

**Eastern Illinois University**  
**Department of Kinesiology and Sports Studies**  
**KSS 1500 – Kinesiology and Sports Studies As A Profession**  
**Fall 2013**

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Office Hours: Monday/Wednesday: 9:00 am - 10:00am & Tuesday/Thursday: 10:00 – 11:00am  
Other times are available by appointment.

Course

Description: An introductory professional course which includes the general scope, purpose, history, growth and development, and career assessment of physical education.

Course

Objectives:

1. To identify events and people that served as catalysts for the growth of physical education, exercise science, and sport studies.
2. To discuss recent developments in physical education, exercise science, and sport studies.
3. To become aware of the role of lifespan involvement in physical education, exercise science, and sport in society and in education.
4. To understand and debate current physical education/activity issues and laws based on historical, philosophical, and sociological perspectives (NASPE 1.5).
5. To use technologies to communicate, locate resources, and enhance continuing professional development (NASPE 9.3).
6. To encourage students to actively participate in the professional physical education community (NASPE 10.2).
7. To explore and examine the career options available in physical education, exercise science, and sport studies.
8. To use available resources (literature, professional associations) to develop as a reflective professional (NASPE 8.2).

<u>Evaluation:</u>	Issues Paper	15 points	A = 90-100%
	Interview Assignment	30 points	B = 80-89%
	Resume/Cover Letter	30 points	C = 70-79%
	Group Project	30 points	D = 60-69%
	Quizzes/Exams/Other	Points will vary	F = ≤ 59%

ALL students in the Kinesiology & Sports Studies Department, i.e., exercise science, sport management, athletic training, and teacher certification majors must receive a grade of “C” or better in this course or it must be retaken.

General Information:

Although I will do my best to provide you with valuable knowledge and experiences, little can be gained unless you are making a concerted and noticeable effort to be a self-motivated, responsible, and active learner.

### 1. Attendance

**ATTENDANCE:** Attendance is expected! 3 unexcused absences = a drop of 1 letter grade.  
It is the responsibility of the student to inform me of absences for illness, family emergencies, university sponsored events, etc.

**Note:** 10 pt. bonus for perfect attendance!

### 2. Assignments

All work is due on the **DUE DATE**, and will be collected at the beginning of class. Work turned in after the due date will not be accepted.

Students will be allowed to make up work due to excused absences. If you are absent and it is unexcused, assignments missed cannot be made up, and will result in a zero.

### 3. Class Preparation

**PARTICIPATE WITH EFFORT.** Be prepared and put forth a solid and consistent effort in class.

Do what you have to do to be ready.

**TAKE INITIATIVE FOR YOURSELF.** You are responsible for creating value for yourself in this course. This means doing reading and work outside of class.

**HELP OTHERS.** The ultimate success and reward for each of you depends on your ability to help and support your classmates, and where differences of opinion and healthy debate are respected.

- Bring all materials, including assignments, textbook, and packet, to each class.
- Read any assigned readings before class.
- Conduct yourself in a professional manner.

### 4. Electronic Devices:

Please extend courtesy to your instructor and fellow students by turning off your electronic devices and placing cell phones in silent/vibrate mode. Do not text in class. Thank you for your cooperation.

Textbooks: Lumpkin, A. (2011). *Introduction to Physical Education, Exercise Science, and Sport Studies*. 8<sup>th</sup> Edition. New York, NY: McGraw-Hill.

Hoffman, S. (2011). *Careers in Sport, Fitness and Exercise*. Champaign, IL: Human Kinetics.

Final Exam: Wed., Dec. 11<sup>th</sup> from 2:45-4:45 p.m.

Packet: KSS 1500 Course Packet must be purchased at Copy Express in the University Union.

### Student Success Center:

Students who are having difficulty achieving their academic goals are encouraged to contact the Student Success Center ([www.eiu.edu/~success](http://www.eiu.edu/~success)) for assistance with time management, test taking, note taking, avoiding procrastination, setting goals, and other skills to support academic achievement. The Student Success Center provides individualized consultations. To make an appointment, call [217-581-6696](tel:217-581-6696), or go to 9<sup>th</sup> Street Hall, Room 1302.

### Disability Services:

If you have a documented disability and wish to receive academic accommodations, please contact the Coordinator of the Office of Disability Services ([www.eiu.edu/~disablty](http://www.eiu.edu/~disablty)) at 217-581-6583).