

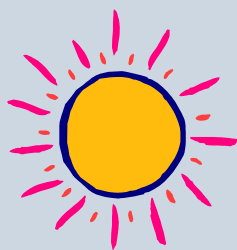


# IHEC E-Newsletter

The Illinois Higher Education Center's monthly e-newsletter provides information about alcohol, other drug, and violence prevention. This information includes state and national news, grant/funding opportunities, upcoming events, and more!

June 2011

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## News from the IHEC office

Hello from the IHEC office! The weather has FINALLY warmed up and we have been seeing some sunshine! That means summer is right around the corner! The fiscal year is coming to an end and we are winding up all of our activities and reports for the year. Many of you have been asking about IHEC webinars, trainings, events, consultation visits, etc. for the upcoming school year. Unfortunately, at this time, we have not heard about our funding beyond June 30. Therefore, we are unable to make any future plans for these events.

IHEC staff has many ideas for FY12 and we hope to put them into action as soon as possible. We love serving you and hope to continue our valuable services and quality programming into FY12. We appreciate all of your concern, support, and well wishes you have been sending! We are still collecting letters of support for our FY12 SAPP grant proposal. The letters can be addressed "To Whom It May Concern." The granting agency is the Illinois Department of Human Services. The grant is the Substance Abuse Prevention Program.

Some talking points for your letters:

1. How have you been connected to IHEC?
2. The value of IHEC.
3. Why there is a need for IHEC?
4. The differences IHEC has made for your school.
5. Where would you be without IHEC support/services?

Thank you for assisting us! Each of you mean a lot to us and we would love to continue serving you! We appreciate you!

Until next time...

Jessica A. Wright, B.S., CHES  
IHEC Assistant Director

Funding provided by the Illinois Department of Human Services, Bureau of Community Based and Primary Prevention.

# **Midwest Social Norms Institute 2011**

Date: July 25 & 26, 2011

Time: 9:00a.m. - 5:00p.m.

Location: The Radisson Hotel O'Hare-- Chicago

The Midwest Social Norms Institute is two days of intensive training to enhance and expand professional skills in using the social norms approach to prevention. This workshop will provide opportunities for experienced prevention workers to move to the next level and strengthen their social norms programs, while providing those new to the field with background and skills to begin using this innovative and positive approach.

The Social Norms Approach is an evidence-based method used across the United States and in the U.K. to successfully address a variety of health and safety issues such as bullying, teen alcohol and drug use, and obesity. Organizations using the social norms approach have consistently been awarded grants from SAMHSA and the U.S. Department of Education. This two-day training will be conducted by the founders of the social norms approach, H. Wesley Perkins, Ph.D. and Michael Haines, M.S. Together, they will provide instruction and insight gained from more than twenty years of work with high schools, colleges, states and community agencies.

Register before June 20 for a discounted price and visit <http://www.wix.com/karlamoon/sni-mcyaf#!events> for further information.

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## **Is your school's underage drinking policy effective?**

The Underage Drinking Enforcement Training Center (UDETC) is offering a **free** webinar on June 23, 2011 at 2:00p.m. CST.

College's can play a significant role in preventing underage alcohol use and should be included in all comprehensive efforts to reduce underage drinking. Reducing underage drinking on college campuses is an important goal of school administrators because of the many negative consequences resulting from alcohol misuse. With most school years winding down in May and June it's now an opportune time to consider the effectiveness of your school's policy on underage youth access/consumption of alcohol. Many policies are dated or not as effective as they should be. Also worth reviewing is the enforcement of school policies. Evidence indicates that policies can only work if they are enforced-so effective policies will include partnerships with law enforcement. This audio call will discuss why is it important to have an alcohol policy, share sample policies, identify key components and outline the responsibilities and roles of both enforcement and communities. The presenters will discuss successful school policies that can be modeled to address the goal of healthier and safer campuses.

Please visit <http://www.udetc.org/audioconfregistration.asp> to register.

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### ***Did you know??***

According to the CDC, excessive alcohol consumption is responsible for over 79,000 deaths and 2.3 million years of potential life lost (YPLL) in the United States each year!

## **Listserv for College Student Suicide Prevention Programming**

Many universities all over the country have recognized the need for comprehensive suicide preventative services. While there are various listservs that can be used to network and discuss college student mental health, there is no tool that facilitates a way for all campus personnel working on suicide prevention to communicate in an open forum that is used explicitly for the discussion of suicide prevention programming.

It is this vacancy that led me to create the College Student Suicide (CSSP) Listserv. This national listserv serves as a tool for university personnel (be they staff or faculty members) who are working to prevent college student suicide on their campus. The purpose of this forum is to exchange ideas, promote discussion and generally improve the quality of suicide prevention programming on college campuses.

Examples of how this listserv can be utilized include:

- Sharing ideas for outreach programming for campus events centered around suicide prevention
- Sharing campus resources or materials created explicitly for suicide prevention
- Promoting/publicizing events conferences, trainings, etc. that have a focus on suicide prevention
- Soliciting feedback from your colleagues on potential guest speakers to bring to campus
- Problem solving issues that may arise on your campus when talking about suicide prevention
- Ways to support and work with students who want to help raise awareness about this issue on your campus
- Forum to share news articles, opinion pieces, videos etc. that center upon college student mental health and/or suicide prevention.

If you would like to be added to this listserv, please email [cssp-listserv@googlegroups.com](mailto:cssp-listserv@googlegroups.com) expressing your interest. Please include your name, title/role in suicide prevention programming, and email address.

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## **Illinois Suicide Prevention Resources**

*Surviving a Suicide Loss: A Financial Guide* and *A Resource and Healing Guide* are now available for free from AFSP!

*Surviving a Suicide Loss: A Financial Guide* is a 60-page booklet addresses the financial aspects of surviving a suicide loss. This is a free item shipped via UPS Ground from the [AFSP Store](#). Illinois' own Julie Reichenberger is featured on the cover of this guide.

*Surviving a Suicide Loss: A Resource and Healing Guide* is a 28-page resource guide containing detailed information on coping with a suicide loss, including professional articles, an extensive resource list, a subject-matter bibliography and online resources. The guide is available as a free [download](#). You may also email [surviving-suicideloss@afsp.org](mailto:surviving-suicideloss@afsp.org) with your mailing address for a complimentary copy. Purchase multiple copies from the [AFSP Store](#), or by calling 1-888-333-AFSP Ext. 10.

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IHEC promotes several trainings, conferences, webinars, and more through social media sites. Click the icons on the right to follow us on Twitter and “like” us on Facebook!



## Upcoming IHEC Affiliate Meetings

- The Central Illinois affiliate meeting is scheduled for June 17 at the Illinois College Community Board in Springfield.

## Upcoming IHEC Webinars

- Lance Kennedy Phillips will be presenting “Collecting Outcomes Assessment Data” on June 23 from 2-3p.m. This webinar is free and more information can be found by visiting <http://www.eiu.edu/ihec/collectingoutcomeassessmentdata.php>

## Other Conferences and Trainings

- Does Your Underage Drinking Policy Get A Passing Grade? Register here <http://www.udetc.org/audioconfregistration.asp> for an online training on June 23 from 3-4:15pm EST.
- Improving Campus Climate for LGBT Students Training will be held in St. Paul, Minnesota on July 13 and 14, 2011. Attendance is limited to 100 registrants. Register here: <http://www.higheredcenter.org/services/training/institute/lgbt-students/apply>
- Online training! Preventing Violence and Promoting Safety in Higher Education Settings: Creating Comprehensive and Effective Programs. Registration will open mid June here: <http://www.higheredcenter.org/services/training/online-training>
- 2011 National EUDL Leadership Conference will be held in Orlando, FL on August 10-12, 2011. For more information please visit: <http://ojjdp.dgimeetings.com/home.aspx>
- 8th Annual INEBRIA Conference will be held on September 21-23 in Boston, MA. For more information or to register, please visit: <http://www.bumc.bu.edu/care/inebria/>
- Save the date for BACCHUS General Assembly! November 3-6 in Reston, VA (outside of Washington D.C.). More information can be found here: <http://www.bacchusgamma.org/ga-2008-intro.asp>

