**HEALTH AND COUNSELING SERVICES**

**COUNSELING CLINIC**

**OFF-CAMPUS LOCAL REFERRAL RESOURCES**

**LifeLinks/Regional Behavioral Health Network**

750 Broadway Avenue East

Mattoon, IL 61938

**24 hour crisis line: 1-866-567-2400**

[**www.lifelinksinc.org**](http://www.lifelinksinc.org)

**Sarah Bush Lincoln Psychiatry and Counseling**

SBL Medical Office Pavilion

500 Health Center Drive, Suite 406

Mattoon, IL 61938

217-348-4042

[www.sarahbush.org/body.cfm?id=744](http://www.sarahbush.org/body.cfm?id=744)

**Midwest Neurofitness**

5566 Lincoln Highway Road

Charleston, IL 61920

217-348-1086

[www.midwestneurofitenss.com](http://www.midwestneurofitenss.com)

**Neuro Harmony, LLC**

1836 Victoria Lane

Charleston, IL 61920

2217-508-7953

[www.neuroharmony.org](http://www.neuroharmony.org)

**Jerry Boyd, PhD.**

1902 18th Street

Charleston, IL 61920

217-348-7911

[www.boydetherapy.com](http://www.boydetherapy.com)

**New Leaf Professional Counseling**

506 West Lincoln Avenue

Charleston, IL 61920

217-348-6281

**Gloria Leitschuh**

9462 North County Road 2000 East

Charleston, IL 61920

217-345-3206

**Sexual Assault Counseling & Information Services (SACIS)**

1505 18th Street, Suite 2

Charleston, IL 61920

217-348-5033 / 1-888-345-2846

[www.sacis.org](http://www.sacis.org)

**1st United Methodist Church**

1601 Charleston Avenue

Mattoon, IL 61938

217-235-5676

\*sliding scale fees

**Journey Counseling**

304 8th Street

Charleston, IL 61920

217-345-4642

\*Takes most insurance, private pay, EAP

**Thomas Youngberg, MSW, MBA, LCSW, LPHA-Counselor**

1901 18th Street

Charleston, IL 61920

217-508-0003

**HOPE of East Central Illinois/Coalition Against Domestic Violence**

Administrative Offices: 701 6th Street

Charleston, IL 61920

**24 hour crisis line: 1-888-345-3990**

**Walter DUI and Counseling Services**

1550 Douglas Drive #115

Charleston, IL 61920

217-348-3847

**ABBCON Counseling (Substance Abuse Counseling)**

603 Monroe Avenue

Charleston, IL 61920

217-345-3156

**Choices Pregnancy and Health (Counseling for Crisis Pregnancy, Pregnancy Services, Parenting Support)**

260 West Locust Avenue

Charleston, IL 61920

217-345-5000

\*They do not give out birth control nor do they give abortions or referrals

**Coles County Family Planning (Medical Services, Education, Counseling)**

825 18th Street

Charleston, IL 61920

217-348-0547

**The Haven (formerly PADS)**

**(Homeless Shelter, Case Management Services)**

1812 Western Avenue

Mattoon, IL 61938

(217) 234-7237

<https://mattoonhaven.org/>

**CEAD Council (Substance Abuse Treatment)**

625 Division Street

Charleston, IL 61920

217-348-8108 or 217-348-0154

**Caring Solutions Counseling**

**Lorrie Bierman, NCC, LCPC**

1518 Rudy Avenue

Mattoon, IL 61938

217-235-6203

**REGIONAL RESOURCES/REFERRALS**

**Champaign/Urbana**

**Carle (Intensive Outpatient Treatment)**

611 West Park Street

Urbana, IL 61801

217-383-3311

**Pavilion Behavioral Health (Inpatient, Partial, Intensive Outpatient)**

809 W. Church Street

Champaign, IL 61820

217-373-1700

**OSF Heart of St. Mary Medical Center**

1400 West Park Street

Urbana, IL 61801

217-337-2130

**Decatur**

**St. Mary’s Hospital (Inpatient, Partial, Intensive Outpatient)**

1800 East Lakeshore Drive

Decatur, IL 62521

217-464-2966

**Effingham**

**Heartland Human Services (Outpatient)**

1200 North Fourth Street

Effingham, IL 62401

217-347-7179

**Crisis Line: 217-342-5504**

**Paris**

**Human Resource Center (Outpatient)**

118 East Court Street

Paris, IL 62944

217-465-4118

**Newton**

**Jasper County Mental Health (Outpatient)**

106 East Edwards Street

Newton, IL 62448

618-783-4154

* AA Meetings: 866-591-5867
* Al-Anon Meetings: 800-344-2666
* AA District 12, Champaign, IL: 217-373-4200