



Health Service

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Treatment for ADD/ADHD at Eastern Illinois University Health Service

Students arriving on EIU's campus who take medications for ADD/ADHD are encouraged to continue receiving treatment from their prescribing physicians. Physicians can write three (3) consecutive one-month prescriptions for these controlled medications, preventing multiple visits and trips to physicians' offices and alleviating disruption to students' schedules during the semester. Receiving treatment from the physician who has an ongoing relationship with a patient is the most appropriate way to manage medication refills and any needed treatment adjustments.

Those students, however, who will not be able to receive treatment by their prescribing physician and who request that medications be prescribed by physicians at Health Service will need to provide both treatment records and testing results to Health Service for review before an appointment can be made. The decision to treat and prescribe ADD/ADHD medications to a student will be made on a case-by-case basis. Only a physician can give approval to initiate care and treatment for ADD/ADHD. Once approval has been given, a new patient visit will be scheduled and care and treatment for ADD/ADHD will be assumed by the assigned physician.

At times, students will begin their educational pursuits in a college setting and start to experience difficulties with concentration and focus. They will feel easily distracted, making it hard to complete assignments and tasks and perform well on examinations. Students and their family members may feel that ADD or ADHD could be contributing to their problems. In these situations, if ADD or ADHD has not been previously diagnosed and a student wants to receive treatment from a physician at Health Service, he or she will need to have medical and psychological consultations with appropriate psychological testing before any medications will be prescribed. Students also have the option of seeing their home physicians or a physician in our community for evaluation and treatment.

Patients who receive prescription medication for ADD/ADHD at Health Service will be required to comply with the [2012 Policy for Controlled Substances](#). A copy of this policy is available on our website. It will be reviewed and discussed with the patient at the time of first appointment. A copy will be given to every student receiving medication for ADD/ADHD.

Students at EIU with ADD/ADHD are encouraged to register with the Office of Student Disability Services. Accommodations are determined for students with disabilities through this office only. Other information can be obtained by visiting their website at www.eiu.edu/~disability/ or by calling the office at (217)-581-6583.