Fitness
- Effective Teaching Constructs
- Bullying in Physical Education
- Appropriate Practices in Physical Education

**Publications (Juried Articles):**

**Ronspies, S.** (2016). Body image museum tour: Lesson plan idea. National Association for Sport and Physical Education: Physical Best Activity Guide for Middle and High School Levels (3<sup>rd</sup> ed.), 189-190.

**Ronspies, S., & Madden, M.** (2011, October). Middle school students' perceptions of coeducational and same-sex physical education. Illinois Journal for Health, Physical Education, Recreation, and Dance, 17-27.

**Ronspies, S.** (2011, November). Who wants to be a physical education teacher? A case study of a non-traditional undergraduate student in a physical education teacher education program. Qualitative Report, 16(6), 1669-1687.

Madden, M., & **Ronspies, S.** (2009). Case study of an exemplary elementary physical educator. Colorado Association of Health, Physical Education, Recreation, and Dance Journal, 34(1), 6-8.

**Ronspies, S.** (2006). Increasing positive specific skill feedback to enhance student learning: A practical approach for all educators. Colorado Association of Health, Physical Education, Recreation, and Dance Journal, 32(3), 10-11.

**Ronspies, S.** (2006). Youth physical activity as measured by pedometers. Article Abstract, JOPERD, 77(6), 12.

**Ronspies, S., & Messerole, M.** (2005). Spicing up motor skill performance for all. Palaestra, 21(1), 26-29.

**Professional Presentations/Creative Activity (Juried):**

- Ronspies, S.** (2017, March). *Infusing new content ideas into your secondary physical education curriculum*. Oral Presentation at the Illinois Association for Health, Physical Education, Recreation, and Dance Midstate Conference. Charleston, IL.
- Ronspies, S.** (2017, March). *Writing rubrics*. Oral Presentation at the Illinois Association for Health, Physical Education, Recreation, and Dance Midstate Conference. Charleston, IL.
- Ronspies, S.** (2016, November). *Sleep and obesity: The missing link*. Oral Presentation at the Illinois Association for Health, Physical Education, Recreation, and Dance Conference. St. Charles, IL.
- Ronspies, S.** (2016, February). *Motivation in sport education and traditional university weight training courses*. Poster presentation at the 19th Annual CEPS Research Fair. Eastern Illinois University. Charleston, IL.
- Ronspies, S.,** Hussey, K., & Fay, D. (2015, November). *The who, what, where, when and why of assessing in elementary physical education*. Oral Presentation at the Illinois Association for Health, Physical Education, Recreation, and Dance Conference. St. Charles, IL.
- Pritschet, B., Emmett, J., Ruholl, S., & **Ronspies, S.** (2015, November). *Child and adolescent obesity*. Oral Presentation at the Illinois Association for Health, Physical Education, Recreation, and Dance Conference. St. Charles, IL.
- Ronspies, S.** (2015, February). *Perceived competence for promoting physical activity among preservice physical education teachers*. Poster presentation at the 18th Annual CEPS Research Fair. Eastern Illinois University. Charleston, IL.
- Ronspies, S.,** & Hussey, K. (2014, November). *Indiaca: Adding a new twist to your secondary PE content*. Oral Presentation at the Illinois Association for Health, Physical Education, Recreation, and Dance Conference. St. Charles, IL.
- Hussey, K., **Ronspies, S.,** et al. (2014, April). *Hands-on Badminton*. Oral presentation at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention. St. Louis, MO.
- Ronspies, S.,** & Hussey, K. (2013, November). *Teaching dance using the cooperative learning approach*. Oral Presentation at the Illinois Association for Health, Physical Education, Recreation, and Dance Conference. St. Charles, IL.
- Ronspies, S.** (2013, February). *The relationship between physical activity and stress tolerance among college students*. Poster presentation at the 16<sup>th</sup> Annual CEPS Research Fair. Eastern Illinois University. Charleston, IL.
- Ronspies, S.,** & Hussey, K. (2012, November). *Bullying in physical education: Creating a safe environment for all learners*. Oral Presentation at the Illinois Association for Health, Physical Education, Recreation, and Dance Conference. St. Charles, IL.

- Ronspies, S.** (2012, March). *Teaching personal and social responsibility: Enhancing the physical education learning environment for all students*. Oral Presentation at the Illinois Association for Health, Physical Education, Recreation and Dance Mid-State Conference. Eastern Illinois University. Charleston, IL.
- Ronspies, S.** (2012, February). *Homework in P.E...Are you serious? Middle school students' perceptions of active homework*. Poster presentation at the 15th Annual CEPS Research Fair. Eastern Illinois University. Charleston, IL.
- Ronspies, S.,** Hussey, K., & Fritz, D. (2011, November). *Teaching personal and social responsibility through Indiana game play*. Oral Presentation at the Illinois Association for Health, Physical Education, Recreation and Dance Conference. St. Charles, IL.
- Ronspies, S.,** Madden, M., Furtado, O., & White, G. (2011, March-April). *Sleep duration, physical activity, and BMI of middle school students*. Poster presentation at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention. San Diego, CA.
- Ronspies, S.** (2011, February). *Sleep duration, physical activity, and BMI of middle school students*. Poster presentation at the 14th Annual CEPS Research Fair. Eastern Illinois University. Charleston, IL.
- Ronspies, S.,** & Hussey, K. (2010, November). *Teaching and assessing elementary physical education content*. Oral Presentation at the Illinois Association for Health, Physical Education, Recreation and Dance Conference. St. Charles, IL.
- Hussey, K., & **Ronspies, S.** (2010, November). *Short racket, paddle striking skills, and activities for children*. Oral Presentation at the Illinois Association for Health, Physical Education, Recreation and Dance Conference. St. Charles, IL.
- Ronspies, S.,** Parker, M., & Patton, K. (2010, March). *Physical activity/fitness levels of Caucasian and Hispanic middle school students*. Oral presentation at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention. Indianapolis, IN.
- Ronspies, S.** (2010, February). *Who wants to be a physical education teacher? A case study of a non-traditional undergraduate student in a physical education teacher education program*. Poster presentation at the 13<sup>th</sup> Annual CEPS Research Fair. Eastern Illinois University. Charleston, IL.
- Ronspies, S.,** Madden, M., & Patton, K. (2009, April). *Why P.E.? Perspectives of a non-traditional undergraduate student in a PETE program*. Poster presentation at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention. Tampa, FL.
- Patton, K., Parker, M., Drury, K., **Ronspies, S. M.,** Perrett, J., & Smith, M. A. (2009, April). *Health-related fitness and academic achievement of elementary students*. Poster presentation at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention. Tampa, FL.
- Ronspies, S.,** Patton, K., Smith, M., Parker, M., & Sinclair, C. (2008, April). *Pedometer assessed physical activity levels among Hispanic and Caucasian elementary school children*. Oral presentation at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention. Fort Worth, TX.
- Sinclair, C., Parker, M., & **Ronspies, S.** (2008, April). *Teaching fitness concepts within a skill based physical education program*. Activity session at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention. Fort Worth, TX.
- Ronspies, S.,** & Madden, M. (2007, October). *Youth obesity: The missing link that should be addressed by our profession*. Oral presentation at the Colorado Association of Health, Physical Education, Recreation, and Dance Conference. Colorado Springs, CO.
- Sassano, C., Easter, J., & **Ronspies, S.** (2007, June). *Teaching personal and social responsibility in physical education*. Oral presentation at the First Annual International Positive Youth Development Conference. University of Northern Colorado. Greeley, CO.

Smith, M. A., Patton, K., Chase, D., Madden, M. D., **Ronspies, S. M.**, & Ward, S. (2007, March). *Middle school students' perceptions of active homework*. Poster presentation at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention. Baltimore, MD.

**Ronspies, S.**, & Messerole, M. (2007, March). *The relationships among body mass index, daily step count, and television viewing time in children ages 10 to 13*. Poster presentation at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention. Baltimore, MD.

**Ronspies, S.** (2007, April). *The relationships among body mass index, daily step count, and television viewing time in children ages 10 to 13*. Poster presentation at the University of Northern Colorado Research Days. Greeley, CO.

**Ronspies, S.**, Ward, S., Barcklow, R., Germano, J., & Franchi, A. (2007, April). *Positive youth development: Making connections with kids through sport and physical activity*. Oral presentation at the University of Northern Colorado Research Days. Greeley, CO.

### **Professional Presentations/Creative Activity (Non-Juried):**

**Ronspies, S.** (2013, November). *Don't forget to eat your carrots!! Conquering the myths in physical education, health and wellness*. Oral Presentation at the Eastern Illinois University Technology & Science Symposium. Charleston, IL.

**Ronspies, S.** (2012, November). *Ancient Greek sports & dance*. Oral Presentation at the Eastern Illinois University Symposium on Ancient Greece: A Futuristic Look Through Ancient Lenses. Eastern Illinois University. Charleston, IL.

**Ronspies, S.**, Hussey, K., Papp, N., Gawron, G., & McCausland, I. (2012, April). *Developing and implementing a teacher work sample in a physical education teacher education methods course*. Poster presentation at The 4<sup>th</sup> Annual Showcase of Exploration and Inquiry of Undergraduates (EIU). Eastern Illinois University. Charleston, IL.

**Ronspies, S.** (2011, November). *Ancient Egyptian sports & dance: Then & now*. Oral Presentation at the Eastern Illinois University Symposium on Ancient Egypt: A Futuristic Look Through Ancient Lenses. Eastern Illinois University. Charleston, IL.

**Ronspies, S.**, Wenzel, B., Bart, B., Miglio, J., & Francis, L. (2011, April). *Implementing a teacher work sample in a physical education teacher education methods course*. Oral presentation at The 3<sup>rd</sup> Annual Showcase of Exploration and Inquiry of Undergraduates (EIU). Eastern Illinois University. Charleston, IL.

**Ronspies, S.** (2010, November). *Integrative learning and teaching: How can I spin it to make it work for me?* Oral presentation at the Kappa Delta Pi: Beta Psi Chapter Meeting. Eastern Illinois University. Charleston, IL.

**Ronspies, S.**, Fritz, D., & Wenzel, B. (2010, October). *Kids are sacred, games are not*. Oral presentation at the Regional Office of Education #11 Fall Classic Institute. Charleston, IL.

**Ronspies, S.** (2009, October). *Implementing the sport education model into secondary physical education*. Oral presentation at the Regional Office of Education #11 Fall Classic Institute. Charleston, IL.

**Ronspies, S.** (2007, July). *Teaching sport concepts and skills tactically to diverse students*. Activity session at A Total Commitment Conference. University of Nebraska-Omaha. Omaha, NE.

**Grants/Funding:**

**Ronspies, S.** (2017). Redden Grant for Improvement of Undergraduate Instruction. *Equipment upgrades for KSS 2400, KSS 3400/3401*. Sponsored by the Vice President for Academic Affairs. Funded, \$900.

Hussey, K., & **Ronspies, S.** (2016). Redden Grant for Improvement of Undergraduate Instruction. *Equipment upgrades for KSS 3400, KSS 3401, KSS 2101, and KSS 2860*. Sponsored by the Vice President for Academic Affairs. Funded, \$1,332.57.

**Ronspies, S.** (2014). Redden Grant for Improvement of Undergraduate Instruction. *Equipment upgrades for the revised Technique and Theory Courses*. Sponsored by the Vice President for Academic Affairs. Funded, \$1,477.92.

**Ronspies, S.** (2013). Redden Grant for Improvement of Undergraduate Instruction. *Remote and in-class video supervision in physical education*. Sponsored by the Vice President for Academic Affairs. Funded, \$750.00.

Furtado, O., & **Ronspies, S.** (2011). Developmental Grant for Faculty Research or Creative Activity. *Concurrent validity evidence for the Furtado-Gallagher computerized observational movement pattern assessment system – “FG Compass”*. Sponsored by the College of Education and Professional Studies. Funded, \$680.00.

Hussey, K., **Ronspies, S.**, & Hussey, K. (2011). Redden Grant for Improvement of Undergraduate Instruction. *Video analysis of sport and movement skills*. Sponsored by the Vice President for Academic Affairs. Funded, \$1,397.98.

**Ronspies, S.** (2007). Summer Graduate Research Assistantship. *Determinants of physical activity in Hispanic children*. Sponsored by the Office of the Provost: Diversity in Education Research Initiative. Funded, \$5,000.00.

**Professional/Community Service:**

<b>Date</b>	<b>Institution/Organization</b>	<b>Responsibilities</b>
2015	PE Central Website	Created Assessment & Instructional Videos
2015	Illinois Licensure Testing System Illinois State Board of Education	Content Test Reviewer
2014-Present	IAHPERD: Executive Board	Past Vice President Children
2012-Present	Jones & Bartlett Learning Burlington, MA	Textbook Reviewer

2011-Present	PE Central Website	Bulletin Board Advisor Hall of Shame Advisor Article Contributor
2011	North Clay CUSD #25 Louisville, IL	Curriculum Consultant
2011-Present	NASPE Physical Best Guide Reston, VA	Lesson Contributor
2010-Present	McGraw-Hill Companies Columbus, OH	Textbook Reviewer
2010-Present	IHSA State Girls Badminton Charleston, IL	Tournament Volunteer
2010-Present	Special Olympics Charleston, IL	Event Volunteer
2010	IAHPERD Jacksonville, IL	Manuscript Reviewer
2010	EIU Faculty Development Charleston, IL	Guest Speaker
2010	Habitat for Humanity Charleston, IL	Building Volunteer
2007-2008	Weld County United Way Greeley, CO	Grant Reviewer
2005-2007	COAHPERD Greeley, CO	Board Member

### **Eastern Illinois University Committees:**

#### **University Committees:**

<b>Date</b>	<b>Committee</b>	<b>Responsibilities</b>
2016 – Present	Achievement & Contribution Award	Chair/Member
2015 – Spring	Enrollment Management Advisory Committee	Member

2013-Present	E-Portfolio	Member
2014-2015	President's Award Committee	Member

**College Committees:**

<b>Date</b>	<b>Committee</b>	<b>Responsibilities</b>
2012-2015	Council on Teacher Education	Member Vice-Chair: Fall 2013-2014
2011-2014	LiveText	Member Co-Chair: Fall 2012-2014
2010-Present	Unit Assessment	Member Co-Chair: Fall 2012-2014

**Department Committees:**

<b>Date</b>	<b>Committee</b>	<b>Responsibilities</b>
2015-Present	KSS Club: PETE	PETE Advisor
2012-Present	First Choice	Member
2010-Present	Physical Education Teacher Education	Chair
2010-Present	KSS Research	Secretary
2010-Present	KSS Graduate Faculty	Member/Coordinator

**Graduate Student Thesis Committee:**

2013	Committee Member - Mariah Bolin: Sports Management
2016	Committee Member - Chelsea Duncan: Exercise Science
2016	Committee Member - Jackie Sernek: Sport Management
2016	Committee chair – Matthew Warner: Exercise Science



**Professional Association Memberships/Participation:**

1997-Present Gatorade Sports Science Institute  
2009-Present Illinois Association for Health, Physical Education, Recreation, and Dance  
2006-Present SHAPE America  
2006-2008 Colorado Association for Health, Physical Education, Recreation, and Dance

**Teaching:**

**Undergraduate Courses:**

- KSS 1500 Kinesiology and Sports Studies as a Profession
- KSS 2000 Technique and Practice of Teaching Physical Education Activities
- KSS 2220 Technique and Theory of Dance
- KSS 2380 Technique and Theory of Flag Football and Basketball
- KSS 2400 Introduction to Elementary School Physical Education
- KSS 3000 Fitness Concepts for Teachers
- KSS 3400 Secondary Physical Education Methods
- KSS 3401 Elementary Physical Education Methods
- KSS 3641 Rhythms/Dance/Tumbling for Elementary Physical Education

**Graduate Courses:**

- KSS 5000 Research Methods in Kinesiology and Sports Studies
- KSS 5005 Literature Review in Kinesiology and Sports Studies
- KSS 5200 Curriculum Development in Physical Education
- KSS 5600 Analysis of Teaching
- KSS 5901 Seminar in Kinesiology and Sports Studies

**Honors and Awards:**

- Achievement and Contribution Award: Teaching Category (2013)
- Graduate Research Grant Recipient: University of Northern Colorado (2007)
- Outstanding Graduate Student Award: University of Nebraska-Omaha (2003 & 2004)
- Academic Honors Student: Wayne State College (1996)
- Who's Who Among Students in American Universities & Colleges: Wayne State College (1995)