

# new to me

WEEKLY PROMPTS THAT HELP US THINK ABOUT RE-FRAMING  
EVERYDAY THINGS AND SEEING THINGS IN NEW WAYS

## PROMPT 3: VIEWFINDERS

**T**his week is all about slowing down and seeing things around us in new ways. To help to do this, we are making viewfinders. Viewfinders are little frames to help us focus on what we are looking at.

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### WHAT YOU NEED:

- Pencil or pen, to draw out the shape to cut out
- Scissors (with help from a grown up)
- Cardboard or compressed board (like from a cereal box)

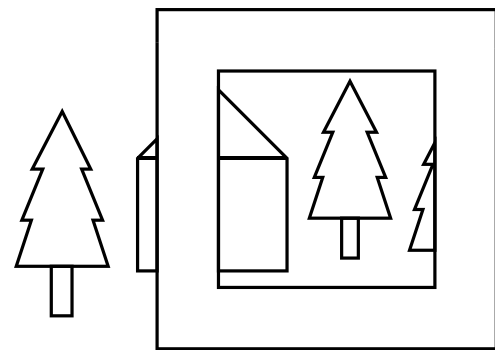
Viewfinders should be made of some sturdy material so they can be held up to look through

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### WHAT TO DO:

- 1.** If you are using a cereal box, make sure it is empty. Cut the back panel off the box. You can make a couple viewfinders from this panel.
- 2.** Cut out a square from the panel.
- 3.** Then cut out a square from within that square.

Viewfinders can be different sizes. Small ones will help focus on small details, bigger ones will help to think about how things are connected. Think about what it's like to watch a video on a small phone screen versus on a big screen at the movie theater.



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### TRY IT OUT:

Make a viewfinder with a tiny opening, like less than an inch. Look at someone's face, a patch of grass, or in a cluttered drawer. The small opening will limit what you can see!

Make a viewfinder with a bigger opening: think about the size of a note card, like 3 x 5 inches. Look out outside, and trace how things are connected: what do you see first? Do you see anything new?

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### TALK IT OUT:

How is what you are looking at connected? How would you make it from one side of the frame to the other side?