

Eastern Illinois University
Athletic Training Education Program
KSS 3150 – Athletic Training Clinical I: Upper Extremity Injury Evaluation

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Textbook: Principles of Athletic Training, 14 edition. W. Prentice – McGraw Hill.

Course Description: Practical experience in supervised clinical settings with an emphasis on the evaluation of upper extremity injuries. This course will be taken concurrently with KSS 3140.

Specific Course Goals: Upon successful completion of this course:

1. The student will develop an understanding of the injury assessment process, as the foundation for the application of specific injury evaluations, as demonstrated by satisfactory performance on written examinations and completion of practical activities.
2. The student will demonstrate an understanding of the anatomical structures for all upper extremity regions as the foundation for the palpation portion of an injury evaluation, as demonstrated by satisfactory performance on written examinations and completion of practical activities.
3. The student will comprehend the principles and be able to apply manual muscle tests and special tests for all upper extremity regions as part of an injury evaluation, as measured by satisfactory performance on written examinations and completion of practical activities.
4. The student will exhibit proficiency in the safe, effective management of various upper extremity injuries as measured by satisfactory performance on written examinations.
5. The student will exhibit the ability to critically analyze an injury scenario and synthesize an appropriate assessment of the injury as measured by satisfactory performance on the practical final exam.

Requirements:

Skills: There are many basic skills that have to be mastered in KSS – 3150. A clinical skill assessment packet covering a broad scale of skills will be provided to you. Lab times will be utilized to learn and evaluate these basic skills. **YOU MUST SUCCESSFULLY COMPLETE ALL SKILL REQUIREMENTS PRIOR TO APPLYING THOSE SKILLS IN THE CLINICAL SETTING.**

Clinical: Student must attain *175 hours of clinical experience in the EIU on campus clinical sites.* **You are not to provide any treatment or rehabilitation until you have successfully completed the appropriate skill**

requirements and have permission of a staff ACI. You are not to evaluate, treat or provide advice to any EIU athletes outside of the athletic training room. Refer to clinical skill packet I for additional information regarding your clinical experience.

Attendance: Class provides opportunities to receive formal instruction, guidance and feedback. Attendance is necessary for successful completion of this course. Please refer to Clinical Packet I for additional information regarding attendance.

<u>Evaluations Method</u>	<u>Scale</u>
Clinical Skill Assessments – 50%	100%-90% = A
Clinical Supervisor Evaluations – 25%	89.9%-80% = B
Weekly journal submissions - 15%	79.9%-70% = C
Attainment of Required Clinical Hours – 10%	69.9%-60% = D
	59.9% & below = F

Course Schedule:

- 8/19 Introduction to Evaluation Skills
- 8/26 Head/Face Evaluation

- 9/2 Head/Face/Concussion Evaluation
- 9/9 Concussion Evaluation
- 9/16 Concussion/Cervical Spine Evaluation
- 9/23 Cervical Spine Evaluation
- 9/30 Thoracic Evaluation

- 10/7 Shoulder Evaluation
- 10/14 Shoulder/Elbow Evaluation
- 10/21 Shoulder Evaluation
- 10/28 Elbow Evaluation

- 11/4 Elbow/Wrist Evaluation
- 11/11 Wrist Evaluation
- 11/18 Wrist/Hand Evaluation
- 11/25 Hand Evaluation
- 12/2 Finger Evaluation

Students who are having difficulty achieving their academic goals are encouraged to contact the Student Success Center (www.eiu.edu/~success) for assistance with time management, test taking, note taking, avoiding procrastination, setting goals, and other skills to support academic achievement. The Student Success Center provides individualized consultations. To make an appointment, call 217-581-6696, or go to 9th Street Hall, Room 1302