## IHEC Affiliate Meeting at Lewis University December 7th, 2015 Meeting Minutes

Attendees: 7

Valerie Gebhardt, UIS; Markisha Woodson, Lewis U.: Gary Deleonardis, Lewis U, Michele, Manassah, Lewis U; Mike Zegadlo, Lewis U; Sean

Fagan, Lewis U.
IHEC: Dave Closson

TOPIC	DISCUSSION
Introductions and Updates by schools	Lewis Sean stated they have seen an increase in cannabis cases Markisha has been working on their peer ed program and working to recruit more students. Michelle has been working with the Choices Grant which has helped included their athletics department in prevention efforts. They will also be sending some athletes to the NCAA conference. These athletes will then be the ambassadors to spread the prevention messages. Gary has been the main point of contact with athletics and will be going with them to the NCAA conference. He has launched a sexual assault campaign using the Tea consent video. They also recently conducted a campus climate survey which indicated the students own confidence to step up as a bystander was high. The survey indicated the student' confidence that their peers would step up as a bystander was very low. Mike restated that they have seen an increase in marijuana calls. They have also partnered with Markisha to get the police department involved in more programming and community policing.
	Valerie has been running their Think Campaign and partnering with the marketing students to develop the posters and banners. Her main trouble is with student availability to work the table. She is also preparing for their Campus Safety Week. She has finally received permission for students to use Echeckup to Go. The UIS Police Department recently met with an outside consultant. The consultant also had meetings with various groups across campus. Valerie is also working to get a panic button installed in the counseling center.
	IHEC Shared more details on our upcoming events such as the Leadership Summit, Professional Development Summit and SAMHSA Town Hall Meetings.
CORE Survey	UIS has already registered for the 2016 CORE survey. Lewis University will likely register. Michele inquired about the previous year's issues with the data. Markisha states she was surprised by some of the survey questions related to alcohol and sexual assaults. She stated the NCHA survey recently made wording changes to their similar questions.
	Gary requested and was given a copy of the CORE 2016 user manual.

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Marijuana and the DFSCA	Dave handed out the IHEC resource paper on medical marijuana and the DFSCA. We discussed the case laws listed and how they affect the universities.
	Dave presented some of the latest research relating to college students and marijuana. This discussion covered reported negative consequences, perceived risk, BMI's, harm reduction and motivating factors. It was stated a majority of students use marijuana to manage anxiety thus do not see negative consequences to change their behavior. Marijuana use is becoming seen as more permissive and non-users are more accepting of use. Gary reported the biggest motivation comes from a user taking a 2 week break from using marijuana and they quickly see improvements in their lives.
	More training was requested relating to marijuana, how to have conversations with students on marijuana, sanctioning for marijuana and norming strategies.
Possible training topics	Marijuana as stated above.
	Evidence based sanctions to prevent repeat offenders.
	Prescription drug abuse/misuse. Mainly Adderall.
	Arrest vs Not arrest data and evidence based strategies.
	Panel on cross campus collaboration. Law enforcement, student conduct, counseling, health and wellness, housing, student affairs.
Next meetings	February 25 <sup>th</sup> at Stoney Creek Lodge.