



Health Service

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### **Policy for Controlled Substances: Stimulants, Sedatives and Pain Medications**

EIU Health Service staff seeks to provide treatment to students in a manner that is consistent with ethical, legal and established treatment guidelines. Medications classified as controlled substances are powerful medications which can provide significant benefits when used appropriately but the misuse of these medications can lead to problems including drug abuse, dependence and death. These medications include but are not limited to, stimulants, sedatives and pain medications. To protect your health and safety, Health Service has adopted the following guidelines for students who are prescribed controlled substances.

1. Students who receive prescriptions for controlled substances must agree to receive prescriptions for these medications only through Health Service providers, not through other healthcare providers unless previously discussed.
2. Students receiving controlled substances through Health Service may be monitored through the Illinois Controlled Substance Reporting System to prevent misuse of these medications.
3. Students receiving controlled substances agree to provide information to their providers regarding use of all other medications, including over-the-counter medications, illegal drugs and alcohol.
4. Medication must be taken as directed by physician or provider. Any changes to medication dosage or schedule must be made by agreement of provider and patient and documented in the patient's chart.
5. Lost or stolen prescriptions or medications will not be reissued until the time the next refill or prescription is due or at the discretion of the physician. It is the patient's responsibility to secure prescriptions and medications at all times.
6. Refills of prescriptions will be issued only at the time of office visits during regular clinic hours.

7. Controlled medications should never be sold or loaned to another person. Delivery of a controlled substance is a felony and by letter of the law makes you a drug dealer. Any known violation of this policy can be punishable by law and will result in cessation of all prescriptions of controlled substances to the patient at Health Service.
8. Students receiving controlled substance prescriptions through Health Service may be asked to undergo drug screening if there are concerns regarding substance use. Costs for drug screening will be the responsibility of the patient.

Controlled substances are medications with significant health benefits and potential health consequences including death. The above guidelines are meant to maximize the safety of these medications and provide the foundation for a collaborative relationship between patient and healthcare provider. Health Service providers will work with each student on an individual basis but failure to comply with these guidelines may result in the loss of privilege to receive these prescription medications.

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