Athletic Training Program
Department of Kinesiology & Sports Studies
KSS 2137 – Introduction to Athletic Training Clinical Education

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Textbook: Principles of Athletic Training, 14 edition. W. Prentice – McGraw Hill.

Course Description: Practical experience in supervised clinical settings with an emphasis on the application of fundamental athletic training skills. This course will be taken concurrently with KSS 2136.

Objectives: At the end of the course the student will be able to:

- **a.** Apply basic clinical skills to recognize and assess injuries to the upper extremity.
- **b.** Apply basic clinical skills to recognize and assess injuries to the lower extremity.
- **c.** Apply clinical skills for the application of basic therapeutic modalities.
- **d.** Apply clinical skills for the application of basic therapeutic exercise techniques.
- **e.** Apply clinical skills for the application of preventative care techniques including but not limited to: taping, bracing, splinting, padding.
- **f.** Apply clinical skills for the application of emergency care techniques including but not limited to: wound care, CPR and related skills, transportation methods, splinting.

Requirements:

Skills: There are many basic skills that have to be mastered in KSS – 2137. A clinical skill assessment packet covering a broad scale of skills will be provided to you. Lab times will be utilized to learn and evaluate these basic skills. **YOU MUST SUCCESSFULLY COMPLETE ALL SKILL REQUIREMENTS PRIOR TO APPLYING THOSE SKILLS IN THE CLINICAL SETTING.**

Clinical: Student must attain *175 hours of clinical experience in the EIU on campus clinical sites*. **You are *not* to provide any treatment or rehabilitation until you have successfully completed the appropriate skill requirements and have permission of a staff ACI. You are not to evaluate, treat or provide advice to any EIU athletes outside of the**

athletic training room. Refer to clinical skill packet I for additional information regarding your clinical experience.

Attendance: Class provides opportunities to receive formal instruction, guidance and feedback. Attendance is necessary for successful completion of this course. Please refer to Clinical Packet I for additional information regarding attendance.

Evaluations Method	Scale
Clinical Skill Assessments – 40%	100%-90% = A
Clinical Supervisor Evaluations – 30%	89.9%-80% = B
Bulletin Board – 5%	79.9%-70% = C
Attainment of Required Clinical Hours – 25%	69.9%-60% = D
	59.9% & below = F

Course Schedule:

1/08 Introduction to ATEP at EIU/CPR
1/15 Application of Therapeutic Modalities
1/22 Application of Therapeutic Modalities
1/29 Application of Therapeutic Modalities
2/05 Application of Therapeutic Exercise Techniques (UE)
2/12 Application of Therapeutic Exercise Techniques (LE)

2/19 Taping
2/26 Taping
3/05 Taping
3/10-3/17 SPRING BREAK!!!
3/19 Basic Evaluation Skills
3/26 Basic Evaluation Skills

4/02 Transportation Methods
4/09 Vital Assessments
4/16 Spineboard
4/23 Review

Students who are having difficulty achieving their academic goals are encouraged to contact the Student Success Center (www.eiu.edu/~success) for assistance with time management, test taking, note taking, avoiding procrastination, setting goals, and other skills to support academic achievement. The Student Success Center provides individualized consultations. To make an appointment, call 217-581-6696, or go to 9th Street Hall, Room 1302